BALMORAL HALL

MELIORA PETENS

B H

OPTIMA ANNI

Break

Through!

2010-2011

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Environmental Benefit Statement

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Messages

To the graduating class of 2011, throughout your years at Balmoral Hall it has been our major purpose to help you grow into intelligent, compassionate and responsible young women. Each of your teachers has had much to offer you and you have played a major role in bringing success and recognition to our school. Your achievements in academics, art, music, debating and athletics will be remembered for years to come. On behalf of the staff, I wish our graduates continued success in your future endeavours.

Head of School
Joanne Kamins

Break Through! What an empowering theme this year. It is one that was a reminder for us all to become risk-takers and challenge ourselves. It will be hard to forget this year with all of the world events that have occurred - the Royal Wedding, the earthquake in Japan, the death of Bin Laden and the flood here at home.

Principals of Middle and Senior School
Lois McGill Horn
Jodi Hafenbrak
Tracey White

This year has also been a year of breakthroughs at BH. Students were successful in initiating a change in the uniform, getting off-campus privileges after winter break for the grade 11s and earning the privilege of using cell phones during their downtime.

A yearbook is a collection of memories from one given year. It will serve as a reminder of what we did, where we came from and where we dreamt of going. Do you ever look back at previous yearbooks? Looking at pictures of when you were in Kindergarten? Do you remember when the highlight of the day was getting outside at recess and getting a chance to play in that big puddle by the play structure, or finally being able to play a game of 4-square now that the snow has melted? You looked up to those "big kids," thinking how cool it would be to be in their grade! Then came middle school. Wow, middle school! What a time for change. You ever look back at how you changed in grade 7, how tall you got by the end of grade 8? Do you remember your first dance in grade 6? And then there's grade 12. Your final yearbook! You see your baby picture beside your grad picture and thought this day would never come! It comes and goes so fast. We hope you look back on your time at BH with fondness and take all that you have learned to create your own legacy. To break through barriers, setting the bar high and attaining all you dreamt of when you were back in kindergarten.

In the words of George Lucas, "You have to find something that you love enough to be able to take risks, jump over the hurdles and break through the brick walls that are always going to be placed in front of you. If you don't have that kind of feeling for what it is you are doing, you'll stop at the first giant hurdle."

The Alumnae Association extends its congratulations to the Class of 2011! Your graduation from Balmoral Hall is the culmination of years of hard work and an important stepping stone for the exciting endeavours each of you has planned. The years ahead of you will find you beginning and pursuing new ventures of almost an unimaginable variety. Along the way, you will make new friends and connections in addition to the lifelong friends you will find in those who were your peers at Balmoral Hall. The Alumnae Association is pleased to assist alumnae to maintain and establish relationships amongst themselves and the School. We would love to hear from you! Plan to keep in touch via the Alumnae email directory, through your BH friends, or stop by the School.

Chair of The Alumnae Association
Maria Reimer

Principal of Junior School
Judith Steek

On behalf of Junior School, I would like to congratulate the yearbook committee for reflecting the spirit of the 2010-2011 school years. You have shown in a most creative way that student life at Balmoral Hall is balanced, challenging and engaging. Each picture captures a moment in time, in the time of your life.

To the graduates, we say farewell. I hope your days at BH were filled with happy memories, achievements and lifelong lessons learned. The theme of the year, Break Through, encouraged students to reach high to achieve and exceed their goals. Students demonstrated that they broke through by learning to read, to play a violin piece perfectly, or to overcome a fear of speaking publicly in English (as an additional language).

As George Lucas wrote,

"You have to find something that you love enough to be able to take risks, jump over the hurdles and break through the brick walls that are always going to be placed in front of you. If you don't have that kind of feeling for what it is you are doing, you'll stop at the first giant hurdle."

We know you will go out into the world, to work hard to find your passion, become knowledgeable and continue to move onward and upward, seeking better things. Break Through!

Chair of
The Board of Governors
Corrine Scott

The 2010-2011 school year has been exciting for staff and a year in which we all witnessed many achievements from the student body at Balmoral Hall School. For the Grade 12 graduates it has been a year of cramming, late nights, dreaming along with being a year full of anticipation, hope and I imagine some trepidation at what lies ahead. As the Chair of the Board of Governors and on behalf of the Board I want to offer my sincere congratulations to the Class of 2011.

The Board of Governors has always been committed to ensuring that our students are prepared to make a difference in the world. This year has seen unprecedented weather related events happen all around the world. We have also been witness to a revolution of sorts that has impacted a number of countries and that has fundamentaly changed the face of the Middle East, parts of Africa and perhaps the world forever. The events witnessed by all of us, in just this school year, illustrates some of the challenges that all of you will have to deal with as you move on to the next phase of your lives.

Regardless of the path you have chosen, the leadership skills, confidence, knowledge and global thinking gained while at Balmoral Hall have equipped you well to deal with these challenges.

You have been role models to al students at BH and we are confident you will continue leading and bringing positive change to the world around you. Remember to cherish the memories and lifelong friendships that you have made during your time at BH and remain connected with the students and staff of the school. You are always welcome back and we look forward to sharing your stories and successes with the girls at Balmoral Hall School that have been inspired by you and that are expecting great things from you. You have all been an inspiration to us and we wish you health, happiness and success in your future endeavors.

Congratulations to the graduates of 2011!

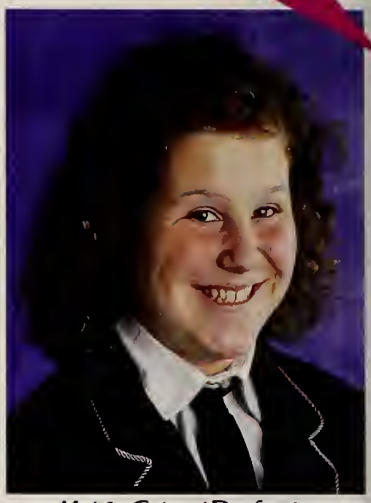
Break Through - the slogan chosen by Council this year to inspire the student population to step out of your comfort zone and embrace new opportunities. A fitting strategy for not only this, your graduating year, but for the many years to come as you venture forth in to the world. You are well prepared, self confident young women with the whole world ahead of you. My hope for all graduates is that the next phase you enter brings you much happiness and success in whatever path you choose. There is a good reason they call these ceremonies commencement exercises. Graduation is not the end, it's the beginning. This has been a very special year for me at Balmoral Hall. Not only has it been my pleasure to serve as Parent Association President, but also this is the year that my daughter, Palmer, graduates. I would like to thank all the many parent and student volunteers who have contributed their time, energy and expertise towards the many BHPA projects as well as the executive team who have put in countless hours over the years.

Chair of The BH Parents' Association
Louise Nowak

Yearbook Crew

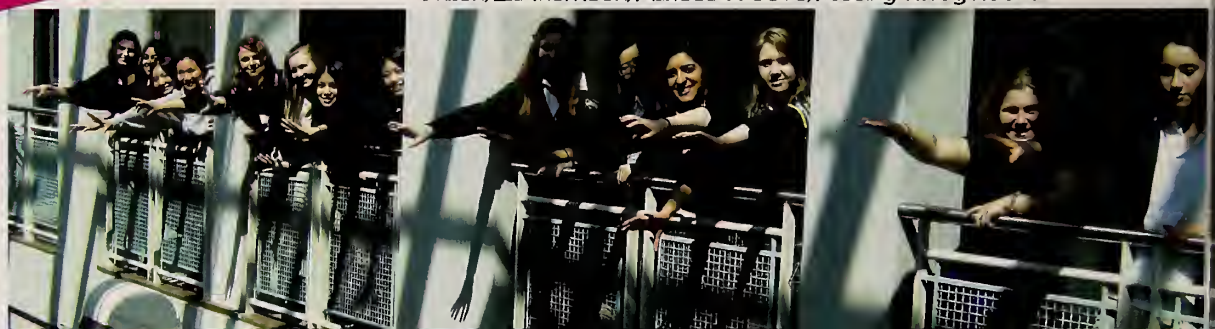
Yearbook Prefect
Chun-Jung (C.J.) Chen

What an incredible year we've had! When we first started meeting last September, we didn't know each other so well; we didn't realize our responsibilities and the importance of deadlines. It was a pretty crazy couple of months. But soon, we became better organized, more comfortable with each other, and started to work as a team. Now, as we approach the end of the school year, it is time to learn from the mistakes we've made and cheer for the laughs we've shared! Let me thank Mrs. McDonald for her guidance and patience, and a big thank you to my felow yearbook committee members for their effort and dedication. It has been a privilege and a pleasure to be the Yearbook Prefect of 2011. As President Kennedy once said, "We celebrate the past to awaken the future". I hope that this yearbook will provide you with many fond memories of the fun times we've had at BH and may you never forget what is worth remembering, or remember what is best forgotten! – Chun-Jung (C.J.) Chen



Middle School Prefect
Miranda Baran

First Row: Emily Sikora, Vivian Chen, CJ Chen, Miranda Baran, Simran Theati, Kady Huang, Dawn Tse, Morn Tse, Second Row: Eva Downey, Kaitlin McIntosh, Ashley Buckle, Kamal Dhillon, Ella Thomson, Marissa Woods, Missing: Hailey Hooke



The yearbook committee would like to thank Martin Lussier and Terry Lee for their contributions of photography to the yearbook.

Senior School Messages

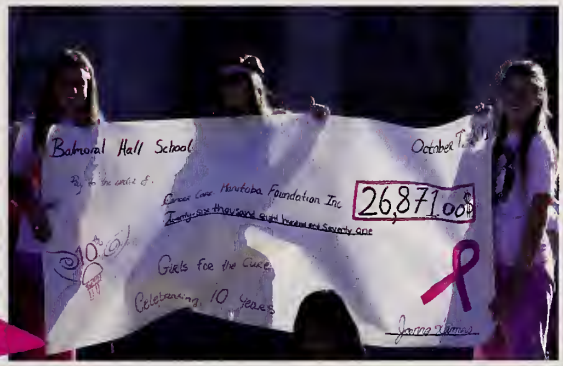
Head Girl
Madison Maidment

School Captain
Katie Eva

Hey everyone. All I can say is that you guys made my final year at BH amazing! Thank you to all of you who have found a way to break through this year! Whether it was by trying a new sport, participating in the vow of silence, or showing your spirit during spirit week!

You all have been such an important part of my life for the past fourteen years and it is going to be weird not to see all of your faces in the hall next year. Enjoy your final years at Balmoral Hall as they go by faster than anyone could ever imagine. Continue to be spirited, continue to be true to yourself, and most importantly, continue to break-through.

XOXO, Madison Maidment



Hello everyone,

My experience as School Captain this year has been unforgettable. The school spirit this year was absolutely OUTSTANDING. From hockey games to pep rallies, I am so incredibly proud of the effort put in by the students and staff.

To my fellow Prefects, you are my team. I'm not one to make the sports teams, and I don't think Reach for the Top counts, so I feel really lucky to have spent my final year on what I would consider to be the best kind of team; one of friends.

To my teachers, not only are all of you amazing role models, but people as well. I would like to thank you all for putting up with my crazy antics. I will never forget the impact you all had on my life.

And to the graduating class, woah, I'm not ready to say goodbye just yet. But I will say one thing here. I didn't think it was possible to find so many good people in one place. I hope that as the friends of my youth, you never grow old, and until we meet again...

...May the road rise to meet you. (See you at grad you crazy nutters).

Yours truly, Katie Eva

Staff

teacher affects eternity; he/she can never tell where his/her influence stops."
-Henry Adams

Trish Agius

Krista Akerstream

Tina ALto

Heather Baxter-Naughten

Dawn Bergen

MariLyn BowLes

Tracy Burston

Elizabeth Chaves

SharLa Chochinov

Joan Christie

Jared Cook

BeverLee Cooke

Dave DaLgLiesh

Cyndee De Lande

Garry DeBLonde

Genevieve DeLaquis

Cathy Doerksen

Christine Durham

Amanda Dykeman

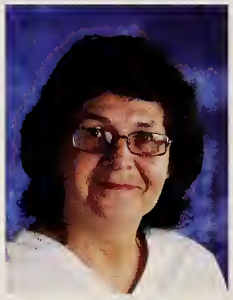
Jennifer Fenwick

Bev FLackman

Teresa Friesen

Denise Gariepy

KathLeen Henry

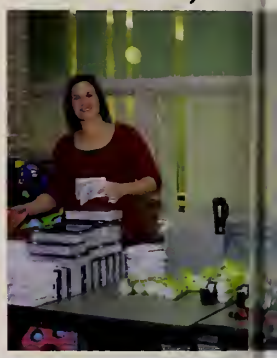


Marita HenaulT

Karina HiLL

Lisa HoLmes

SheiLa Hunter



Joanne Kamins

John Kerr

JenniFer Kirk

Roma Konyk

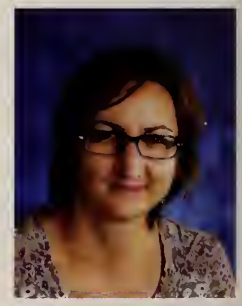
ChristinaKowaLec

MaximeLampron

SamanthaLyLe

StevenMacDonaLd

JaneMacKenzie



MayaMaLenica

LaureLMcFarLane

PameLa McGhie

LoisMcGiLL-Horn

AnitaMoeLLer

Gary Gaudry

Carolyn Graham

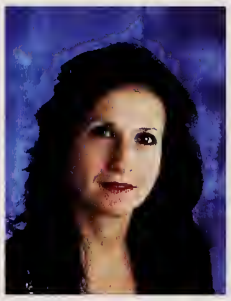
Jodi Hafenbrak

Anne Hedley

Roxanne Ilagan

Bin Dong Jiang

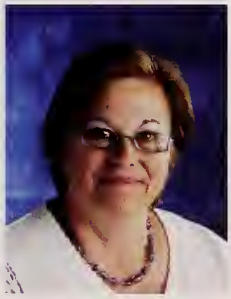
Wayne Johnson



Vicky Jordan

Michelle Layte

Rebecca Lechman

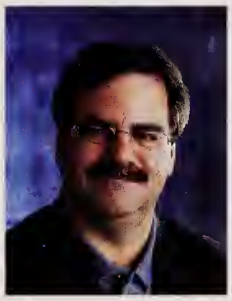


Nancy Leigh

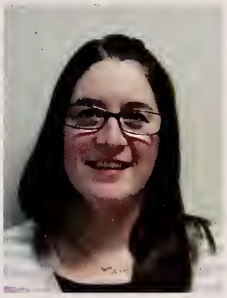
Stevan Leipsic

Martin Lussier

Gabriele Martens



Brad Masson



Tannis Maws

Jennifer McDonald

Taryn Moffat

Richard Nalovu

Kirstan Osborne

Hannah Pemberton

Simone Penner

Bill Quinn

Danica Rae

Yovana Renghen

Kristine Rieger

Laila Schwartz

Joanie Sheps

Leslie Sprange

Sandra Spring

Arda Thomson

Signy Thordarson

Jill Trickett

Hans Veenhuyzen

Nicole Workman

Tracey Yeager

Harriet Zimmer

Dave Zimmerman

Connie Shyka

Sarah Simm

Pam Simmons

Rhonda Smith

Lori Stedman

Judith Steek

Jonathan Stewart

Jennifer Streilein

Don Suderman

Darlene Sveinson

Robbert Visser

Tracy White

Ketri Wilkes

Bryan Williams

Laura Zimmerman

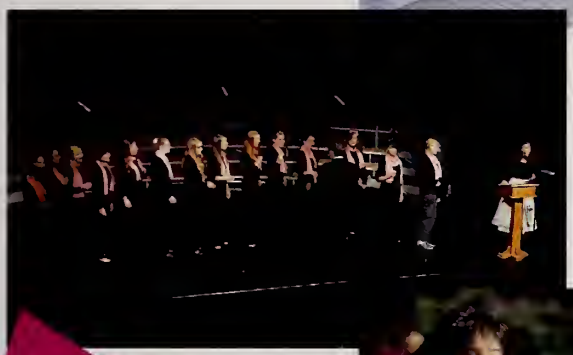
Kitchen Staff

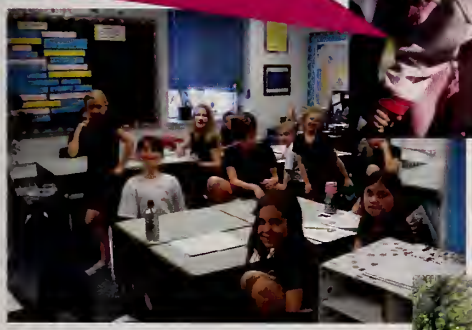
Donna Smith
Marita Henault
Liz Chavez
Kristine Riege
Maria Dimla
Wayne Aarstrom
Robber Visser

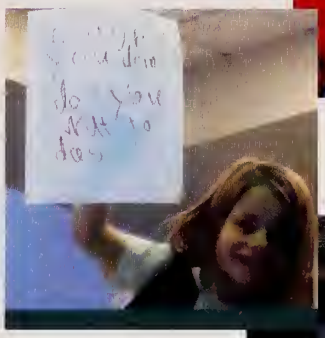
Custodial Staff

Jing Hua Yang
Tsige Eshetu
Ljubica Moskovic
Corene Stranger
Bushra Al-Raimi
Sarah Bannatyne
Zoo Wong
Gadasti Tsegay Haile

Student Body

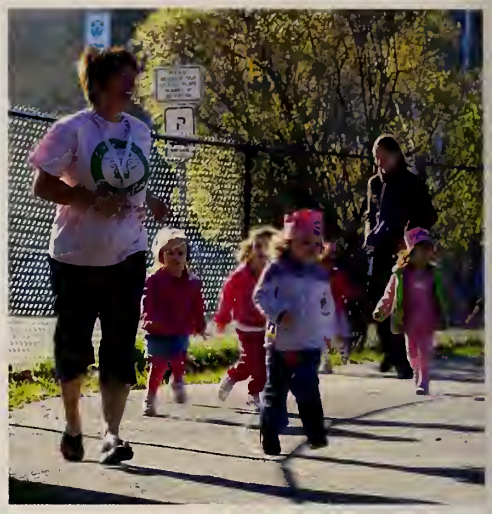






MANITOBA
STUDENT
LEADERSHIP

Child Care



Brooke Bailey

Anna Bajan

Sienna Bater

Chika Bennett

Katherine Bru

Emily Butler

Gwendolyn Cassidy

Emily Davey

Calyssa Eng

Lauren Field

Caitlin Fleischaker

Molly Goldenberg

Anna Hajidiacos

Portia Ireland

Aurora Jamieson

Liliana Kania

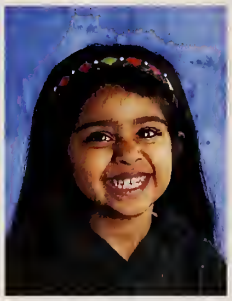
Imogen Negus

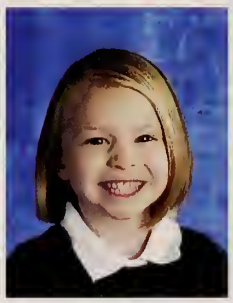
Violet Penner

Sabrina Rutkowski

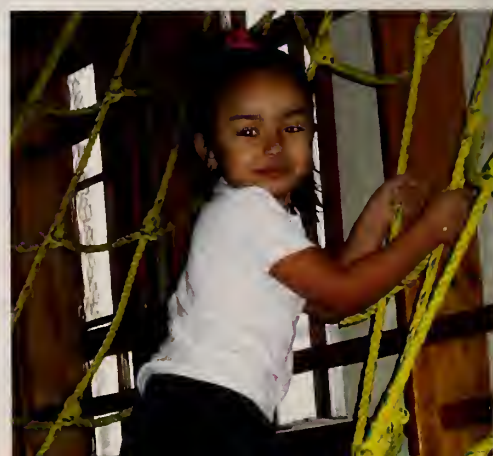
Aliyah Smith

Danica Sumaling


Amrit Toor


Keira Topnik

Johanna Tran



Nursery

Bella Arauz

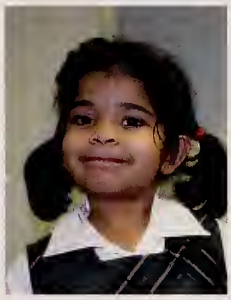
Marya Ashique

Diana Corona

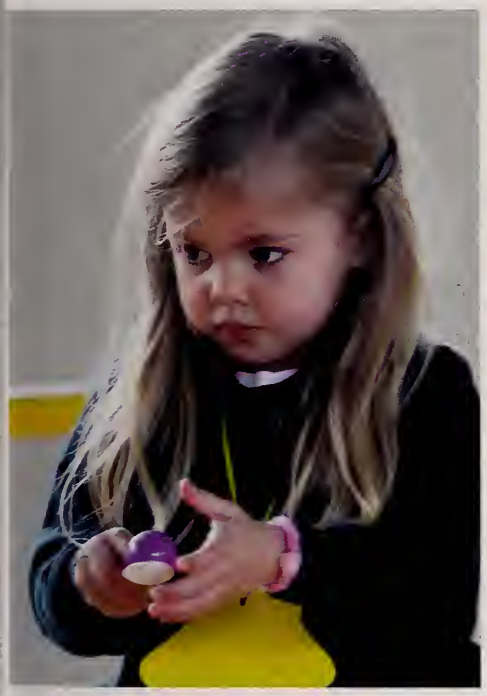
Mira Davey

Karma Flamand

Leah Gowrie



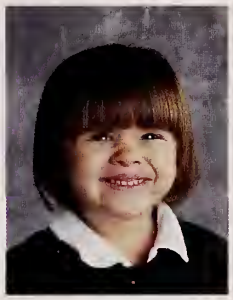
Laasya Karumanchi



Mila Kerr

Miranda Marrin

Chloe Mathew



Jordan Peterson

Gurneet Sidhu

Junior Kindergarten

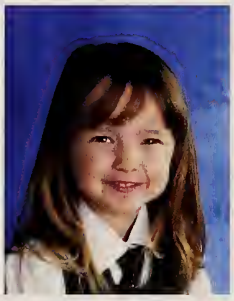
Victoria Alexander

Diana Bahrami

Sara Bevan

Sofia Bristow

Ellie Bru


Madison Burnell

Sophia Burnell

Emily Cuvelier

Mia DeLaquis

Anna Dornetshuber

Anneliese Gasmen

Reagan Jaworski

Ellen Kang

Ayesha Khan

Lura Klassen

Claire Mayberry

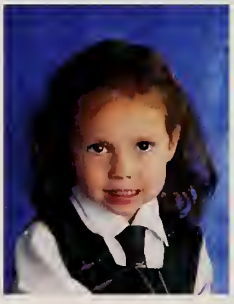
Onyx Mendis

Sarah Mason

Gielle Penner

Aleksa Priestley

Chloe Raccio


Stephanie Ryan

Kirstin Seeley

Eakum Sidhu

Cece Ventresca

Kindergarten

Mia Brosman

Megan Burns

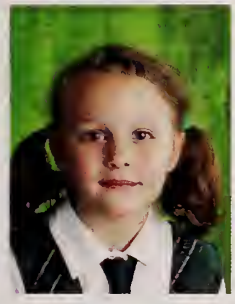
Elizabeth Butler

Makeda Davis

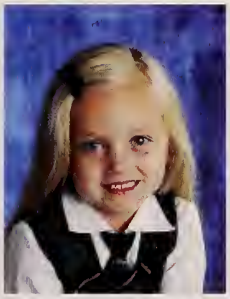
Brooke De Pencier

Kirsten Drexler

Ryann Hafenbrak



Erika Handregan



Hope Hinchey

Alyssa Kalaitzakis

Yanina Khartytanovich

Inez Mayberry

Katherine Robinson

Pari Sharma

Alicia Topnik

Acadia Yeager

Grade 1

Amy Bajan

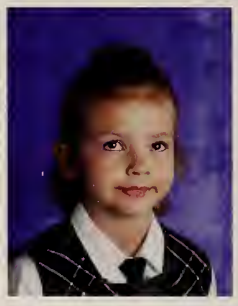
Dakota Bear

Chioma Bennett

Natalie Cuvelier

Lauren Haverick

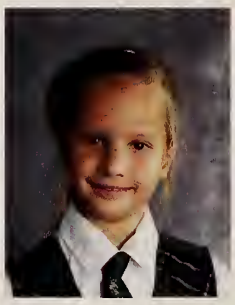
Malaya Humeniuk



Hope Johnson

Lauren King

Samantha Lowe



Sasha Lyubimova

Lucy Mac Dougall

Sarah Mathew

Meghna Rajamohan

Breanna Roussin

Sophie Schwartz

Mila Tielmann

Claire Venevongsa

Amelia Wallace

Grade 2

Aliya Ashique

Caden Beilner

Taruna Daya

Adi Groumoutis

Heather Harrison

Lauren Horvath

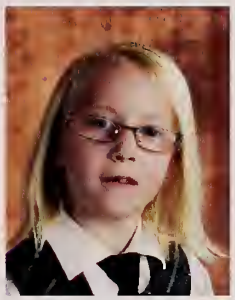
Aurora Johnson

Grace Lu

Ashley Millar

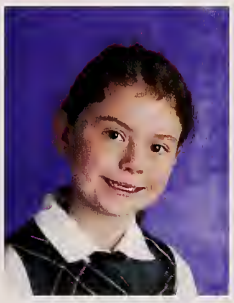
Caelan Nowicki

Olivia Olson



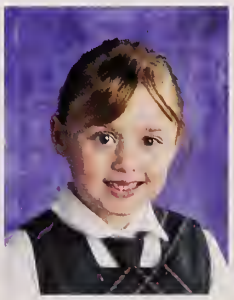
Gina Plett

Julia Ryan



Lily Stewner

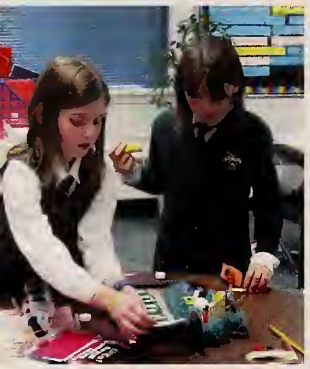
Gabriela Todescan



Juliana West

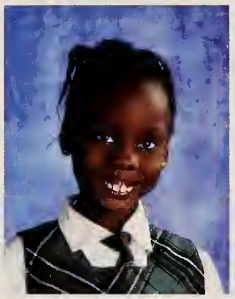
Harper Yeager

Grade 3



MadeLaine Baigrie

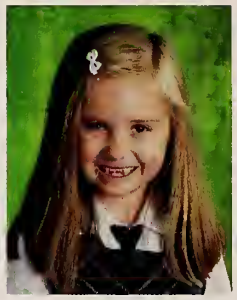
Lauren Burns



Alexandra Davis

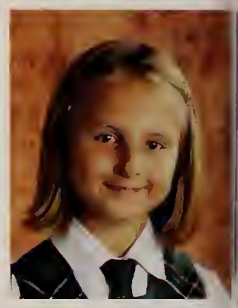
Charlotte Falck

Emma Hafenbrak



Honor Hinchey

Natasha Hofer



Karen Jensen

Grace Lynch

Una Mayberry

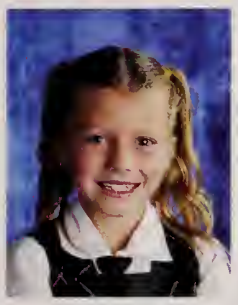
Sasha Planinich

Stefania Priestley

Grade 3

Saije Catcheway

Keemia Kaviani



Emma King

Charlotte Kowall

Jasmin Luszeck

Kaytlen Recine

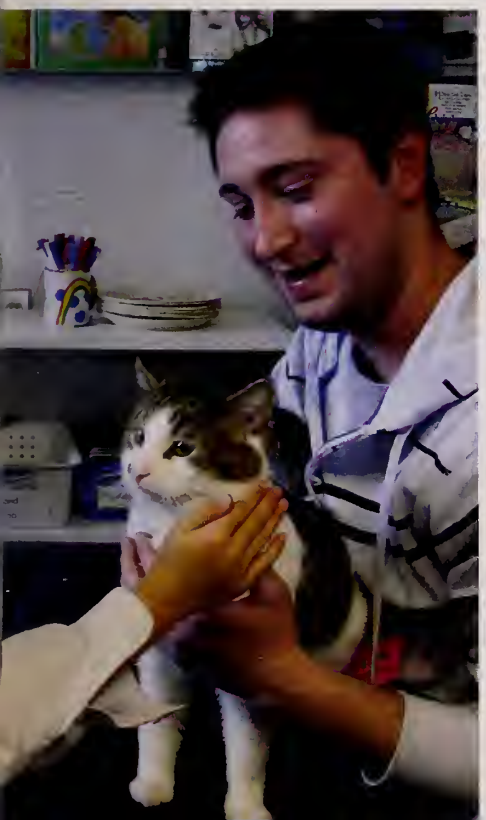
Brianna Ritter

Madeline Ritter

Avery Shtykalo

Grace Speirs

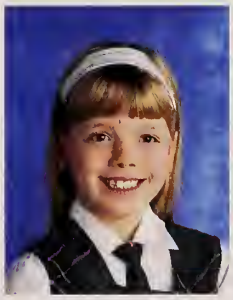
Marilyn Tarque



Grace Thomson

Portia Topnik

Zoë Zaretzky



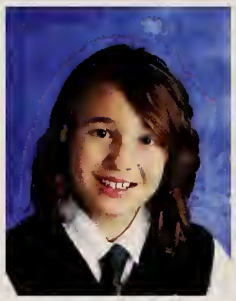
Irina Znamirowski

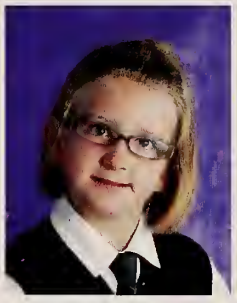
Grade 4

Emily ALLan

Mia Battad

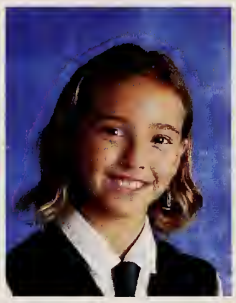
Sydney Bear


Kendra Hamin


Eve Hastings Van

Brigid HilLiker

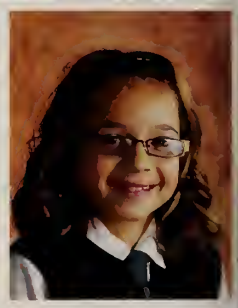
Kathryn Lyon


Emma Machado

Samantha McDonaLd

MikayLa McLeod

Gabi Nowicki


Eliana Rodrigues

Olivia Wilde

CaLedonia Yeager

KayLyn Zacharkiw

Grade 4

Logan Chubaty Boychuk

Mackenna Domoney

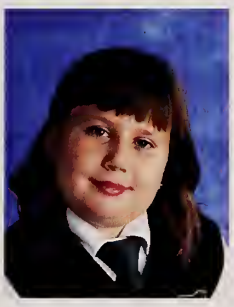
Avery Fletcher

Scotia Fullerton-Collison

Kate Hokanson

Anais Isford

Anna Layte



Bethany Shtykalo

Victoria Stefanson

Jessica Sui

Chelsea Venevongsa

Grade 5

KateLyn Battad

Payton Bell

Kirsten Benidickson

Julia Johnson

Sarah Kowall

Madison Lacombe

Claire Meier

Lauren Melnyk

Anika Moran

Bryce Paterson

Jennie Pham

Reese Precourt

Grade 5

Rachel Bernhardt

Rachael Buchwald

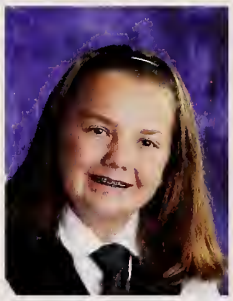
Serena Buchwald

Sara Christie

Pema Davis

Samantha Frost

MacGregor Goodman


Emma Javra

Lia Loewen

Emily McDonald

Kristin Smith

Lindsay Speirs

Grade 6

Hannah Baran

Alexandra Blake

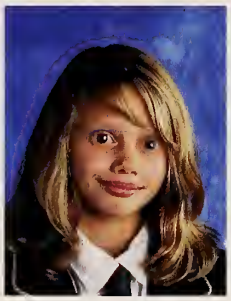
Katherine Burley

Anais Casselman-Green

Gillian Chiu

Danelle Creighton

Morgan Dubyts



Sarah Givoli

Allison Hilliker

Jessica Kirshner

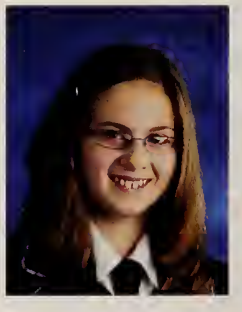
Delica Leboe

Samantha Machado

Taylor Maidment

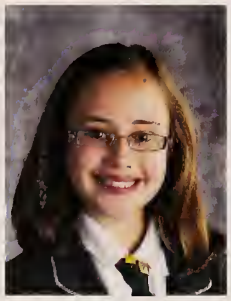
Olivia Meier

Danielle Moreau



Maya Schwartz

Jennifer Sikora

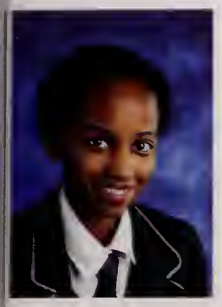


Emily Thompson

Claudia Venevongsa

Aliya Walji

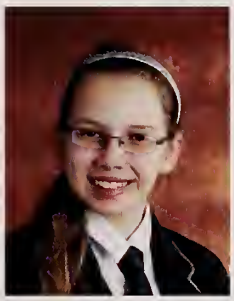
Grade 7


Sara Ali

Asiyah Ashique

Chloe Balog

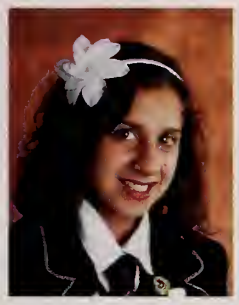
Katharine Bezte


Alexandra Chubaty Boychuk

Danielle Daumler

Alexandra Enns

Kim Hurst


Sameen Kaviani

Julia Lee

Sono Makino

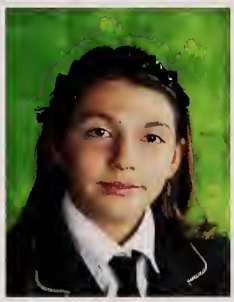
Mary McKeigan

Garima Moudgil

Paris Musaphir

Cady Pavagadhi

Grace Perchaluk


Anastasia Podushkina

Kailyn Strain

Iqra Tariq

Grade 8

Ashley Allan

Miranda Baran

Leah Bernhardt

Nicola DePape

Laura Ferch

Genevieve Field

Wendy Leung

Cassidy Maidment

Jessie McTaggart

Lexy Müller Moran

Clarice Nguyen Hua

Alexis Ogaranko

Aurora Robert

Kirsten Rogers

Kathryne Roller

Marley Smith

Kati Tabin

Alexandra Trann

Sophia Buller-Courage

Victoria Davidson

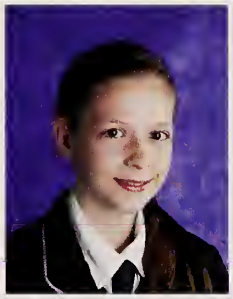
Sarah Gage

Jane Guberman

Emma Holeman

Bailey Horn

Olivia Hwang



Kathleen Kosior

Rithikha Rajamohan

Maria Ramos Velázquez

Celine Richardson

Simran Roopra

Kaitlin Ross

Allison Sexton

Grade 9

Alexandra Banfield

Meredith Chiu

Lauren Clavet

Haley Cummings

Nicole Durazo Hernandez

Jocelyn Feltham

Alanna Flom

Katherine Hastings Van

Kayla Karbonik

Jillian Karlowsky

Jessica Lu

Kaitlyn McIntosh

Maia Ochonski

Celina Penny

Claire Perchaluk

Nadia Schriemer

Elska Swandel

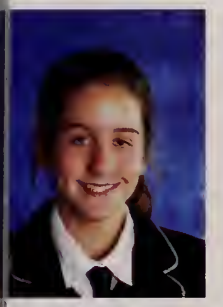
Kaitlyn Sylvester

Rie Taguchi

Makenzie Taylor

atharine Davidson

Eva Downey



aige Hastings Van

Sarah Hnytka

Alida Hughes

Claire Hughes

Shailyn Jensen

Cady Jessiman

Melisha Mendis

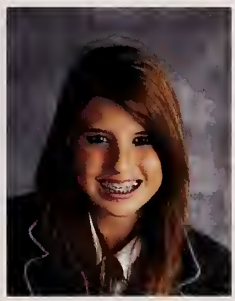
Madison Morrow

Shradha Moudgil

Kaitlyn Scott

Emily Sikora

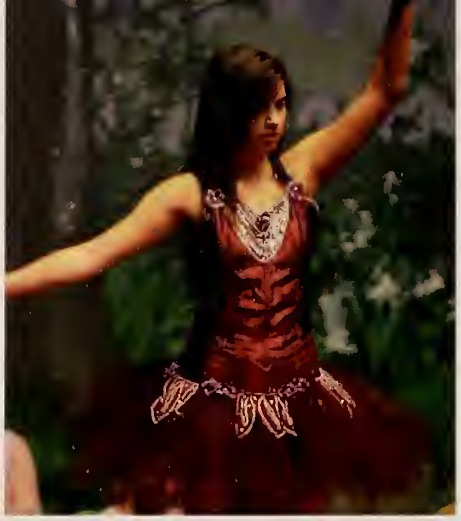
Hayley Stacey



Brianna Turner

Gabrielle Warren

Julia White



Alyssa Anajelic

Natalie Bennett

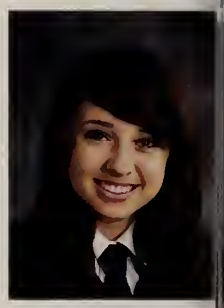
Natasha Comeau

Michelle Daeninck

Rachel Dyck

Anna Evans-Boudreau

Kady Evanyshyn



Eleanor Fascione

Aynsley Hodge

Kady Huang

Bryn Koehn

Kathleen Kopp

Madeline Lischka

Kathryn Lukowsk

Larissa Martyniuk

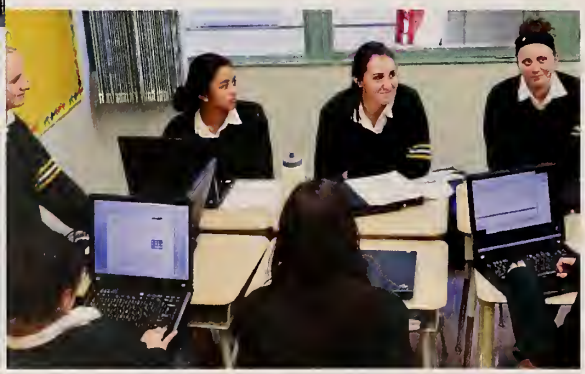
Rikki Meilleur

Samantha Moreau

Patricia Navarro

Kira Pavagadhi

Michela Picklyk-Esposito

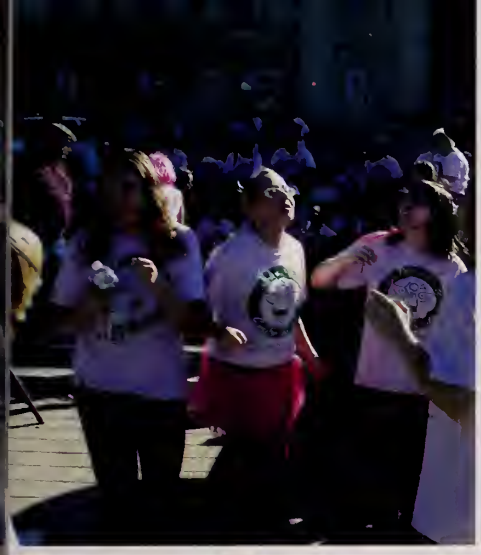


Kristina Stanaitis

Grace Stewart

Haley Studler

Ella Thomson



Grade 10

Vanessa Bermisa

Louné Blom

Ashleigh Brykaliuk

Vivian Chen

Emily Ferguson

Jaclyn Flom

Autumn Garnham

Marsha Gordon

Jillian Hedden

Janelle Hill

Cristina Mace

Annamarie Macklin

Kennedy Maidment

Julia Mann

Morgan Rathwell

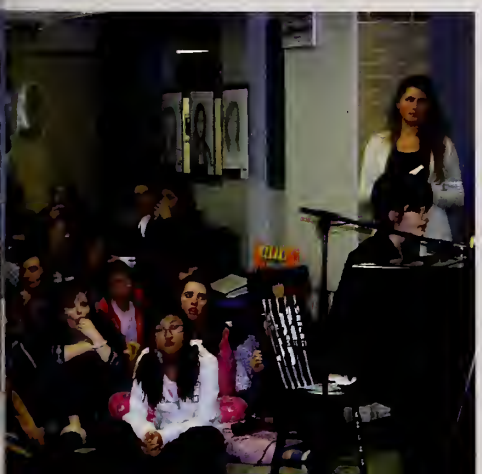
Manujot Ratol

Megan Ross

Kelsey Saelens

Bryanna Sherbo

Moneet Sidhu



Morn Tse

Allessandra Turner

Nicole Van Hove

Marissa Woods

Grade 11

Zubaida AL-Khashab

Rebecca Babiak

Gabriella Balog

Sophia Cho

Kathleen Cook

Astrid Cox

Stephanie Enns

Shea Gaynor

Hailey Hooke

Ravneet Sangha

Hannah Scott

Brittany Simmons

Dana Tomchyshyn

McKenzie Trann

Noelle Verry

Katrina Barkwell

Ashley Buckle

Demara Davidson

Yasmin Elzayat

Annie Hsu

Teresa Huang

Skye Kelly

Halley MacMillan

Kaitlin McGill

Ericka Müller Moran

Jayden Skoleski

Cassandra Taylor

Simran Theathi

WE
RESIDENCE
LOVE AMOR
愛 사랑
LOVE
AMOR 사랑

Residence Prefect
Hei Tung Dawn Tse

Director of Residence
Rebecca Lechman

ear all rezzies,

still remember the first year I came into H, I was shy and scared of the new envi-onment. This year I am fortunate enough o have been elected as the Residence refect. Residence is like our second family; e laugh together, cry together and even et crazy together. All of the memories I ill keep with me in my mind, thinking of how uch we have changed personaly. Remem-er, every one of you is very special and nique; never forget what you have learned nd experienced this year, because it will e your strength and the most remarkable emory in the future. Although barriers and bstacles are always there in front of you, e as a BH family will always be there for ou. Even though I am graduating, I will miss ou all so much - you cannot even tell how uch I love you girls. This year is the best ear ever, because I have broken through y boundaries. I love you all! Thank you or Mom, CJ, Sonja, Vivian, Anny, Jessica, eresa, Kady, Wendy, Rie, Chantal, Ashleigh, utumn, Skye, Olivia, Sophia, Nicky, Maria nd Lauren for giving me such a great last ear at BH.

reak through your weakness and go find our dreams!
ove,
awn Tse

To all of my wonderful rezzies,

We did it! Another successful year in residence at Balmoral Hall has come to pass. Even though we were a small group this year we were mighty! Representing 8 different regions of the world we still made our impression on the rest of the school. As always the multicultural assembly was great, the mentor family dinners were delicious and we squeezed in an extra bakesale raising money for Japan.
As rezzies we know that most of the fun happens AFTER school hours. On weekends we love to play attending Moose Games, pasta festivals, snow tubing, zip-lining and much more! And don't forget campus wide Easter Egg hunts and Hide and Seek in res! Everyone has the photos and the memories to remind us of the fun times. As always I am most impressed by your independence. Not every teenager can live away from home, do their own laundry, buy all their own personal supplies, keep track of their own schedule and often in a new language. Your organization and dedication are always inspiring to me.
I wish you all the best. Never forget your time in res!

Ms Lechman

Cherish these experiences

Vivian's birthday dinner

Kady's birthday dinner

The Forks

Hip Hop performance

Fashion show

Rez winter full dinner

BH hockey game

Halloween Decoration Competition

Bikeriding on the Riverbound

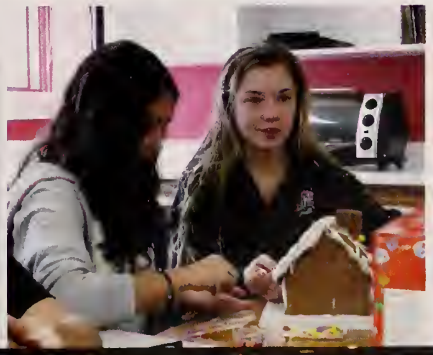
Let's enjoy the sunshine!

CJ and Sonja's birthday party

Girls' night

Kawaii Crepe

Water balloon fight



Sono Makino and Rie Taguchi represented Japan

Wendy Leung, Kady Huang, C J Chen, Anny Hsu, Jessica Lu, Teresa Huang, Vivian Chen represented Taiwan

Mom Tse, Sonja Li, Dawn Tse represented Hong Kong

Sophia Cho and Olivia Hwang represented Korea

Multicultural Assembly

Lauren Zheng represented China

Aliya Waji represented India

Autumn Garnham, Chantal Lischynski, Ashleigh Brykaliuk, and Skye Kelly represented Canada

Nicole Maria Durrazo Hernandez and Maria Ramos Velazquez represented Mexico

Emma Parker, Kirsty Hines, and Lily Gardiner represented Australia

We Are Family!

Sophia Cho sang a Korean song to introduce Korea

Anny Hsu danced to "Rock It" with other Taiwanese

Kirsty Hines, Emma Parker, Lily Gardiner represented Australia with power point

Chantal Lischynski sang a famous old pop song

On March 7, 2011 it was International Womens Day. Each year at this time, we celebrate the progress toward equality for women who have overcome gender based barriers and challenges. We encouraged fellow students to participate in this meaningful event. This year, we had the residence girls representing their own countries, including Canada, India, Korea, Hong Kong, Taiwan, China, Mexico and Australia. They showcased their different cultures and broke through with their cultural backgrounds. We had been preparing for this function for more than a month. In addition, we used different ways to share our cultures, such as videos, dances, songs and presentations. These fabulous performances were great opportunities to learn more about others' traditions and spirits. With this multicultural networking, the spirit gathered up in each others' hearts and became our great support. Even though we were carrying a variety of traditional values, we were glad to share the experience together.

Skye Kelly enjoyed her performance to the audience

Sonja Li, Morn Tse and Dawn Tse sang "Today" in Cantonese

Nicole Maria Durazo Hernandez and Maria Ramos Velazquez represented Mexico with photos of their family and friends

Emma Parker, Kirsty Hines and Lily Gardiner talked about the Australian slangs

Aliya Waji danced a traditional Indian dance

Lauren Zheng sang a Chinese song with a video

Dawn Tse introduced the countries for the following performances

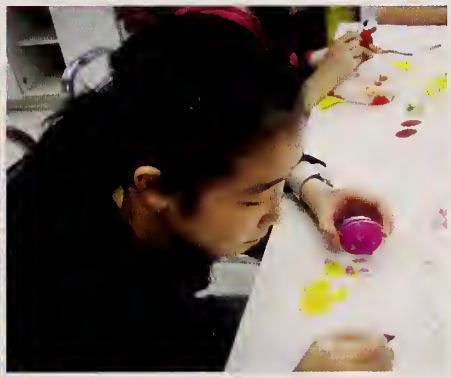
Sophia Cho and Olivia Hwang sang a famous Korean song

Sono Makino and Rie Taguchi wore famous cartoon clothing from Japan

CJ Chen danced to a Taiwanese song

Memories that are just for us

Love is all we need



Junior School is the staircase to growing up. It may be a long climb, but when you reach the top you'll realize that without that climb you probably wouldn't be where you are today.

Communicator

Risk-Taker

Inquirer

Caring

Balanced

Middle School

Grade 5

Grade 4

Grade 3

Grade 2

Grade 1

Kindergarten

Junior Kindergarten

Nursery

Junior School

Serena Buchwald

Junior School Messages

"I love having reading buddies! Reading buddies not only lets the little kids learn more about reading but it also turns the older kids into friends." By: Rachael Buchwald

"Learning strengths and weaknesses and just beginning to learn about ourselves. That's what Jr. School's all about. Along the way I helped Haiti and met new people. Jr. School is when the blossoms on the tree form..." By: McGregor Goodman

"I have made lifelong friends. I love going out for recess and playing tag, freeze tag, and much more. I am going to miss all the teachers that taught me, thank you."
By: Claire Meier

"I like to have my desk to call it mine something I own. Its fun to decorate my desk cause when you look inside it represents you."
By: Julia Johnson

"I can remember, like yesterday, being in grade 1, standing on our desks getting a bird's eye view of the class."
By: Anika

"Years fly by when you're having fun and I hate to leave Jr. School. All those memories like jammin' on pajama day, having an awesome Notable Women project and hanging out with my buds at recess." By: Pema Davis

"The teachers were so fun and kind to all of us. I am going to miss Junior School!"
By: Madison Lacombe

"A highlight of Junior School that I love is when I helped on Sports Day. It was really fun and I love seeing younger children that are happy."
By: Reese Precourt

"A big highlight and something I am going to miss is recess. I could be as loud as I want without anyone getting upset."
By Kristin

"BH gives me a place to call home because of all the teachers friends and the way they help me become a better person." By: Lia

" My highlight was the Exhibiton, we learned about sustainability. We all put in our time and it took a lot of effort. We all had fun!" By Emily McDonald

"One of the highlights of my years in Junior School was becoming a house head for Glen Gairn for the first leader draft and a ref for the second leader draft." By: Samantha Frost

"I've had a great time being in the choir, singing at Christmas concerts, music festivals, caroling at Misericordia and singing with the Winnipeg Symphony Orchestra." By: Kirsten Benidickson

"I love that the teachers will make time for you and sit down and talk if you have a problem. I think that the bond between the teachers and students is very strong."
By: Serena Buchwald

"I had so much fun working with my friends. My family and friends were so supportive from start to finish." By Lindsay

" My favourite part was Sports Day. I got to run around to each station and play the games, then I got to run a station."
By: Rachel Bernhardt

"Notable Women was a project that I had lots of fun making." By: Bryce

"The track meet in grade 4 was one of the best moments I ever had! I was so frustrated because in practice, I couldn't do anything right, but I placed 4th and was so proud! By: Jennie

"A favourite highlight of mine from grade five was reading buddies. My buddy was the sweetest little girl ever, her name was Chiama. I enjoyed visiting her every time and she was like the little sister I never had"
By: Payton Bell

"I have learned many things. I even remember my first day of Kindergarten. But the most important thing I learned is that if you believe you can succeed." By: Sarah Kowall

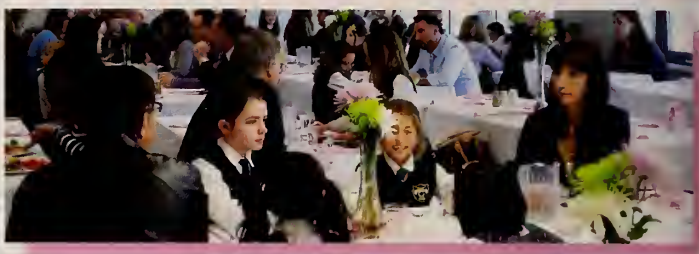
"I Love the teachers that helped me grow into what I am today." By: Lauren Mehyk

"One thing I will miss a lot is the teachers because I was very close to them. I will miss junior school because we had lots of fun memories and fun times and I know I will have just as much fun in Middle and Senior School."
By: Emma Javra

"So far though, my favourite year has been grade five. I really enjoyed doing the Notable Women project and I am looking forward to the exhibition. I also highly enjoyed going to the Festival du Voyageur and doing art with the chalk."
By: Katelyn Battad

"Over all the fun, exciting activities, hilarious and even boring activities that me and my class mates have done together over the years at BH, I feel that grade five has been the most fun and busiest so far." By: Sara Christie

Family Lunches



Grandparents Day

Grades K-3 Choir with JK

Junior Kindergarten

Kindergarten

Grade 1

Grade 2

Grade 3

Grade 3

Grade 4

Avery Fletcher

Grade 4/5 Bell Choir

Grade 4/5 Choir

Irina Znamirowski

Gina Plett

Katherine Robinson

Bethany Shtykalo

Rachel Bernhardt

Madelaine Balgrie

Library

The Kindergarten class created a grocery store on paper.

Students from Junior, Middle and Senior Schools visited the Scholastic Book Fair

The Junior Kindergarten learned about the ocean during storytime with Ms Lytle

The grade 11s enjoyed the sun in the sitting area of the library

The nursery and grade 2 classes searched for books to take home

The grade 3 classes enjoyed a visit from storyteller Joe McLellan

Junior School Choirs

Grade 1 to 3 Choir

The Grade 1 to 3 Choir and the Grade 4 to 5 Choir performed at the Remembrance Day Assembly, the Holiday Concert, Grandparent's Day, Family Luncheon, and Closing Ceremonies. The Grade 1 to 3 Choir sang in the Winnipeg Music Festival and received a gold award and the Mozart Shield for the overall best choir in the K-3 School classroom category! The Grade 4 to 5 Choir sang in a mass choir for the Winnipeg Symphony Orchestra school concert program. The grade 4 to 5 bell club delighted the audiences with their performances at the Holiday Concert, Grandparent's Day, and Closing Ceremonies.

Grade 4/5 Bronze Bell Choir

Grade 4/5 Symphony Bell Choir

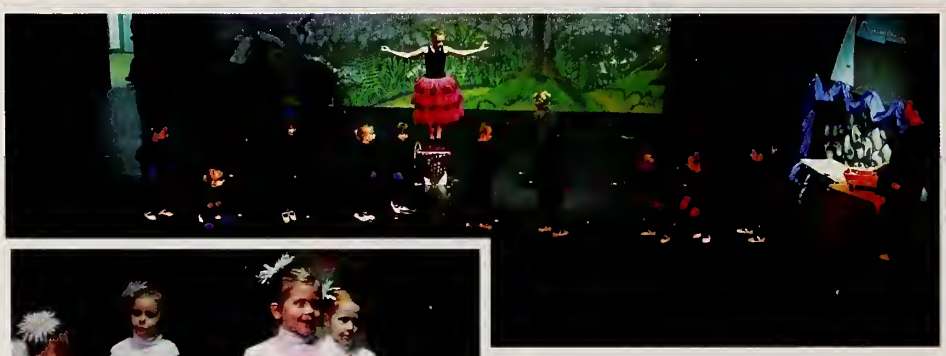
Grade 4 and 5 Choir

Rie Taguchi - Princess Aurora

Nursery - Bluebirds

Laasya Karumanchi - Bluebird

Junior Kindergarten - Bluebirds



Junior Kindergarten
Spiders and Lambs

Brooke DePencier - Kindergarten Mouse

Grade 1 - Fairies

Grade 2 - Little Red Riding Hood

Lauren Melnyk and Pema Davis - Narrator

Payton Bell and Lia Lowen - Jesters

Grade 3 - Puss In Boots

Grade 5 - Waltz

Grade 4 - Sleeping Beauty Fairies

Stage Crew

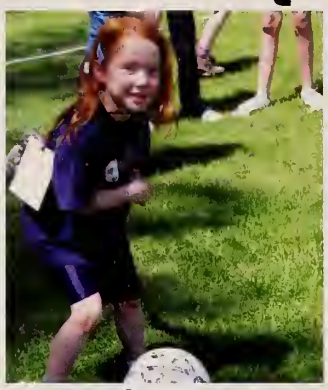
Clarice Nguyen Hua, Jessie McTaggart, Nicola DePape, Sam Machado, Alison Hilliker, Morgan Dubyts, Maya Schwartz, Claudia Venevongsa, Aurora Robert, Victoria Davidson, Shailyn Jensen

Principal Dancers

Sameen Kaviani- Golden Fairy, Eleanor Fascione - Cinderella, Rie Taguchi - Princess Aurora, Alyssa Andjelic- Ruby Fairy, Anais Cassetman-Green - Miss Muffet, Alex Chubaty-Boychuk and Jennifer Sikora Witch Attendants, Aliya Walji - Evil Witch

Being in Sleeping Beauty was a great experience that we will cherish forever. We broke through on stage while being risk-takers and communicators. Narrators Pema and Lauren thought it was fun to set the scene and start the show. Lia and Payton loved doing the comedy skit in the middle. They were hilarious and the costumes were great. There was lots of rehearsing and challenges involved, but in the end it turned out to be a fantastic show! Thank you to Ms. Henry, Jonathan and Max for making this the best year of dance ever! By Lia Loewen, Lauren Melnyk and Pema Davis

Sports Day



Emily Cuveller loved playing soccer

Mia Delaquis played scoop ball

Kathryn Lyon had a fun time jumping off the swings

Victoria Alexander drew a big pink flower in the front loop

Grade 4s got a kick out of the tattoo station

Katelyn Battad led her croquet station

Perna Davis & Sarah Kowall taught a girl how to limbo

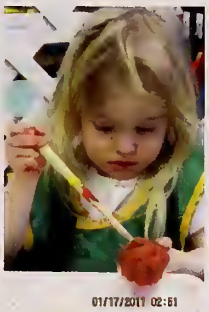
Mia Battad did some cartwheels on the front field

Lia Loewen led the girls in aerobics

Sofia Bristow had fun with a hula hoop

Classroom Activities

Grade 2 visited with Mandy and Easton Green



Childcare student Kate Bru painted clay very carefully

JK Sarah Nason and Cielle Penner cut and glued rhyming words

Brooke Bailey enjoyed a relaxing foot soak on Spa Day in childcare

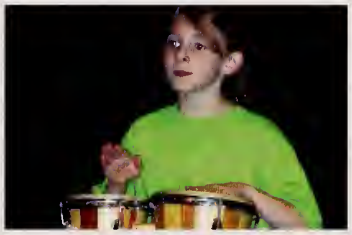
Grade 1 We Are Family Multiculturalism Inquiry

Grade 1 students painted peacocks in Art class with Mrs. Kowalec

Grade 3 explored Physics

Kindergarten painting

Grade 3 Assembly

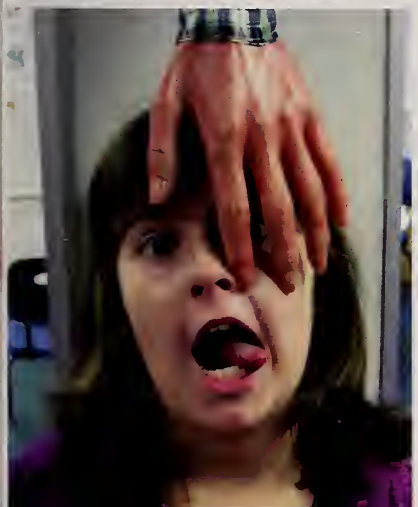


Grade 4 Assembly

Reading Buddies, Scotia Fullerton-Collison and Breanna Roussin

Irina Znamirowski participated in the grade 3 Global Trek Travel Fair

Inez Mayberry, Katherine Robinson, Mrs. Bowles and Hope Hinchey made crafts in Kindergarten



Emily McDonald was not spooked by the severed hand on Halloween

Chloe Mathew with her mom and Bella Arauz

Grade 5 Referees

PYP Exhibition

Emma Javra, Payton Bell, Sammie Frost and Claire Meier -" Road Racers"

Sara spoke about the advantages of recycling

Emily and Kristin described eco-friendly food processes in their starbooks

The Grade 5 exhibition is the culminating project of the IB Primary Years Programme. This year the Exhibition title was "Serious on Sustainability". The Grade 5 spent an extensive amount of time learning about different facets of the pressing issue of sustainability. In May, they presented all their knowledge in a theatre production and a question and answer session. They did an excellent job!

Lia Loewen educated younger students on being a responsible consumer

Rachel Bernhardt, Anika Moran, Lindsay Speirs and Serena Buchwald "Building A Better Tomorrow"

Rachael Buchwald and Kirsten Benidickson "Lighter Footprint, Bigger Smile"

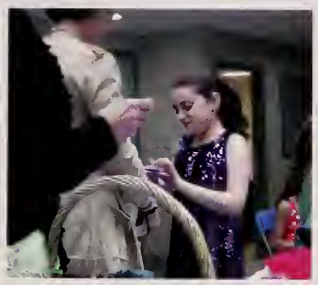
Emily McDonald, Lauren Melnyk, Kristin Smith "Green Club"

Julia Johnson, Sara Christie, Pema Davis, Kaytlyn Battad "Waste Disposal"

Bryce Paterson, Lia Loewen, Reese Precourt "Consumerism conquerors"

Grade 5 Celebration

Sara Christie, Madison Lacombe, Lia Loewen, Kristin Smith were excited for the celebration

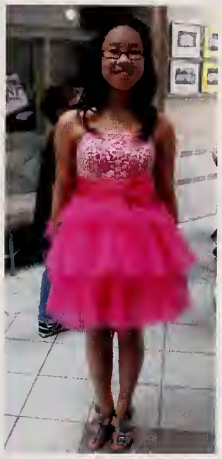


Rachel Bernhardt cherished her the BH pin

Anika Moran & Mrs. Osborne

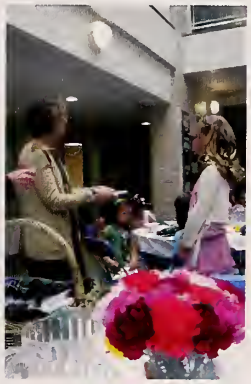
Sara Christie

Rachel Bernhardt & Emma Javra looked forward to the dinner



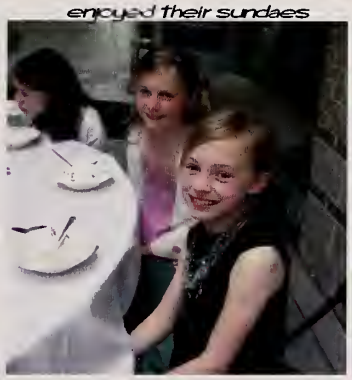
Jennie Pham wore a very special frock

Payton Bell received her pin from Mrs. Steek



MacGregor Goodman

Payton Bell and Lindsay Speirs enjoyed their sundaes



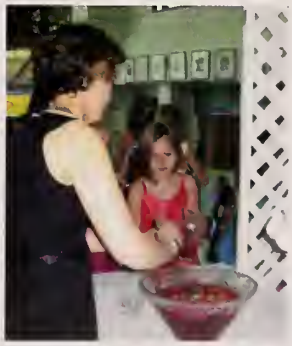
Mrs. McFarlane and Mrs. Osborne

The Buchwald twins and Anika Moran

The Ballater girls sang their house rap

The kitchen staff prepared a great dinner

Mrs. DeLande, Madame Workman and Mrs. Christie



Mrs. Steek dished out punch to Kristin Smith

Not everything that is faced can be changed
But nothing can be changed until it is faced
- James Arthur Baldwin

Middle and Senior School

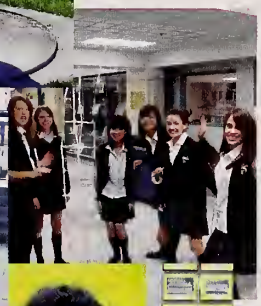
Vivian Cher

Middle School Messages

Middle School Head Girl
Cassidy Maidment

Middle School Captain
Nicky DePape

This year was absolutely amazing. I had tons of fun helping plan assemblies and dances for middle school. I'd like to thank everyone for giving me the chance to try and make this an unforgettable year. I hope everyone enjoyed it as much as I did. I'd also like to thank all of the other prefects for all of their hard work, and ideas this year. Without everyone's cooperation, we would've never been able to pull any of it off. With the help of the middle school homeroom reps, we managed to put on an awesome dance. I'm glad that almost everyone was willing to participate in activities such as showing us their talents or showing us their sharp minds by putting in guesses for the estimation jar. Middle school is full of wonderful people who are each so unique, I hope everyone gets a chance to show it again.



This year has been so much fun, and it has gone by so quickly! I thank all of you who elected me your middle school captain, and I hope everyone has had as good a year as I have. This year the theme was "Breakthrough", and I really hope everyone tried their best this year to break through in some way. I'd like to thank all the middle and senior school prefects and student council members that made this year happen. Also special thanks to Mrs. Sheps, Mrs. White, the middle and senior school staff, and all of the students for making this year so enjoyable! There have been so many fun events and activities this year, but some of my favourite ones were our middle school dance themed "I'm on a Boat!", spirit week, and summer fun day! I hope the prefects for the 2011-2012 school year have as much fun as I did, and I hope that all of you will have another wonderful school year!

Middle School Sports Captain
Lexy Muller Moran

It has been amazing being sports captain for middle school. Running against no one in the election, I was determined to prove to the student body that I wasn't just a girl that got lucky that nobody was running against her. My house heads and I devoted time and effort in creating the best interhouses that we could, and we hope that everyone had a great time at them. I loved the spirit that came from each and every student at interhouse, and other sporting activities. A special thanks to Mrs. White and Mrs. Holmes who helped the house heads and me create the interhouses! I definitely saw a lot of different students break through by participating and, of course, showing spirit! Thank you all for a wonderful year, and keep on with the spirit!

Assemblies

School Captain Katie Eva and Head Girl Maddie Maidment kicked off the school year with a great assembly

The BH Green Team taught students and staff about the importance of recycling

BH's own "Jane Goodall", Kristin Smith gave an informative speech to students

Prefects welcomed students back to BH after Spring Break

Lexy Muller Moran and Marley Smith were models in the BH fashion show

Our two head girls presented new students with their BH pins

Everyone enjoyed listening to the grade 1-3 choir's lovely voices

The Prefects were thrilled to announce this year's theme, "Breakthrough", to the school

W.I.N.S. Week

Welcome in New Students Week

How does middle school and senior school welcome new students? W.I.N.S week, where old and new students are welcomed to participate in a variety of really fun and challenging activities. One of the activities was a relay race that ran down the atrium. Students had to ride on a scooter to the statue in the middle of the atrium, and once we reached the statue there was a different activity for each participant to compete in. An example of one of these activities was trying to find three gummy worms that were hidden in chocolate pudding without the use of our hands. I was surely welcomed into middle school that day and always will be. What a great day!

By Claudia Venevongsa Gr.6

Sophia Cho and Olivia Hwang enjoyed a piggyback game in the gym

The lovely W.I.N.S week art poster hung in the atrium all week

Grade six girls loved the chocolate pudding eating contest!

Claudia Venevongsa and her friends raced on scooters during lunch

Musical chairs in the gym was a huge hit with all of the students!

Montreal

On April 14, 28 grade 9s and our supervisors Mrs. Hafenbrak, Mrs. Holmes, and Ms. Kirk left for Montréal. The trip started by taking a guided tour of Old Montréal, then visiting China Town. When we returned back to the hotel some students walked over to an IGA and bought some snacks. We started day two with a ride on the metro, which was a highlight for many of us. Our first stop was the Montréal Tower, and then we went to the biodôme next door and experienced five climates and saw neat animals. After lunch we took a tour of the McGill campus.

The girls were intrigued by the fish that were in the pond

Ms. Kirk and Mrs. Holmes were listening with their bat ears

Jill Karlowsky, Cady Jessiman, Sarah Hnytka, and Alex Banfield

Haley Cummings, Eva Downey, Meredith Chiu and Josie Feltham loved the "scenery" in the Montreal Biodome

Melisha Mendis and Emily Slkora enjoyed the beautiful sun

Alex Banfield and Brianna Turner stood with the "Love" statue

Kaitlyn McIntosh, Kaitlyn Scott, and Shradha Moudgil

The girls took lots of pictures of the starfish

Julia White, Elska Swandel, and Sarah Hnytka sat in a replica of the Montréal Canadian changeroom

Sarah Hnytka and Cady Jessiman were excited to find out their seats for the trip

Emily Sikora, Nadia Schriemer, Shradha Moudgil, Melisha Mendis, Maddie Morrow and Kaitlyn McIntosh

Gabi Warren and Eva Downey took in their tropical surroundings

The grade 9s gathered at the water life habitat

A group grade 9s enjoyed their tour of Old Montréal, and seeing all the beautiful buildings such as the Basilica

In Old Montréal, there were many horse drawn carriages

Kaitlyn Scott and Meredith Chiu loved the view from the Montreal Tower

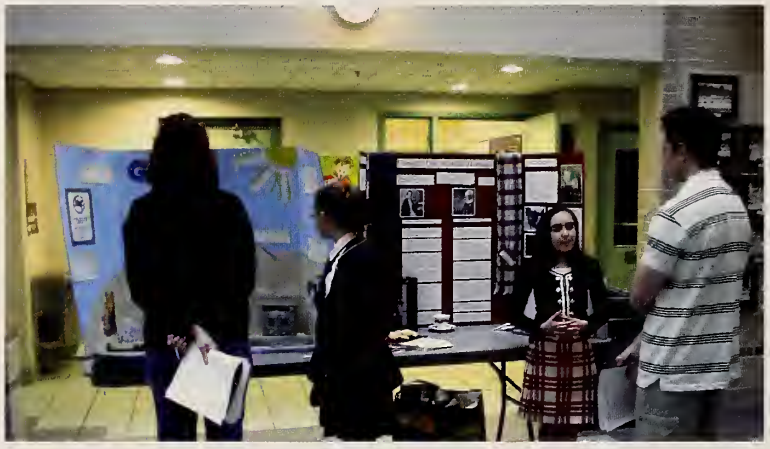
Mrs. Hafenbrak, Ms. Kirk, and Mrs. Holmes had a blast shopping

The next stop was St. Catherine's street and the Eaton center where we got dinner and did some shopping. Day three started with a visit to the Montréal Canadian Hockey Hall of Fame, then a tour of the Bell Center! After the tour we got McDonald's for lunch and saw inside the Basilica. After grabbing some dinner we saw a show at the planetarium about the Milky Way. On our final day we took the metro to a market before heading back to the airport and leaving Montréal. We were sad to leave, but the trip was amazing and we made lots of memories that we'll never forget.

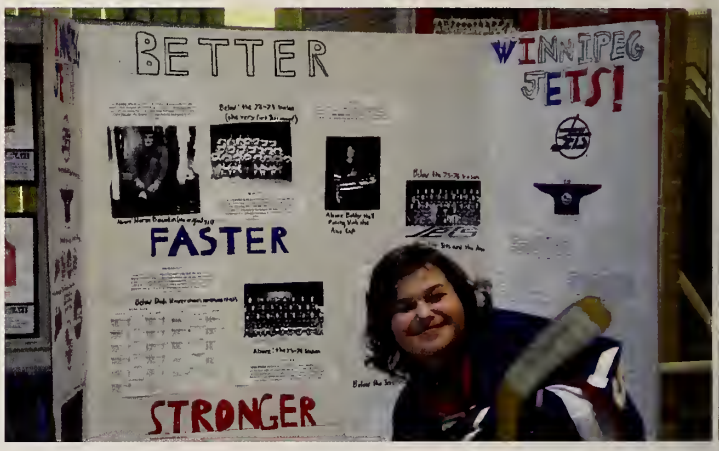
Grade 6 Heritage Fair

Gillian Chiu with Mr. Williams after she presented her project to him on the Tulip Festival

Morgan Dubyts "The Halifax Explosion"



Maya Schwartz and Katherine Burley explain their projects simultaneously to captivated judges



Hannah Baran seriously geared up for her project on the Winnipeg Jets

Alex Blake and Maya Schwartz "Canada's National Parks and Grand Beach"

Heritage Fair essentially had to be something or someone that has made a significant contribution to Canada. After choosing the topic of our project, we were to make a planner with possible resources and a map of how we wanted our project to turn out. Eventually our jot notes turned into rough drafts of paragraphs, and after a while, final drafts. The conclusion to three months of acquiring information took place on Thursday, March 17. This is when judges were brought to the school and we presented our projects to them. I think I speak for all of the grade 6 students when I say that Heritage Fair was an extremely educational experience. We would like to thank Ms. Hedley for her guidance and encouragement throughout the process.

Aliya Waji animatedly presents to a judge

Grade 8 Science Fair

Kathryn Roller and Ashley Allan tried to "Paint to Perfection"

Lauren Zheng excitedly listened to Olivia Hwang's presentation on fattening foods

Genevieve Field proudly displayed her project "Too Clean or Not Too Clean"

When January rolled around everyone was hyper because we knew we were going to be working on Science Fair. We didn't get to do it last year, so we'd had to wait. The first few weeks were choosing our topic, getting it approved, writing a hypothesis and doing research. We would record everything in our notebooks. Then we would bring in materials and begin our experiments. Some of us got tested by our classmates as part of their experiment! Then we organized and typed up our information and created our backboards, really bringing our projects to life. The range of our projects was so vast, it was amazing to travel around the room before the judges came and examined our friends' handiwork. Finally the judges arrived; show time! We each got judged twice and then went to our next class. We were all jittery with excitement, but in shock because it was out of our hands now. A week later or so, we found out who got to go to the Manitoba Science Symposium. Congratulations to those who went!

Rithikha Rajamohan felt excited about presenting her project

Lexy Muller Moran "Where's Mr. T?"

Laura Ferch "Turn it Up"

Miranda Baran "The Purification Situation"

Grandparents Day

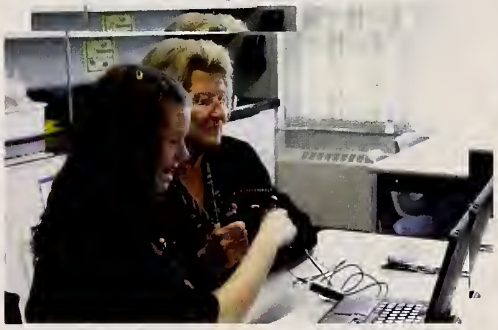
The Senior School Musical cast sang a medley of solos and ensemble pieces in their costumes for the grandparents and family

Madison Morrow and her grandmother spent the afternoon outside

Breanne Fredette and her grandmother spent a biology class together

On April 29 2011 grandparents and family members of Middle and Senior School students came to BH to spend an afternoon with their grandchildren and family. To begin, the guests spent some time in the gym listening to and watching presentations including the choirs, the cast of the Senior Musical Les Miserables, ballet from Junior School and various speakers. Then the family members accompanied the students to their classes where they spent time together.

Colleen Furlan and her grandmother tested equipment in the biology lab



Sophia Buller-Courage and her grandmother spent time in the science lab together

The grade nines took their grandparents outside for some fresh air during gym

Miranda Baran presented an interpretive reading of a monologue for the families

The Senior School choir performed a classical piece for the families

The Middle School Choir sang for the family gathered in the gym

Grade 8 Minneapolis

In between activities, the girls had brief moments to relax together in their hotel lobby

Lexy Müller Moran, Celine Richardson and Marley Smith took advantage of their downtime before it was time to shop!

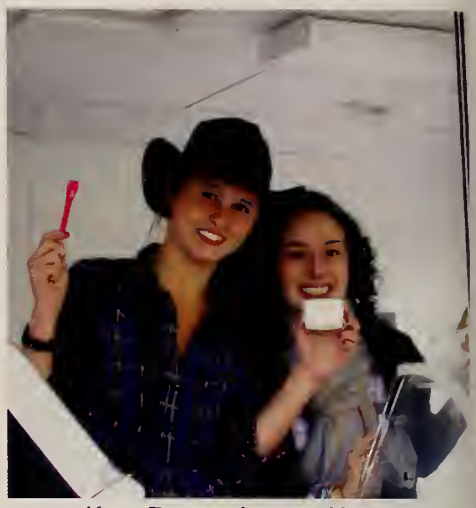
Minneapolis was by far the best middle school trip of the year. It was so much fun to be able to travel out of Manitoba together as a group of friends. My favourite part of the trip was going shopping at the mall with everyone because there are a lot of different stores in the U.S. like Abercrombie & Fitch, Hollister and Pink. We went to the Mall of America and to the Fargo West Acres Mall. I also liked going to the dinner theatre to watch a 2 hour show called "All Shook Up". The Science Museum was also realy cool. They had a lot of different exhibits like a real mummy in a glass case and you could do experiments like looking at your cheek cells. We had a lot of laughs during our time in Minneapolis, and I hope that I can go back there again soon.
By Sarah Gage

The girls had an incredible time in Minneapolis: here they are at the Glass Fish sculpture in the Art Conservatory, after a great trip full of laughter and learning

Kaitlin Ross, Genevieve Field and Maria Ramos Velázquez extracted DNA at the Science Museum

The girls loved the Art Conservatory and didn't miss the chance to pose with the Statue of a Man sculpture

Paige Chadsey, Cam Dixon, Colleen Furlan, Chloe Vickar and Layla Freig ate gelato at their last Yahoo BBQ, while Mrs. Christie and helpers worked the Bag Bar



Katie Eva and Adrianna Militano volunteered by scooping gelato

Yahoo BBQ

MacGregor Goodman and Anika Moran took a bite of their treats

During the second week of school, BH held its annual Yahoo barbeque in the front lawn of the school. Everyone enjoyed the event, activities and food. BH girls loved the opportunity to wear cowboy themed mufti instead of their uniforms. After school, there were many activities set up including the ever popular bouncy slide and air brush tattoo, as well as the RCMP horses. There was much delicious food including popcorn, snow cones, mini donuts, hot dogs and gelato. The grade 12 students were very helpful at volunteering during their last BBQ. Everyone enjoyed the event!

By Ella Thomson, Kaitlyn McIntosh and Mom Tse

The slide was very popular at the BBQ

Allison Hilliker, Taylor Maidment, Cassidy Maidment, Simran Roopra, Kati Tabin and Bailey Robinson had fun at the BBQ

Ravneet Sangha and Brittany Simmons enjoyed their snow cones

Junior school students patiently waited for their balloon hats

Mrs. Kamins participated in the cowboy themed mufti

Mr. Williams got soaked during his turn in the dunk tank!

Lauren Zheng helped out at the BBQ by serving drinks

BH family and friends had a great time at the BBQ

Liz and Marita served hot dogs at the BBQ

Kaitlyn Scott, Gabrielle Warren, Alexandra Broggy and Brianna Turner selected their airbrush tattoos

Kelsey Lacombe and Elizabeth White served popcorn together

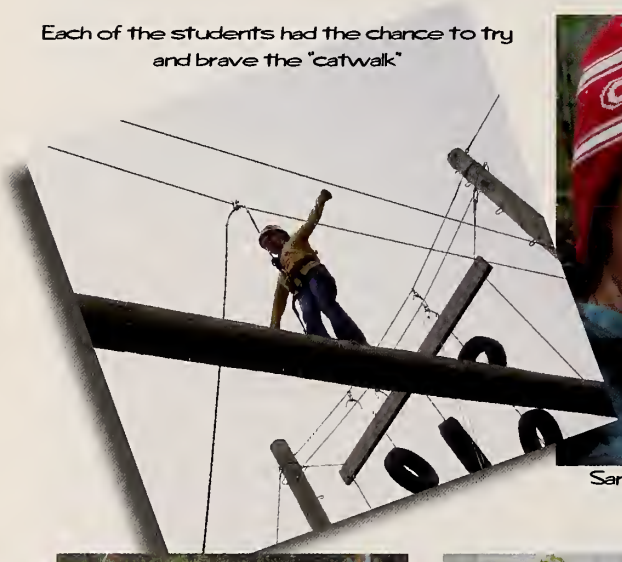
Cara Dveris and Rebecca Alexander visited the wildlife exhibit

Camp Arnes

Camp Arnes was so much fun for the grade six class this year! We were so excited and didn't want the experience to end. We split into two different teams; one group was with Ms. Streilein and the other was with Mrs. Holmes. The two groups did different activities and only rarely would we do things together. The activities that we did were archery, high ropes, zip-line, team games and, the best of all, Predator vs. Prey. In the game, we were split into three groups: the herbivores, omnivores and carnivores. We were put in pairs and named as an animal. Everyone got a number of rings. Those were your "babies". The objective of the game was to find all of the food and water before the time ran out. I think that this was a class favourite. Despite losing socks to the strong mud, it was pretty awesome. I think that I speak for the whole class when I say that, Camp Arnes was a trip to remember! By Gillian Chiu

Ms. Streilein and Mrs. Holmes accompanied the grade 6 class on their fun filled, two day trip to Camp Arnes!

Each of the students had the chance to try and brave the "catwalk"

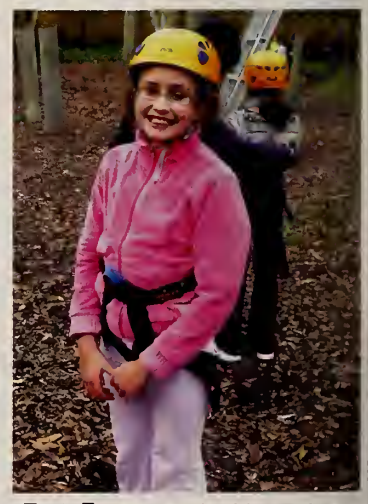


Samantha Machado and Danelle Creighton had to take a breather from all of the activities

A number of the girls helped their classmates on the zip line while waiting for their turn

Anais Casselman-Green and Hannah Baran had a lot of fun together during and in between all of the team building games

Jennifer Sikora, Morgan Dubyts, Anais Casselman-Green, Samantha Machado, Maya Schwartz, Mrs. Holmes, Danelle Creighton and Taylor Maidment enjoyed spending their time together



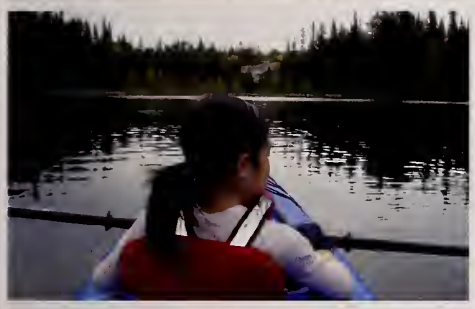
Emily Thompson had to suit up in her safety gear and mentally prepare herself before using the high ropes

Yurt Camp

Yurt camp was a blast! Even though the weather was rather bad we still made every day so much fun. Our trip started out with a long bus ride to Minaki. When we got to the camp it was time for breakfast! I thought the best part was always meal time, because the food was delicious! On the first day we went for a long hike and tried to stay out of the water but it didn't work out so well. Throughout the two days there were lots of fun activities like mountain bike riding, playing bomb field and kayaking. I enjoyed every part of yurt camp and so did my whole class!

By Julia Lee

All the grade 7s gathered together in front of the main Yurt for a memorable picture before they left



Sono Makino kayaked on the wide open lake

Paris Musaphir worked her way through the mine field

Kim Hurst had a blast rock climbing

Mary Mckeigan prepared for her turn to rock climb

A group of grade 7s enjoyed kayaking

The girls gave thanks before a meal

Some of the girls took a break after rock climbing

The grade 7s went for a walk in the forest

A group of girls made funny faces with the shelter that they built

St. Paul's Walk

Kelsey Lacombe, Will Eva, Elizabeth White and Natasha Cobb looked their best before the walk

The grade 12s huddled around one of their favorite teachers, Ms. Kirk

Grade 9s and 11s took some time away from the activites to strike a pose

Layla and Zach Freig and a friend reunite at the walk

On September 23rd, 2010, senior school students from Balmoral Hall, St. Mary's Academy and St. Paul's High School attended the much anticipated annual St. Paul's walk, an event hosted by St. Paul's High School for fundraising purposes. This year, all of the proceeds went to Balmoral Hall's Girls for the Cure walk! The students took a two hour scenic walk through Assiniboine Park. It was a beautiful fall day, and throughout the walk there were many fun activities to take part in, including potato sack racing, street hockey, and much more. Once everyone reached the school again, all the students got a chance to eat lunch at the outdoor BBQ. The rest of the day was jam-packed with moon bounces, inflatable human foosball, live bands and performances. It was a whole lot of fun!

Colleen Furlan, Megan Clarke and Paige Chadsey were a few of the many grade 12s who took advantage of all the fun games and activities!

The Prep hockey team were one of the many performances as a part of the talent portion of the event

St. Paul's boys cooked hotdogs and hamburgers for the walkers

Grade 12s and some St. Paul's boys worked at a checkpoint during the walk

Grade 12 girls performed an airband dance to the song "Like a Go"

CJ Chen, Cody Anne Keith and Marrikka Lee gave out water to the thirsty walkers

Hannah Pemberton, Ms. Wilkes and Miss Akerstream enjoyed the fall walk

Breanne Fredette played human foosball, a popular activity at the walk

Claire Perchaluk and Breanna Turner watched as victims were dunked

Spirit

BH girls listened to Kady Evanyshyn's piano performance

Ericka Muller Moran and Rav Sangha sang I'm So "Whoa!"

Katie Eva, Kelsey Lacombe, and Allison Kowalchuk danced because it was FRIDAY!

Kelsey Lacombe, Colleen Furlan, Amanda Stegmaier, and Cella Rousseau performed "Seasons of Love" at the coffee house

Grade 7s enjoyed all the performances and had fun during coffee house

Lauren Zheng, Katrina Leong, Kamal Dhillon, and Hannah Darrach-Cottick looked after the grade 12 bake sale during the coffee house

Teachers and students sat on the stairs and enjoyed the performances by students.

Week

BH girls lined up as a spirit train and cheered everyone up!

Spirit Week this year was a fun and exciting time for all students. We started the week with lots of spirit during crazy tie, crazy tights and camera day. Students put lots of enthusiasm and spirit into the activities and their wardrobe choices which gave a strong start to the fun and spirited week of celebration. The pep rally at lunch was full of spirit, including a spirit train throughout the whole school which pumped everyone up. The following day was crazy hair day. Students brought out their craziest hair styles, winning many spirit bucks and sharing laughs about the hilarious looks of the day. Thursday brought out the house spirit in all of us when we accessorized with house colour accessories and played a student vs teacher dodgeball game. It was a true success which brought everyone together for a fun and spirited game. The final day of spirit week was a relaxing and spirited pajama day. The coffee house at lunch hour was a great celebration of talent among students and brought everyone together for a great end to the week. The grade 12 fundraiser bake sale with coffee and treats made it truly feel like a coffee house. Overall the week was full of spirit and was a celebration of students; bringing people together and making 2011 an unforgettable year! - Palmer Nowak

Girls sat on the side to watch and cheer for teachers and students dodgeball game

Middle and senior school played dodgeball vs the teachers at a spirit week

Taylor Maidment and Lexy Müller Moran dressed up for the house accessories day

Girls showed off their crazy socks during spirit week

Interhouse

Madeline Lischka, Kady Evanyshyn, Jaclyn Flom, Marissa Woods, Ella Thomson, and Bryanna Sherbo showed off their crazy ties and fancy tights

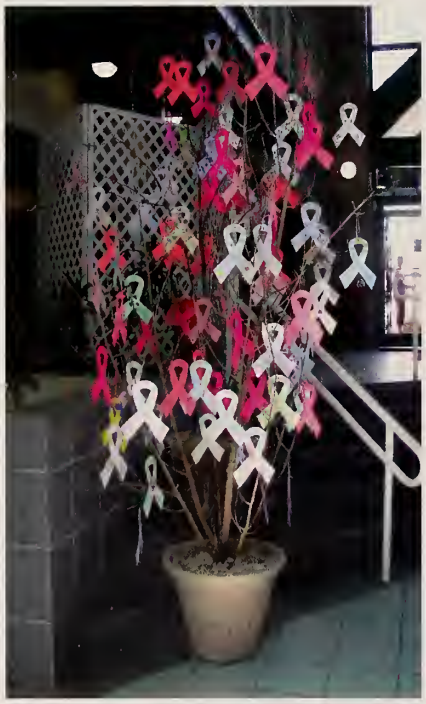
Girls for the Cure

On the 7th of October, 2010, BH held the 10th annual Girls for the Cure walk to help raise money for cancer research. It was a beautiful fall day; the weather was perfect for the outdoor walk from the school to the legislative building. Before setting off for the walk, Junior, Middle and Senior school students got warmed up in the gym. The warm up exercises began when all the students put on pink gloves, stood up and danced to get warmed up and excited for the walk! The dragon boat team Chemo Savvy was also present at the assembly of students, as were Jay Richardson and Andrea Collins from Curve 94.3FM to help kick start the walk. The students filed out of the gym and exited the school under an arch of dragon boat paddles, held up by the dragon boat team. Once at the legislative building, people stopped to eat cookies, dance, sit and chat and to listen for the announcing of the amount of money raised in support of CancerCare Manitoba. BH was proud to say that the grand total was $26,871! Overall the day was jam packed with excitement and good times, as the annual Girls for the Cure walk is every year!

The grade 8s lead the walk, proudly holding our school banner

Ashley Buckle, Simran Theathi, and Gabriella Balog had a great time in their pink clothing

The girls finished the walk and enjoyed the outside weather



Dawn Tse, her mother, and Mom Tse were getting ready for the walk

Rie Taguchi and Lauren Zheng had fun at the Legislative building doing the activities

The grade 6 students stopped for a quick rest during the walk

BH staff enjoyed the wonderful weather at the walk

Lauren Haverick, Natalie Cuvelier, and Claire Venevonqsa got ready for the run

Samantha Frost, Perna Davis, and Payton Bell looked happy to start the walk

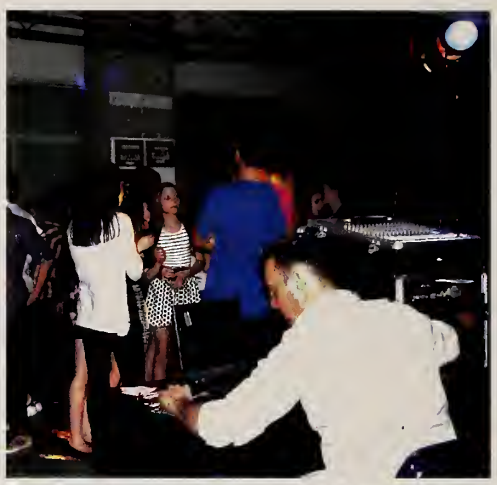
The grade 9s had fun hanging with their friends

Chemo Savvy held artistic oars to start off the walk

Middle School Dance

The halls buzzed with who was sponsoring who. The excitement reached its peak at the end of the day when we all went home to primp. Welcome to the week of the middle school dance. The theme this year was "I'm on a boat". When I arrived the music had just started, people were laughing and hugging old friends and the air was crackling with the hope that a guy would ask you to dance. The fast music started up and we could have danced all night while grabbing snacks from the canteen. Even as the lights came back on and people began to leave, there was still a feeling in the air that this would truly be a night to remember.

By Miranda Baran



The DJ played great music while kids danced

Meredith Chiu, Eva Downey, Chloe Vickar, and Rainah Uhl worked in the canteen

Alexis Ogaranko, Leah Bernhardt and Wendy Leung loved their last middle school dance

Alexandra Chubaty Boychuk, Garima Moudgil, Alexandra Enns, Paris Musaphir, and Katharine Bezte took a quick a break from dancing

Middle School students gathered around the DJ to have fun and dance to the music

Grade 6s reunited with their old classmates from Junior School

Grade 8s enjoyed the boat theme at the dance

Ski Trip

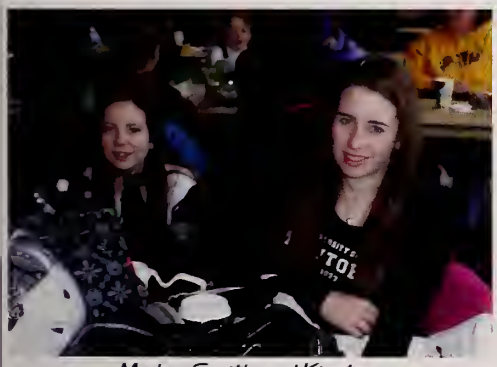
Everyone on the trip gathered outside their bright pink Beaver bus for a group photo that is sure to bring back memories from an amazing trip

Elizabeth White had fun going down the different hills

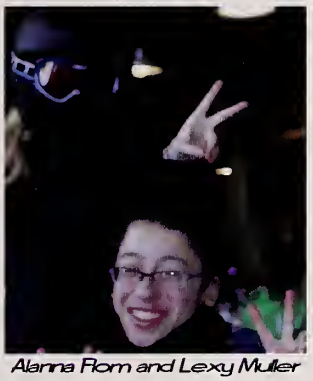
Layla Freig, Lauren Peake and Paige Chadsey enjoyed the ride up a beautiful hill

Natasha Comeau, Bryn Koehn, Bryanna Sherbo and Allessandra Turner enjoyed lunch in the lodge

Kady Evanyshyn packed up her gear for the bus ride home



Marley Smith and Kirsten Rogers warmed up in the ski lodge before going back out to ski



Alanna Flom and Lexy Muller Moran had a blast spending time with friends

The grade 12s enjoyed Giant's Ridge together for one last time

The grade 12s got together for a dinner out at Grandma's

On February 10th 2011 girls from grades eight, nine, ten, eleven and twelve departed for the ski trip in a lovely pink Beaver Bus. As always, the seven hours bus ride was worth it, the girls enjoyed many activities on this trip. The weather was beautiful and the girls enjoyed two days of skiing and snowboarding on Giant's Ridge Mountain. At the end of the first day the girls took their traditional shopping trip to a local mall and Target, here the girls shopped and enjoyed their evenings. The grade twelves were even able to dine at a local restaurant called Grandma's. As the second day drew to a close the girls packed up their gear and loaded onto the bus, but before going home they stopped at McDonald's for dinner. The ski trip is always a memorable time where students enjoy skiing and snowboarding, shopping and spending time with their friends and this year was no exception.

Mufti

Sarah Givoli, Samantha Machado, Morgan Dubyts, Emma Machado and Jennifer Sikora took a break to eat Gelato on the play structure

Allison Hilliker, Katherine Burley, and Emily Thompson showed off their pink clothes

Sameen Kaviani, Sarah Ali, Grace Perchaluk, and Kallyn Strain at the Yahoo BBQ

Kathleen Kopp, Ella Thomson, and Marissa Woods really got into the mufti spirit!

Garima Moudgil, Alexandra Chubaty Boychuk, Paris Musaphir, Alexandra Enns, and Iqra Triq on Valentine's Day

Shradha Moudgil, Madison Morrow, Nadia Schriemer, Makenzie Taylor, and Emily Sikora had a lot of fun without their uniforms!

Prefects Cella Rousseau and Adrianna Militano led the school in mufti day spirit

Noelle Verry, Gabriella Balog, Sophia Cho, Simran Theathi, and Ashley Buckle were happy to get a break from uniforms

Halloween

On October 29, BH students and staff dressed up in their costumes to celebrate Halloween. Everyone was thrilled to get a break from uniforms and have some delicious treats! There were activities at flex and everyone loved watching the Junior School students parade down the atrium. The Haunted House decorating contest was a hit. It was a wonderful day filled with activities that left everyone in the Halloween spirit for the official date that Sunday.

Students danced to the Halloween themed music in the atrium

Danelle Creighton and Taylor Maidment took part in karaoke

Sono Makino was "peanut free" for Halloween

Grade 12s donned their morph suits for Halloween activities

Eleanor Fasciane and Kady Evanyshyn dressed as Black Butler characters

Alexandra Ennis had a very creative "Little Miss Chatterbox" costume

Megan Clarke, Paige Chadsey, Chloe Vickar, Lauren Zheng and Colleen Furlan were excited to take part in their last Halloween at Balmoral Hall

Cassidy Maidment, Olivia Hwang and CJ Chen enjoyed the door decorating contest

ART

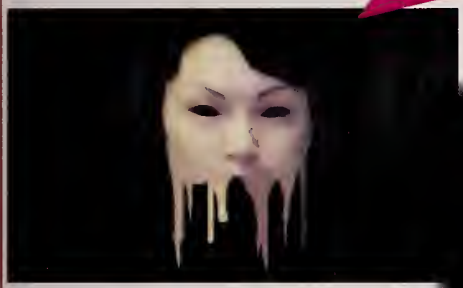
"Art is an adventure that never seems to ends." Jason

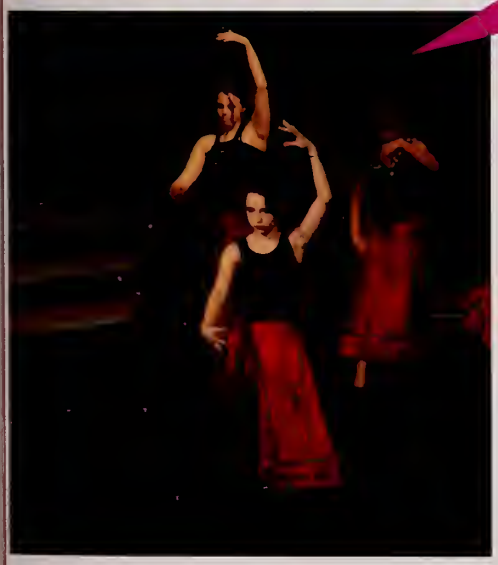
Les Miserable

Arts Prefect Message

Arts Prefect
Kelsey Lacombe

I can't believe how fast this year has gone by! It seems like yesterday that I was standing in front of the student body and giving my speech, asking to be elected as your Arts Prefect. It has been so much fun working with you guys and seeing all of our ideas come together. From Les Mis, to Glee Club and all the fabulous artwork that is up in the atrium, it has been the most successful art filled year in a long time! I hope that everyone has enjoyed this year as much as I have and that you all have had a chance to "Break Through". I'm going to miss all of you and the arts program here at BH so much! Always remember to, "Dance as though no one is watching you" and "Sing as though no one can hear you". Thanks for a great year!
Kelsey Lacombe





Junior School

The Elders are Watching' project By Grade 4, Brigid Hilliker and Chelsea Venevongsa

Grace Lynch

Grace Thomson

Natasha Hofer

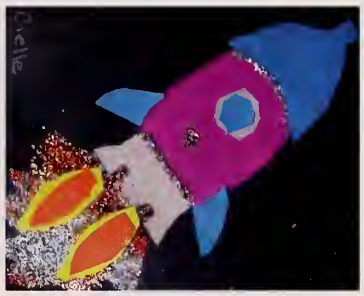
In the manner of Gustav Klimt
By Grade 3

Emma King

In the manner of Emily Carr The Forest' project By Grade 5, Bryce Paterson, Claire Meier

Studio Art

"It Came From A Tree" By the Kindergarden class



Sparkly Space Crafts

By JK students, Cielle Penner, Eakum Sidhu

Peacock Painting

By Grade 1, Sarah Mathew

ARCTIC

Rocky, sparkly water

Dogs pulling sleds

Caribou racing across the tundra

Polar bears eating fish and running

Long, cold dark winters

Tundra

By Grade 2, Lauren Horvarth

Praries

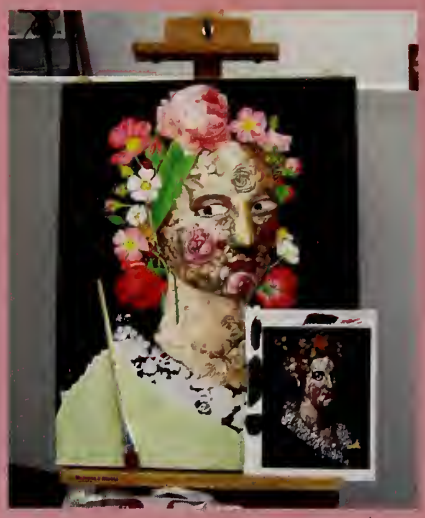
Dry black land

Farmers planting wheat in the fields

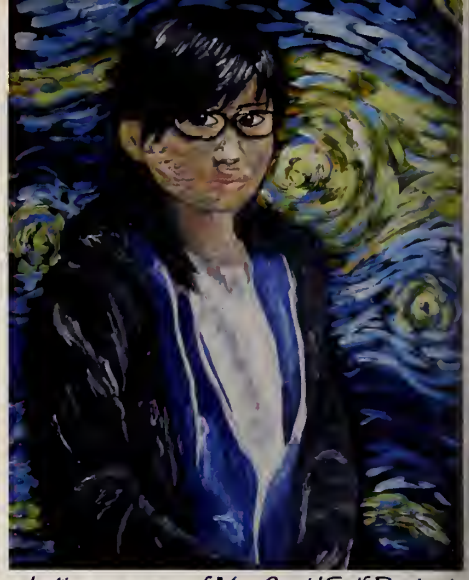
Pretty sand hills

Grasslands

By Grade 2, Aurora Johnson



In the manner of 'Flora by Giuseppe Arcimboldo' Self Portrait
By Grade 11, Sophia Cho



In the manner of 'Van Gogh' Self Portrait
By Grade 12, Lauren Zheng

Funky Flowers
By Grade 7

The Andy Influence' Mood Portraits
By Grade 9, Kayla Karbonik and Emily Sikora

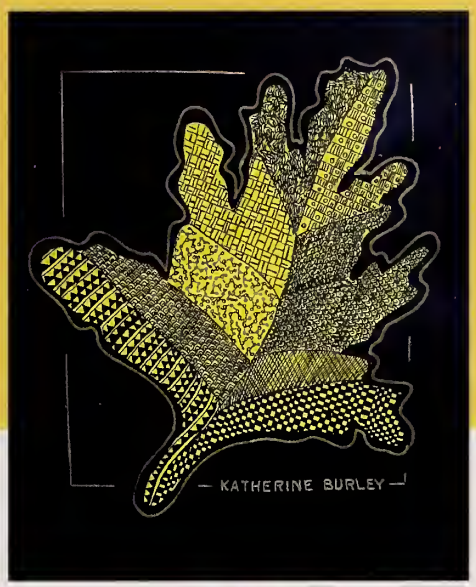
Text in Art By Grade 9, Lauren Clavet and Elska Swandel

Pencil Self Portraits By Astrid Cox and Sonja Li

Middle and Senior Studio Art

Self Portrait
"Depression"
By Grade 12
CJ Chen

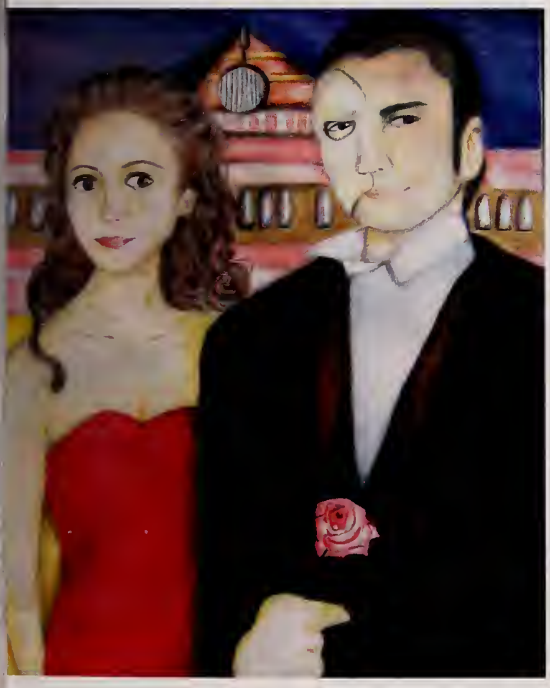
Pen and Ink
Leaf Project
By Grade 6
Katherine
Burley



Op Art
By Grade 8

Rithikha Rajamohan

Sophia Buller-Courage



American Gothic
By Grade 10

Vivian Chen

Jo Yun Huang

Grade 9 Desktop Publishing

How can manipulating a photograph affect a community positively or negatively?

Kindness to Animals By Melisha Mendis

World Hunger By Elska Swandel

Take Care of Our World By Alex Banfield

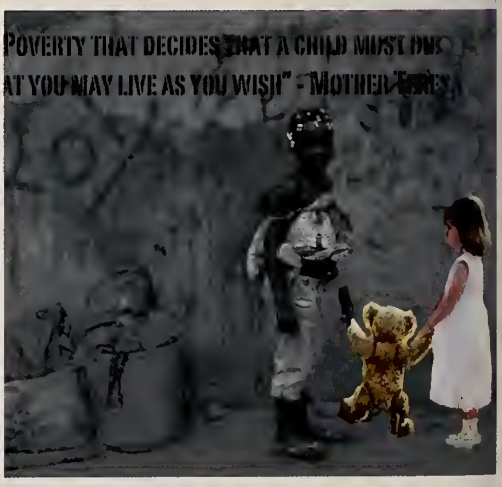
Animal Extinction By Rie Taguchi

Forest Fires By Eva Downey

Remembrance Day By Josie Feltham

Child Poverty By Kaitlyn Scott

Pollution By Emily Sikora



World Poverty By Paige Hastings Van

Grade 10 Digital Pictures

How can manipulating a photograph distort reality?

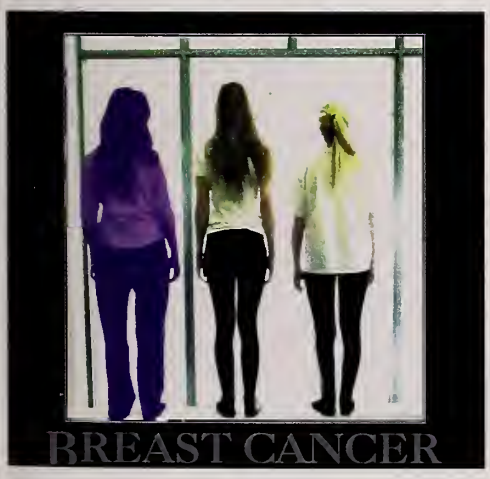
By Aynsley Hodge

By Morn Tse

By Natasha Comeau

By Moneet Sidhu

By Morgan Rathwell



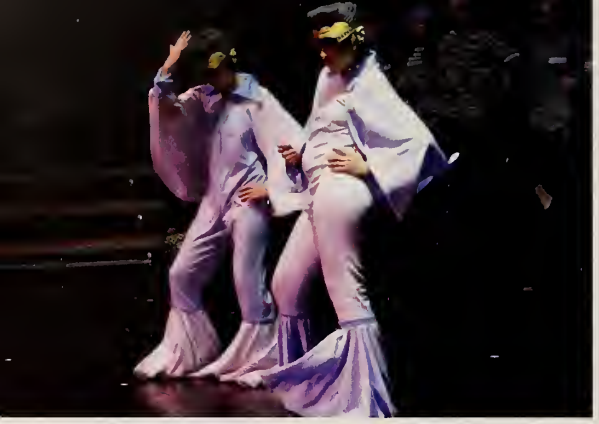
By Bryanna Sherbo and Alex Turner

How can a photograph affect a person's opinion about cancer?

By Marissa Woods and Ella Thomson

By Rikki Meiller and Autumn Garnham

Destination

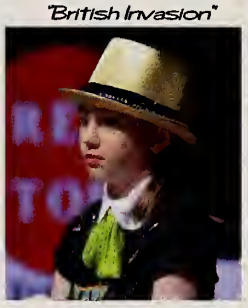


Kaitlin Ross and Lexy Muller Moran as Elvis in "Jail House Rock"

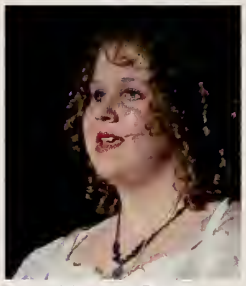
Celine Richardson "Rock This Town"

Anais Casselman-Green "British Invasion"

Sara Ali "ABC"



Anastasia Podushkina "ABC"



Miranda Baran "Send In The Clowns"

Olivia Huang Narrator

Bailey Horn "The Power of Love"

Grade 7 enjoyed spending time together backstage!

Rithikha Rajamohan sang the lead in "Where the Boys Are"

Grade 7s sang "Don't Stop Believing"

Grade 8 danced together in "California Girls"

Grade 8 also performed "Rock this Town"

Rock 'n Roll

Grade 6 enjoyed their time together in their first Middle School Musical

Grade 8 had a lot of fun and made the most of their last Middle School Musical

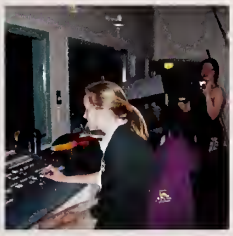
Nicky DePape, Cassidy Maidment and Simran Roopra sang "Bohemian Rhapsody"

The grade 8 Spice Girls in "Wannabe"

Mrs. Sheps sold flowers for the actresses

Alanna Flom, Kady Evanyshyn, Cela Rousseau and Marissa Woods helped out backstage

Eva Downey and Meredith Chiu operated sound and lights



Jonathan Stewart and Mr. Quinn were the sound and video technicians

Kirsten Rogers led the song "Dancing Queen"

Grade 6 in the "Destination Rock 'n Roll" finale

Mrs. Hill and Ms. Wahl made dazzling costumes while Mrs. Hafenbrak supervised the backstage

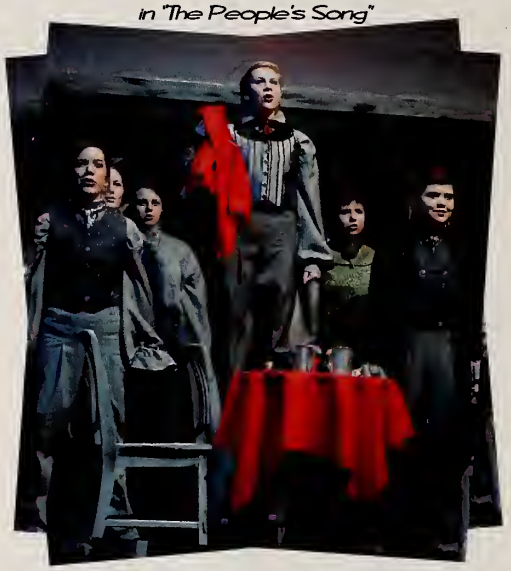
Les Mis

Emily Sikora played a convincing street urchin the "The Beggars"

The ensemble sang as Bryn Koehn waved a red flag in the background in "The People's Song"

The ensemble sang as painted ladies together in "The Docks"

Cella Rousseau as Javert in the opening number "Look Down":



The ensemble playing students sang about the revolution and a bright future in "The ABC Cafe"

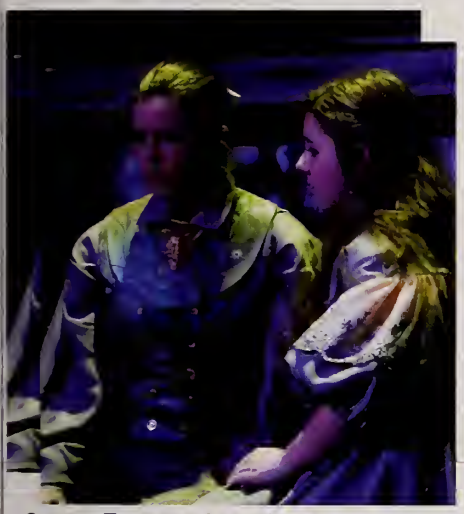
The ensemble and leads marched as they sang in "One Day More:"

Paige Chadsey sang a solo as a student in The People'sSong, "Do You Hear the People Sing?"

Colleen Furlan as Jean Valgean rescued a man trapped beneath a crashed cart

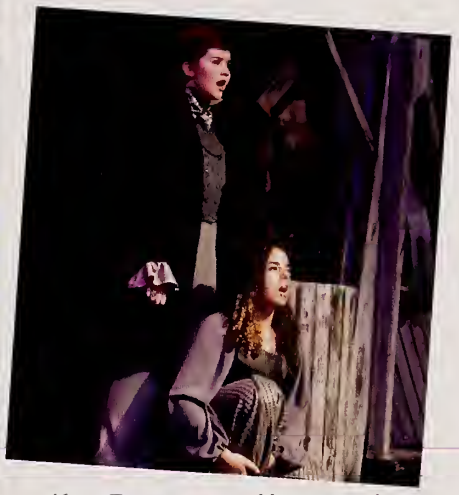
Kelsey Lacombe as Fantine gave an emotional performance in "The Epilogue"

The ensemble sang about the hardships of the poor and the working class in the 1800's in the song "At the End of the Day"



Colleen Furlan as Jean Valjean and Hayley Stacey as Cosette wondered what would happen to their futures in Act One

Gabriella Balog and Alanna Florn as the Thenardiers sang about their Inn in "Master of the House"

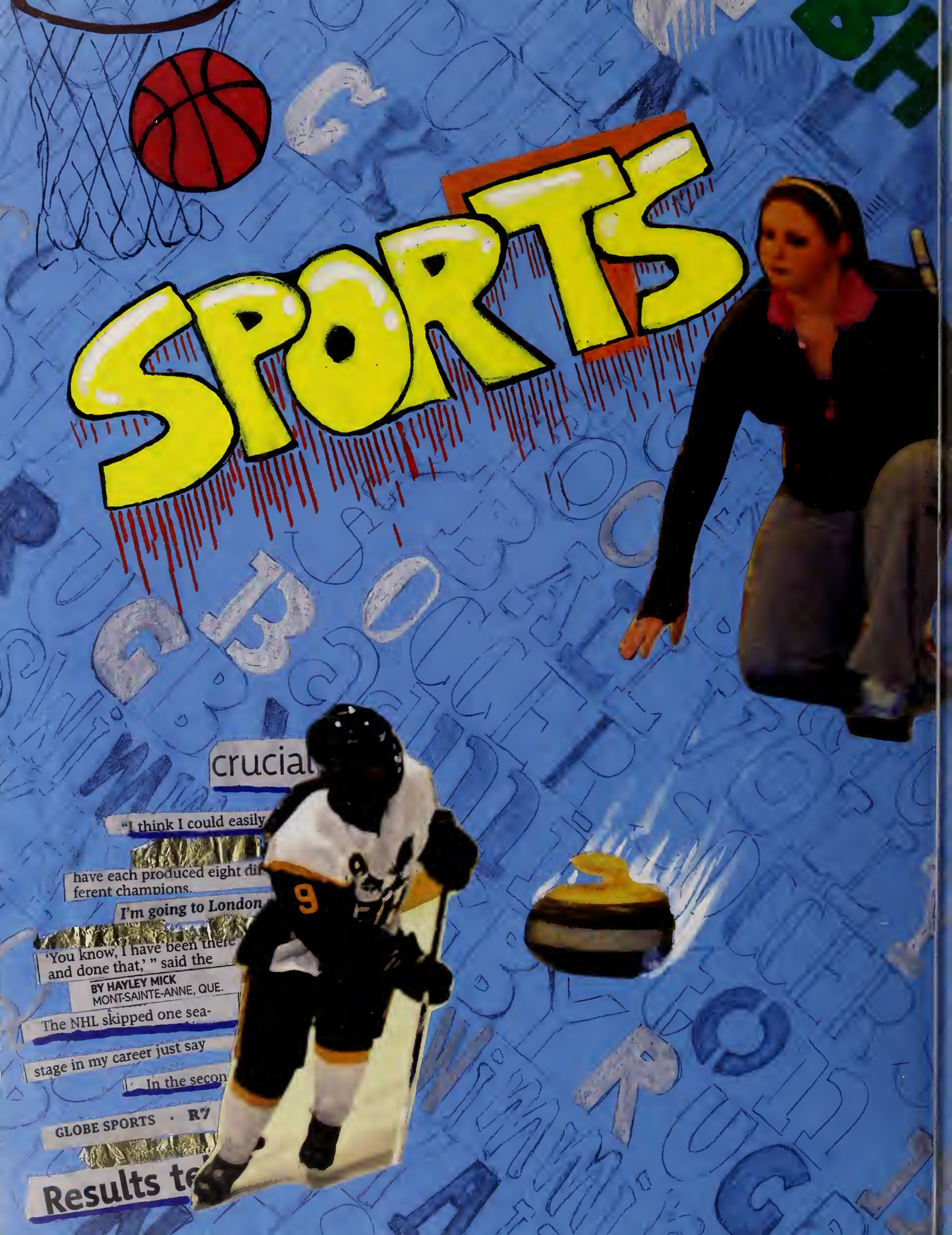


Kady Evanyshyn as Marius and Layla Freig as Eponine sang their solos at the end of Act One in "One Day More"

Loune Blom and Marissa Woods as students with Amanda Stegmaier as Enjolras in "The ABC Cafe"

The ensemble gave a convincing performance as prisoners in the song "Prologue"

SPORTS


crucial
"I think I could easily
have each produced eight di
ferent champions.
I'm going to London
'You know, I have been there
and done that,' " said the
BY HAYLEY MICK
MONT-SAINTE-ANNE, QUE.
The NHL skipped one sea-
stage in my career just say
In the secon
GLOBE SPORTS · R7
Results te

Sports Captain's Message

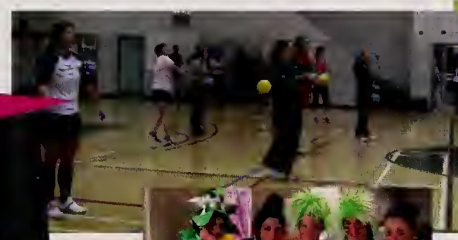
Senior School Sports Captain
Cailey Hay

So another year has finally come to a close. I cannot believe that 2010/2011 is over and I have finally graduated. I think back and reflect on Interhouse activities such as the Teacher vs. Student dodge ball game or the Gingerbread House making contest and what fun we had! It's incredible to think of all the memories that were made, and all the memories that are recorded right here in this yearbook. I hope that you all have a great summer, and I wish you all the best of luck in the future with whatever you choose to do.

Along with this final goodbye from your Sports Captain, I want to give a little advice, coming from a graduate: enjoy every moment you can in high school. Join every club, play every sport and travel everywhere! As Mr. Keating from The Dead Poets Society said, "Carpe Diem", which means, Seize the Day. Once you graduate and enter the real world, you do not have a lot of free time, and you will not get a lot of the same opportunities that you do now while in high school.

So enjoy your years here, and I'll see you on the other side! Stay golden pony girls! Wake up every morning like Jack Black, "Let's rock, let's rock today".

Love, Cailey Hay



Middle School Sports Captain
Lexy Muller Moran

House Heads

Ballater

Middle School House Head
Alex Trann

House Head
Colleen Furlan

Who let the frogs out? Who who who who! Ballater has broken through this year with all of its incredible sprit! It has been such a joy experience interacting with everyone in my house, because I have met a lot of girls in different grades and they have cooperated with each other so well. Ballater has always been a strong team and I am so proud to have led them to many victories this year. I was Ballater House Head in Grade 8 sixteen years ago, so it's nice to finish off my many years at BH by being a prefect, but also by being a House Head again. I go to the actual town of Ballater in Scotland every year and I have always thought it was neat that I could say I've been to my actual "house". Good luck in the future Ballater, I know you won't disappoint me. Love you all and thank you for making this such a fabulous and fun year for me!

Craig Gowan

Middle School House Head
Marley Smith

House Head
Cella Rousseau

House Head
Chloe Vicker

As your Craig Gowan House Heads we have enabled the vision of a true dream team. We've had a great time being wild, ecstatic and really really loud! As the only House Head team this year, we enjoyed putting our heads together to be totaly radical. We feel that we put the spunk and spirit back into our noble house; Big Bird would be truly proud. You guys were always the most rockin' house at interhouse, and we were so proud to lead you awesome girls. Keep the spirit for the years to come, and never let the epic-ness die. So from the bottom of our hearts, thank you for the opportunity we had to lead you- we wouldn't have traded it for the world.
With lots of love, the Dream Team

2010-2011

Braemar

Middle School House Head
Simran Roopra

House Head
Elizabeth White

Hey Guys!
This year, as your Braemar House Head, my main goal was to bring back the spirit, and have you guys want to get more involved in the activities going on in the school! You've all made great individual breakthroughs, but as a group this year we managed to really bring back the spirit in Braemar through our interhouses and spirit week. Thank you guys for always putting up with our crazy ideas.. I'll always remember my grade 12 year, largely because I got to be your House Head!! Keep up the spirit guys, and keep on working towards that House Cup!! :)

Glen Garn

Middle School House Head
Tasha Hulme-Cowegill

House Head
Dakota Novak

Interhouse

Students in the Ballater and Craig Gowan houses became very involved in the outdoor lacrosse game!

On their first day at Balmoral Hall, students are placed in one of the four houses: Braemar, Ballater, Craig Gowan or Glen Gairn. Here at Balmoral Hall, Interhouse is a great way for students to express their house spirit, be a little competitive in a fun environment and spend some quality time with their friends in all grades of the school. This year, Interhouse activities ranged from outdoor lacrosse to marshmallow eating and everything in between. Every BH student found some event to participate in and helped their house get house points in the hopes of being the proud recepients of the House Cup trophy at the end of the year!

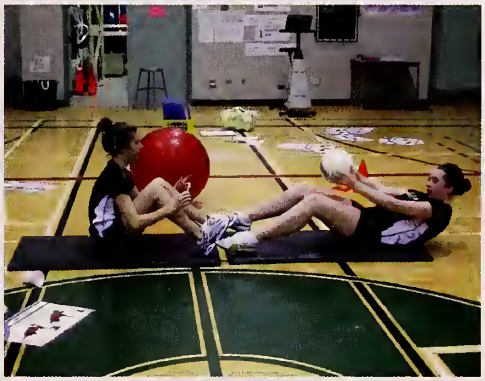
Craig Gowan students enjoyed playing lacrosse in the fresh fall air

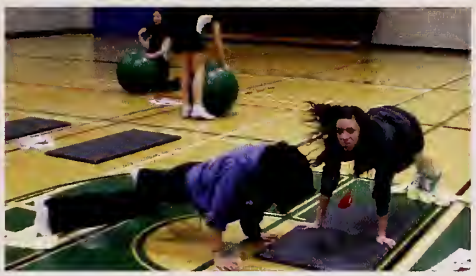
The volleyball game went over well with BH students

Blindfolded middle school students tried to find the marshmallow on a string

Kirsten Rogers and Jane Guberman showed off their Glen Gairn spirit!

And Physical Education





Prep Hockey Team

Left to Right Back Row: Julie Hayward, Paige Zaporzan, Larissa Martyniuk, Rikki Meileur, Ashleigh Brykaliuk, Haley Studer, Jayden Skoleski, Skye Kelly, Rebecca Babiak, Cassandra Taylor, Autumn Garnham, Darlene Sveinson
Front Row: Abby Ryplanski, Kailey Oxenforth, Jessica Carswel, Tess Houston (A), Steven Macdonald, Tori Williams (Captain), Anne Hedley, Cailey Hay (A), Alexandra Holowka, Samantha Dame, Chantal Lischynski

Coaching Staff
Head Coach: Steven Macdonald, Assistant Coach: Anne Hedley, Athletic Therapist: Julie Hayward, Sport Psychology Consultant: Paige Zaporzan, Health and Wellness: Darlene Sveinson, Goaltender Coach: Brent Zelenewich

High School Hockey

Back row left to right: Ryan Molloy, Mr. Williams, Sarah Hnytka, Breanne Fredette, Mackenzie Taylor, Megan Ross, Kelsey Saelens, Marikka Lee, Mr. Cook, Ms. Kirk

Front row left to right: , Kayla Karbonik, Kathryn Lukowoski, Michela Picklyk-Esposito, Rachel Dyck, Kaitlyn Sylvester, Ericka Muller Moran, Cody Anne Keith

Developmental Basketball

Developmental Basketball

Back row left to right:
Sarah Givoli, Ally Ems, Mary McKeigan
Claudia Venevongsa, MacGregor Goodman, Ana Podushkina, Jennie Pham, Perna Davis

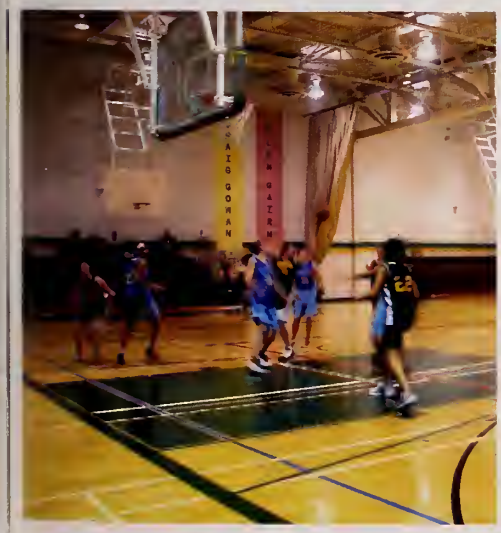
Front row left to right:
Morgan Dubyts, Dani Creighton, Sameen Kaviani, Chloe Balog, Taylor Maidment, Dani Moreau, Jenny Sikora

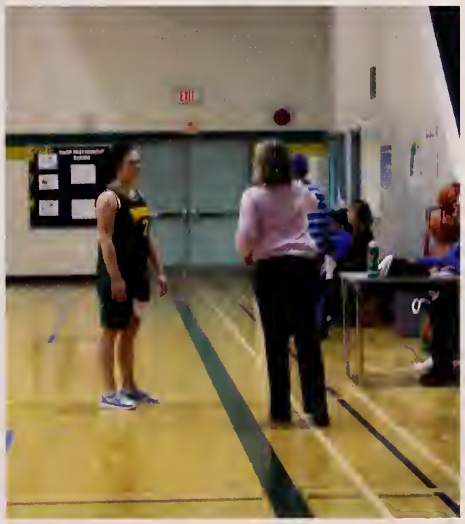
Missing:
Kailyn Strain, Daniela Daumler

Varsity Basketball

Varsity Basketball

Back row left to right:
Ashley Buckle, Simran Singh, Natalie Bennett,
Brittany Simmons, Bryanna Sherbo
Front row left to right:
Ramneet Sangha, Kennedy Maidment, Ms Wilkes
Missing: Tori Williams, Manujot Ratol





Track & Field & Cross Country

Cross Country Running
Middle School:
Daniella Daumler, Ally Erns, Chloe Balog, Mary McKeigan, Sarah Givoli, Anais Cassleman-Green
Senior School:
Gabby Balog, Noelle Verry, Stephanie Erns, Kaitlin McGill, Ashley Buckle, Bryanna Sherbo, Zubaida Al-Kashab

Senior School Track and Field:
Grade 9
Melisha Mendis, Alanna Flom, Mackenzie Taylor
Grade 10
Michelle Daeninck, Sam Moreau
Grade 12
Tori Williams, Chantal Lischynski, Rebecca Babiak

Middle School Track and Field:
Grade 6
Dani Creighton, Allison Hilliker, Dani Moreau, Sarah Givoli, Sam Machado, Katherine Burley, Taylor Maidment, Claudia Venevongsa, Morgan Dubyts, Jenny Skiora, Anais Casselman-Green
Grade 7
Ally Erns, Cady Pavaghandi, Julia Lee, Chloe Balog, Paris Musaphir, Daniella Daumler, Kailyn Strain, Kim Hurst, Sara Ali, Grace Perchaluk, Alex Chubaty-Boychuk, Sameen Kaviani, Mary McKeigan
Grade 8
Bailey Horn, Sophia Buler- Courage, Kathleen Kosior, Nicky DePape, Allison Sexton, Alex Tram, Rithikha Rajamohan, Cassidy Maidment, Kati Tabin, Ashley Allan, Miranda Baran, Lexy Mueller Moran

Volleyball

Junior Competitive Roster

Left To Right Back Row: Kathleen Kosior, Alison Sexton, Simran Roopra, Hannah Scott (Coach)

Front Row: Alex Trann, Kati Tabin

Missing: Ashley Allan, Sophia Buller-Courage, Nicky DePape, Cassidy Maidment, Kirsten Rogers

Developmental Volleyball Roster

Left To Right Back Row: Emily Thompson, Chloe Balog, Sameen Kaviani, Sam Machado, Katherine Burley

Front Row: Alex Blake, Allison Hilliker, Sarah Ali, Dani Moreau, Anais Casselman-Green, Taylor Maidment, Morgan Dubyts, Alex Chubaty-Boychuk, Ally Enns

Missing: Mary McKeigan, Kailyn Strain, Aliya Walji, Sarah Givoli

Varsity Volleyball Roster

Left to Right: Lauren Clavet, Haley MacMillan, Brittany Simmons, Julia Mann, Bryanna Sherbo, Natalie Bennett

Missing: Michela Picklyk-Esposito, Kelsey Saelens, Ravneet Sangha

Soccer and Golf

Senior School Golf
Left to Right: Josie Feltham, Sonja Li, Rebecca Babiak, Breanne Fredette and Kennedy Maidment
Missing: Shailyn Jensen

Senior School Soccer
Back row left to right: Julia White, Nicky DePape, Simran Roopra, Alex Tram, Elizabeth White, Kaley Oxenforth, Natasha Cobb, Cassandra Taylor, Alex Banfield, Layla Freig, Carmen Provinciano, Alanna Flom, Miss Akerstream.
Front row left to right: Sam Dame, Caley Hay, Tori Williams, Marikka Lee, Alex Holowka
Missing: Janelle Hill, Katie Eva, Gabriella Balog, Autumn Garnham, Rikki Meileur, Michela Esposito, Jessie McTaggart

Badminton & Ultimate Frisbee

Ultimate
Back row left to right: Bryanna Sherbo, Jadyn Flom, Kaitlin Robinson, Megan Clarke, St. Paul's participants, Carmen Provinciano, Natasha Cobb
Front row left from right: St. Pauls' participant, Maddie Maidment, Tess Houston, Tori Williams, Chantal Lischynski
Missing: Brittany Simmons, Megan Ross

Badminton- Senior School
Left to Rigth: Alex Turner, Eleanor Fascione, Bryanna Sherbo, Alanna Flom, Jadyn Flom, Mackenzie Taylor, Ravneet Sangha, Brittany Simmons, Tori Williams, Abigail Ryplanski, Mackenzie Tram, Sophia Cho

Badminton- Middle School
First row left to right: Ally Enns, Paris Musaphir
Second row left to right: Olivia Meier, Jenny Sikora, Alex Blake, Claudia Venevongsa, Sameen Kaviani, Kim Hurst
Third row left to right: Katherine Burley, Anais Casselman-Green, Alex Chubaty-Boychuk, Mary McKeigan Missing: Sarah Givoli

Curling & Rugby

Curling: Middle Row, Left Image

First Row: Kaitlyn Strain, Alex Turner, Gabrielle Warren, Kaitlyn McIntosh, Alanna Flom, Kaitlyn Scott

Second Row: Alexandra Enns, Eva Downey, Jocelyn Feltham, Samantha Moreau

Third Row: Natalie Bennett, Bryanna Sherbo, Stephanie Enns and Rebecca Babiak

Back Row (Coaches): Dr. DeBlonde, Mrs. Hill

Missing: Mary McKeigan, Yasmine Elzayat, Julia Mann

Rugby: Middle row right image
First Row: Rameet Sangha, Cody Anne Keith, Alex Turner, Natasha Comeau

Second Row: Morgan Rathwell, Anna Evans-Boudreau, Kathryn Lukowoski, Bryn Koehn, Natalie Bennett

Third Row: Cella Lao Rousseau, Kathleen Cook, Ericka Muller Moran, Bryanna Sherbo, Kennedy Maidment

Missing: Janelle Hill, Michela Picklyk-Esposito

Athletic Awards

Junior Varsity Athlete of the Year
Michela Pickyk Esposito
and Bryanna Sherbo

Varsity Athlete of the Year
Tori Williams

Graduating Athlete of the Year
Abby Ryplanski

Play It Again Sports Award of Merit
Michela Pickyk Esposito and Rebecca Babiak

This award of merit has been offered to recognize a returning Balmoral Hall School athlete who has demonstrated exemplary commitment to the BH community while playing on the Varsity or Junior Varsity hockey teams. The student must play on either the Varsity or Junior Varsity hockey team, be in good academic standing with a minimum 80% average, maintain involvement in at least one other sport at Balmoral Hall, and have active involvement in one or more leadership opportunities.

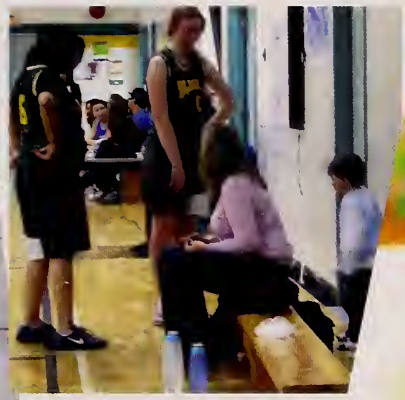
Honor of Distinction Participation Award
Tori Williams , Brittany Simmons, Natasha Cobb,
and Bryanna Sherbo

Athletes at Balmoral Hall earn participation points for any athletic activity that they participate in which includes participating, managing, coaching or refereeing sports teams. Their points accumulate each year to earn crests and plaques. The awards start with a small BH crest and work up to the honour of distinction plaque.

Middle School Athlete of the Year
Nicky DePape

The athlete of the year award is given to a grade 8 athlete who is selected by a panel of teachers and coaches. The award is based on the students' ability, coachability, number of sports played, leadership and academic standing.

Sports Collage



Balmoral Hall School's Athletics Program 2010-2011

Cross Country Running

The middle school team competed in 4 races and the senior school team competed in 3 races and provincials this year. Many of the girls had top 5 finishes in the races. The practices are always a lot of fun for all participants and this group continues to grow each year.

Golf

The team won the zone golf championship. The team also went on two outings to prepare for the provincial championships.
Breanne Fredette placed 1st in the tournament for girls and second overall.
Breanne Fredette competed at the Provincial Golf Championship and had the lowest female golf score.
She won the individual female provincial championship.

Golf Club

The golf club was introduced into the flex period schedule for all students grade 6 – 12. This year was an amazing year for this group, as many new golfers joined. Breanne Fredette volunteered her time to lead this club and with her expertise, really helped the girls improve their skills. Many more golf outings will be planned for new players to continue to build a program here at BH for years to come.

Volleyball

There were two developmental volleyball teams and they finished on a high note with many wins at the end of season tournament.
The junior competitive team finished 4th overall in league standings after losing in the quarter-finals of playoffs.
Varsity volleyball team had a building year with students from grades 9 – 11 on the team. An alumna, Erica Sidall was a magnificent coach for this team and the girls had a great season together.

Basketball

Developmental basketball team did extremely well in the developmental league, participated in a Junior Competitive tournament and won 1 game and lost 2 games. The team did extremely well at the developmental tournament.
Junior Varsity team had an excellent season with many close games. The team has a strong group of girls that will continue to do well at the Varsity level.
The Varsity team played an exhibition schedule this year and did fairly well in the standings. Although unable to compete in playoffs they would have most likely ended up in 7th place in the league.

Badminton

The middle school badminton team competed in the singles and doubles tournament. BH hosted a tournament and it was a very well attended.
The senior school badminton team did extremely well at the zone tournament. Although none of the players advanced to the provincial championships, many of the girls came extremely close or won the B-side of the championship.

/arsity Prep Hockey

ıis year the Varsity Prep hockey team once again made their presence known in the female hockey landscape finishing with 31 wins and 9 ties 57 games this season with never losing more than 2 games in a row, while twice recording unbeaten streaks of 9 games, capped with a his- ɔric win against the previously unbeaten NAHA, a first against NAHA in the history of BH. They finished with a bronze medal in the JWHL while ɜo winning the Eastman showcase, finalists in the Minnesota Thoroughbred tournament, as well as Semi-finalists in the JWHL Challenge Cup. This ɜason marked some milestones for the team, recording its 150th all-time win as well as the team scoring its 1000th all-time goal.

Junior Varsity Hockey

ıe JV Hockey team had its most successful season ever. With only 12 players on the roster, the JV team managed to finish second in the ɜgue standing with 16 wins and only 4 losses. In the playoffs, JV Blazers received a by through the first round and beat College Jeanne Sauve the second round of the playoffs. The league semi-final series against Oak Park proved to be one of the most exciting playoff series in league story, with each game going into sudden death overtime or a shoot out. The blazers won game #1 and lost game #2 with 1 second remaining overtime. Game #3 was known as "pack the plex" as hundreds of BH staff, students and parents packed the MTS iceplex to witness some eat hockey. The JV blazers ended up a little short, losing to oak park in shootout. The JV blazers made a record of 22 wins and 8 losses.

Curling

large group of girls participated in the curling season. There were so many girls and not all could compete in the zone bonspiel. Two teams com- ted in the zone tournament and unfortunately were eliminated by a strong team who went on to do extremely well at the provincial bonspiel.

Soccer

ıe soccer team had a great year and finished 3rd in the zone league play schedule. With only 1 loss and 1 tie, it was really too bad that they d not advance to the final Zone playoff game. It was a great season and a great group of girls.

Ultimate

tering the program's third season, the Blazers Ultimate tournament held tryouts to select 12 female players along with 9 St. Paul's players. ıe Blazers participated in the final provincial tournament. They faced some tough competition, but demonstrated a positive energy and enthusi- ɔm throughout the tournament. Overall, the team finished a successful season with a record of 7 wins and 8 losses. The spring also saw the ginning of an ultimate club open to all students in Grades 8-12. The Ultimate program continues to grow in popularity and skill.

Rugby

ıis is the 2nd year of the rugby program. The girls were extremely enthusiastic to move up from playing 7s to 10s this year. 16 girls were embers of this team. They won their first game but then went on to lose the next three and unfortunately did not make playoffs. The girls ally improved their skills and confidence on the field.

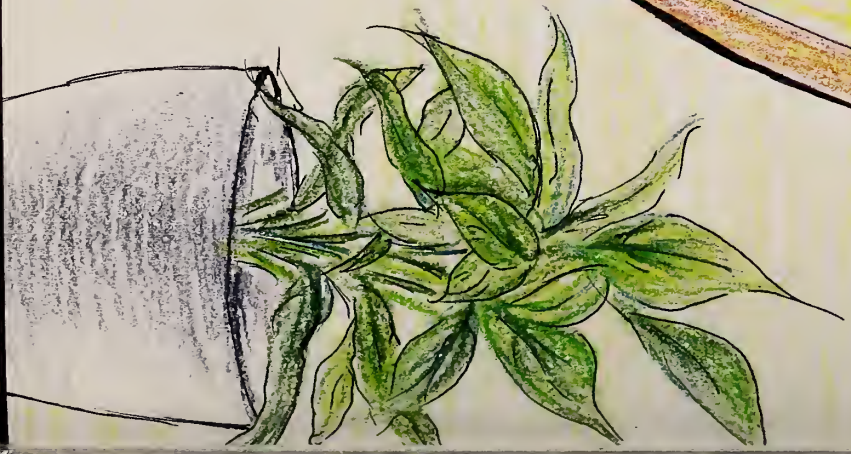
Track & Field

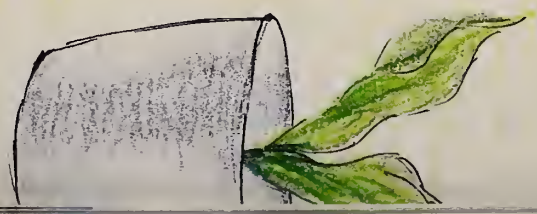
5 Grade 6, 7 and 8 students competing at the Knights of Columbus Track Meet on June 6th and June 14th.
x senior school students competed at the zone meet. A terrible day with high winds and rain the girls still came away with many top 5 fin- hes.

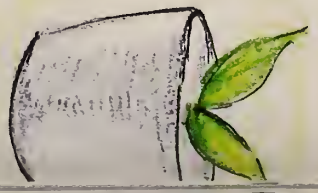
Running/Walking Club

ıis club is offered in the spring and was well attended until the stormy weather continued to fall on Wednesday's and Friday's. A change in this ɔb is that we have included walkers to the club. Many staff members at BH are regular participants in this fun group.

Community Service



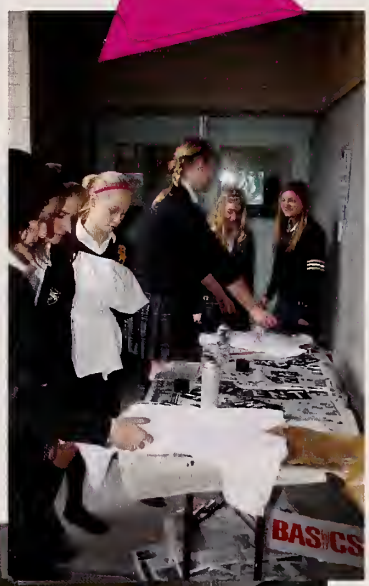


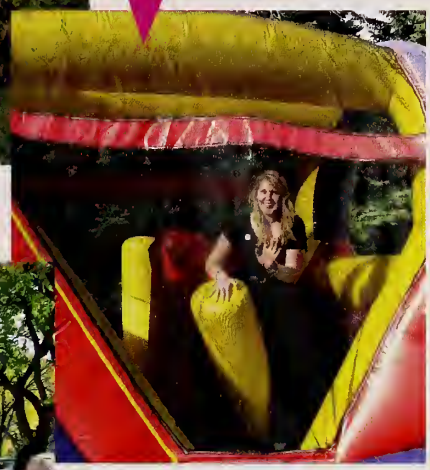


Community Service/Green Message

Community Service / Green Prefect
Hana Darrach-Cottick

As a lifer at BH, I can honestly say that it has been a privilege to be able to serve as Community Service and Green Prefect this year. For me, it has always been about the little things that make the earth a little more green. Little things like picking up trash, increasing recycling, and creating a composting system. This year, we focused on helping to make our earth a more beautiful place, one small action at a time. Over my 13 years here, philanthropy and environmentalism have grown to mean different things to me. As I grew up in the BH community, the possibilities for change became greater, so my focus shifted to include participating in groups like Youth in Philanthropy, where students come together to change the lives of people locally or Girls For The World where the focus is on global solutions. I have learned that no act of kindness, small gesture, or moment spent making the world a better place is wasted. I'd like to express my appreciation to all of you who participated in community service and environmental endeavors this year. It is my hope that you will all carry a spirit of philanthropy, global awareness, and environmentalism with you as we all go our separate ways into the world.
" With our love, we can change the world. " - George Harrison



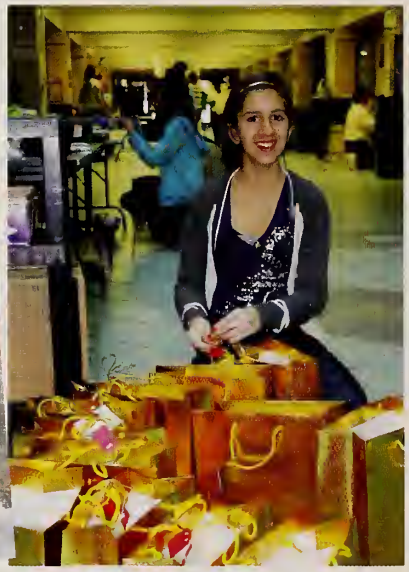


Day of Giving

This year's Day of Giving was special because we made gift bags for the residents at Misericordia Hospital. We then visited them and gave them the gift bags and sang carols for them. Music was playing in the hallways at school and we wore mufti for the entire morning! Each student was in charge of making three or four gift bags. We went from station to station around the atrium. We wrote and decorated letters, made a craft, and filled our bags with gifts like chips, oranges and note pads. We each made a card and pasted a letter inside. After lunch we walked over to the hospital and were assigned a certain unit. Mr. Quinn came around with his guitar and we sang for the people there. They loved it! Afterwards a few of my friends and I saw a man in his room without a bag, so we went over to talk to him. He seemed so lonely so we sang a few songs just for him. He wished us the best Christmas ever. I felt very peaceful on the way home that day, I will never forget how good it felt to make that man's day. By Miranda Baran

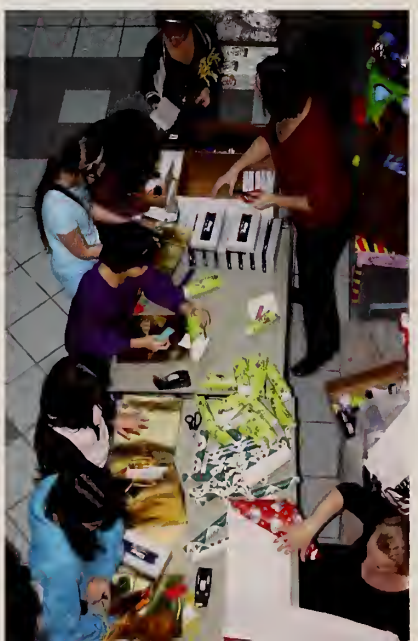
Alanna Flom, Simran Theathi, Gabriella Balog, Ashley Buckle, Jaclyn Flom and Lauren Zheng wrapped gifts at the St. Vital mall

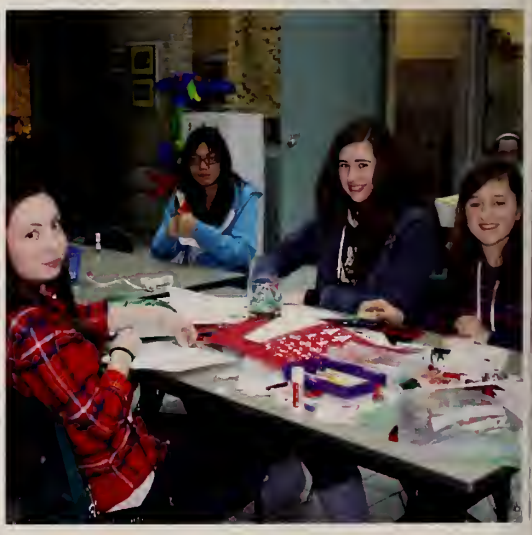
The grade 10s helped Dr. DeBlonde load the bus with food hampers



Sameen Kaviani prepared bags to take to Misericordia Place

The grade 8 students wrote letters and decorated cards for the residence at Misericordia Place





Holiday Party

The holiday party was a wonderful event spent with children from Mulvey School and Balmoral Hall. The day was full of arts and crafts as well as games with prizes and a musical performance by Biff and Chet! Students enjoyed making new friends and it was also a wonderful experience for the students and Prefects volunteering at the event. It was nice to see the two schools interacting with each other during the holiday season, because after all that is what the holidays are all about!

By Colleen Furlan

BH and Mulvey school students eagerly participated in the holiday show

Cailey Hay dressed up as Santa and handed out candy canes

Claire Venevongsa, Malaya Humeniuk, Breanna Roussin, Lucy MacDougal, Lauren King, and Sophie Schwartz had fun making reindeer puppets at the party!

Junior school students and volunteers were excited to high five the entertainers

Breanna Roussin took pride in making her craft

Kamal Dhillon assisted BH and Mulvey school kids with their crafts

Orphanage Outreach

Kirsten Nicholson brought a cheery smile to the classroom

Bryanna Sherbo spent time working with the children in the community

Kathryn Lukowski and Kaitlin McGill had fun during the hike

2011 Orphanage Outreach Participants

Lauren Peake, Natasha Comeau, Anna Evans Boudreau, Halley MacMillan, Ericka Muller Moran, Alessandra Turner, Lois McGill-Horn, Abby Ryplanski, Kathryn Lukowski, Kaitlin McGill Carmen Provinciano, Bryan Williams, Bryanna Sherbo, Tess Houston, Kathleen Kopp, Carleigh Balciunas, Kirsten Nicholson, Bacall Dubison Dodge

From May 14 to 21st, Balmoral Hall took a trip to The Dominican Republic with the Orphanage Outreach organization. There were a total of 17 students from grades 10 to 12, along with Mrs. McGill-Horn and Mr. Williams. There, they volunteered in an orphanage and taught English at a local school. Not only did they volunteer their time, they experienced the culture of the Dominican Republic as well. They had the opportunity to attend a local church and even got to climb the near by mountain, El Morro. Over all, it was a great opportunity for the girls of Balmoral Hall and they brought back memories and experiences they will never forget!
By Abby Ryplanski

Dominican Trip

Grade 12 students, Kirsten Nicholson, Abby Ryplanski, Tess Houston and Carmen Provinciano spent a moment to take in and enjoy the Dominican scenary

Haley MacMillan made a new friend on the playgrou

Tess Houston taught a preschooler her numbers

Kaitlin McGill gave students the thumbs up for their success in the classroom activity

The gift of friendship.. a willingness to listen.
a pair of helping hands.. a whisper from the heart.
That someone cares and understands."

Girls for the World

Hana Darrack-Cottick helped make the shirts

The girls from Girls for the World took part in the "Vow of Silence"

"I AM SILENT" shirts were made for all the girls involved

Chantal Kreviazuk spoke to girls about the organization War Child

Marc Kielburger shared his adventures with Free the Children

Mrs. Kamins and Mr. Richardson thanked Marc Kielburger for presenting to Middle and Senior School

23 Hour Famine

The girls did yoga after a long day of no food lead by Keith from Free the Children

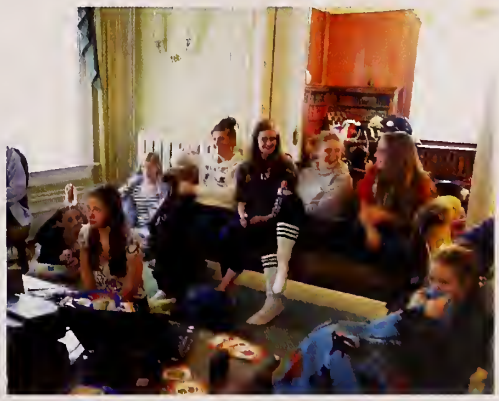
Two representatives from World Vision One shared their experiences with us

When the night started, we chatted with two representatives from World Vision. One of them told us about his experiences in developing countries and how he helped to make a difference. Later we went to Alkins house, watched Blood Diamond and played games. We counted the donations we received, which was over 3,000 dollars which was then matched by 10 dollars to every dollar we raised by Free the Children. We then Skyped with Free the Children and talked about what they are doing in different countries and how we can get involved. Keith and Renée came and shared more stories with us about their travels, and they also shared some new songs. To end the evening, Keith led us in some very relaxing yoga. In the morning we all went and got a very appetizing breakfast from the cafeteria. This was a great way to raise awareness about hunger and starvation in developing countries. Good job girls!

The girls learned a lot from a representative of Free The children

Everyone was excited to eat in the morning after the sleepover

Keith and Renee sang songs before bed



The YiP committee was proud to call it a good year of hard work

YiP

Youth in Philanthropy is a program that was launched by the Winnipeg Foundation in 1999. Its goal is to both encourage philanthropy in youth, and allow them to give back to the community. Each year, school YiP committees are given a dollar amount to allocate to Winnipeg charities as grants. This year, as always, we began by creating a mission statement for the year. This year, we defined our group as "A group of young women dedicated to creating positive change and building a united community that benefits all walks of life". We then split ourselves into values groups based on what we are most passionate about. This year those groups were: Plants and Animals, Inner City, Immigrants and Refugees, Addictions and Disabilities, Poverty and Homelessness, Youth, Sports, and Recreation. We then chose charitable organizations to visit based on these values groups. After visiting the charitable organizations, we had to make the tough decisions of which charities to give grants to. After some debate, we decided to grant $5, 370 to ten different charitable organizations. This year our donations went to support such diverse needs as veterinary bills for two pet shelters, activities for two inner city youth summer programs, two after school programs for youth, the creation of a life skills program for women, cribs for residential development and a street outreach program. 2010-2011 was an incredibly successful year in YiP. Thank you for all your hard work, YiPpers!

Hana Darrach-Cottick
YiP Student Chair 2010 - 2011
Community Service/Green Prefect 2010-2011

Kamal Dhillon watched the presentations with Mrs. Shyka

Hana Darrach-Cottick and Elizabeth White represented the Balmoral Hall YiP committee at the conference

April 12, 2011

Jason Neufeld
Program Director
Resource Assistance for Youth
125 Sherbrook Street
Winnipeg, MB
R3C 2B5

YOUTH in PHILANTHROPY
A PROGRAM OF THE WINNIPEG FOUNDATION

Dear Mr. Neufeld,

On behalf of Balmoral Hall School's Youth in Philanthropy committee, we are pleased to advise you that Resource Assistance for Youth has been selected to receive a grant from our committee and The Winnipeg Foundation. This grant, in the amount of $ 1000, is to be used to go towards the food program, for the purchase of laundry detergent, for field trips, and for bikes for the Street Outreach program.

We would like to take this opportunity to invite you to the Youth in Philanthropy Celebration. This event brings together all of the students and grant recipients who took part in this year's program. The event is at 7:30 p.m. on Tuesday, May 10th in the Celebrations Theater at CanadInns Fort Garry, 1824 Pembina Highway. Please RSVP to Joanna at The Winnipeg Foundation by phoning 944-9474 or e-mailing info@wpgfdn.org by May 5th. See below invite or attachments for further information!

We look forward to seeing you there!

Sincerely,
Kamal Dhillon, Morgan Rathwell, Alex Turner
Youth in Philanthropy Committee, Balmoral Hall School

Elizabeth White, Halley MacMillan and Ashley Stedman enjoyed watching the presentations

The YiP committee brainstormed on which charities would receive our grant money

Joanna Fultz, a YiP co-ordinator with the Winnipeg Foundation, educated the girls on YiP

Green Club

Bag Drive

Hana Darrach-Cottick led the e-waste drive

Food Drive

This year, a new club was formed by the senior school Community Service and Green Prefect. Students from grades 9 to 12 signed up to participate in this club, which was centered around helping the environment and more importantly raising awareness about the capabilities that Balmoral Hall students and staff have in terms of making more globally friendly choices. "Green Club" became the appropriate name for the club because of its members' efforts to helping the environment and creating a "greener" school. Throughout the year, Green Club was involved in a variety of events such as the bag drive, composting cafeteria food and earth week. This group contributed many new options for BH students to live a "greener" life. By: Ashley Buckle & Simran Singh

Angel Squad
Special Thanks to our Sponsor
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FOUNDATION
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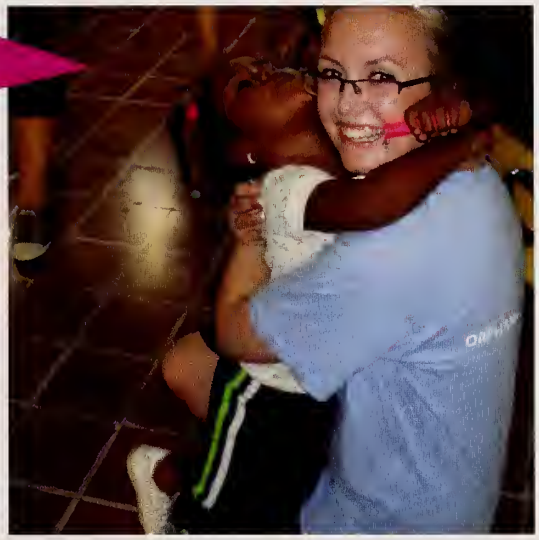
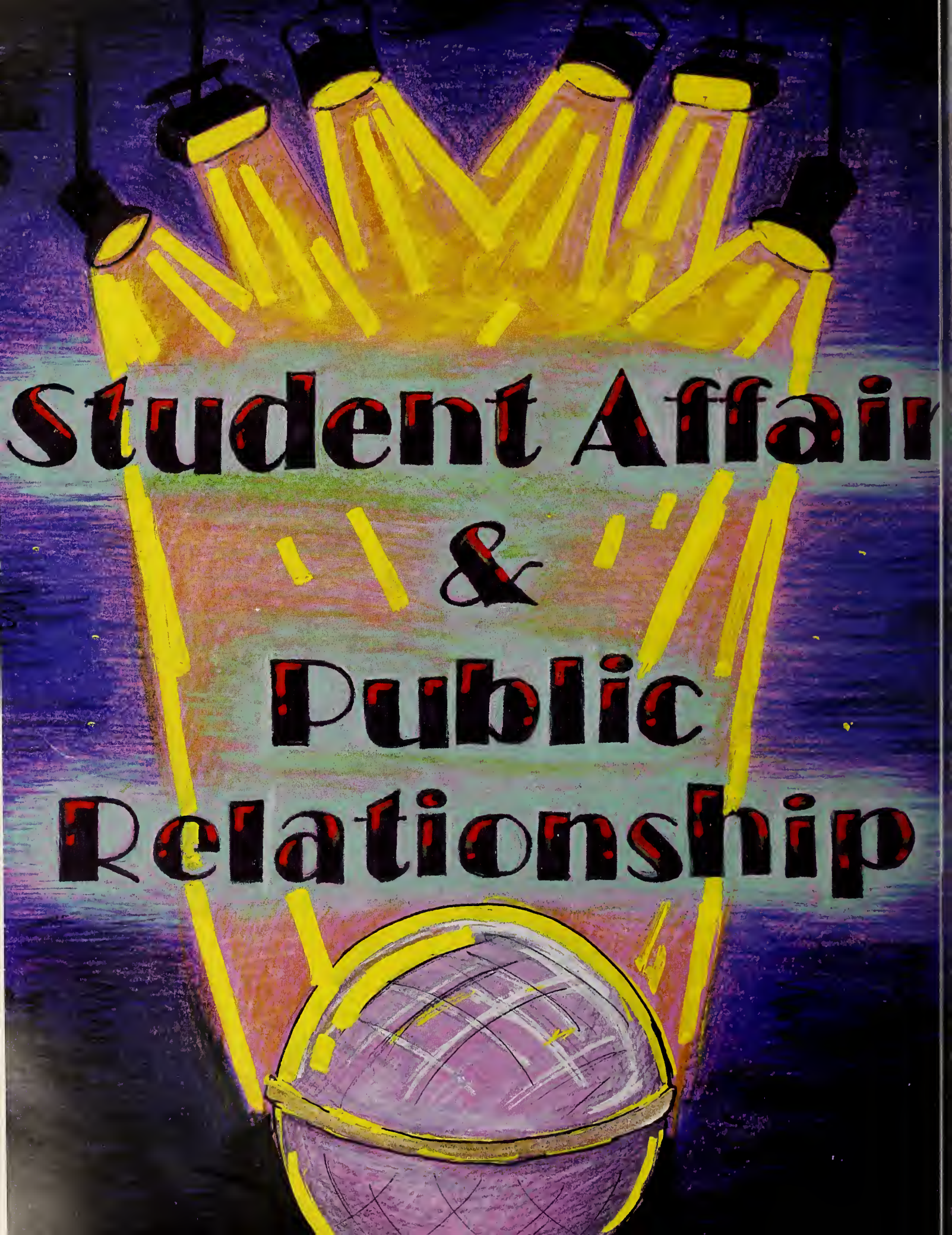


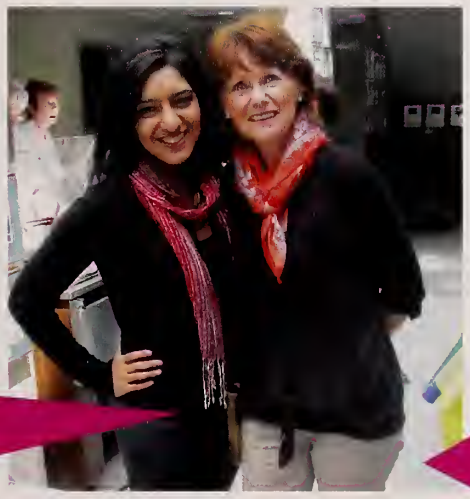
Student Affair & Public Relationship

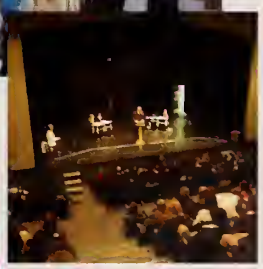


Student Affairs Prefect Message

Student Affairs Prefect
Kamal Dhillon

I am so incredibly happy that I had the unbelievable opportunity to be your Student Affairs Prefect this year! I was so excited to be a part of executive student council and knew that, although it would be a lot of work, that I would have the time of my life doing it! One year later, I am still having fun and recognize that this has been one of the most rewarding experiences of my life thus far. I am so glad this year to have helped Mrs. Smith and the other debaters show what talent is at Balmoral Hall when it comes to public speaking and debating. I truly believe that these are life skills that everyone should have the chance to capitalize on and am so proud that Balmoral Hall emphasizes and supports the debating program. The debaters were incredibly successful this year and accomplished much – we traveled all over the country to compete in national and international tournaments, we hosted two tournaments at our school, created a competitive debate class after school and even held our own Teacher vs. Student debate! I'm so happy to have been a part of it all and I sincerely hope that the debating program stays strong and that more students decide to further their involvement with debate and realize their public speaking potential. Live, love, debate! – Kamal Dhillon





Debating and

Morgan Rathwell, Breanne Fredette, Ashley Buckle, Ella Thomson, Jadyn Flom, Kamal Dhillon and Kady Evanyshyn debated in Balmoral Hall's Rupert's Land Tournament. All debaters placed exceptionally well and the tournament was a huge success! Thank you to Mrs. Smith for all of her time and hard work and to all of the volunteers who helped make the event possible

Jadyn Flom placed 2nd overall individually at Asper Cup

Ella Thomson placed 7th overall individually at Asper Cup

Dana Tomchyshyn, Jadyn Flom, Kady Evanyshyn and Cristina Mace competed in the Douglas Campbell Public Speaking tournament

National tryout competitors

Junior debaters

Oxford Cup in Toronto

Public Speaking

Jadyn Flom and Ella Thomson seated with Kirstin Solmundson and Katherine Burczynsky from St. Mary's Academy at the National Debate Tournament in Halifax

Ella Thomson, Anna Evans-Boudreau, Morgan Rathwell and Jadyn Flom competed in the McGill high school debate tournament in Montreal

Ella Thomson at the National Debate Seminar held in the North West Territories

This year was very busy for debaters and public speakers. October started off a chain of provincial, national and international tournaments. These events challenged our BH debaters as they went up against fierce competition to try their hardest, learn new skills and meet new people. This year debating took us across the country, with debaters traveling to tournaments in Toronto, Ottawa, Halifax, Montreal and the North West Territories. Kamal and Mrs. Smith worked very hard to organize two wonderful tournaments, as well as a fun filled student vs. teacher debate with the resolution, "BIRT that love brings out the best in us". Our junior debaters also had an excellent year and attended several provincial tournaments. All of the debaters would really like to thank Mrs. Smith for all of the hard work that she's done. She really made the year worthwhile and we couldn't have done it without her! By Ella Thomson and Jadyn Flom

The four Manitoba teams who competed in the Oxford Cup in Toronto

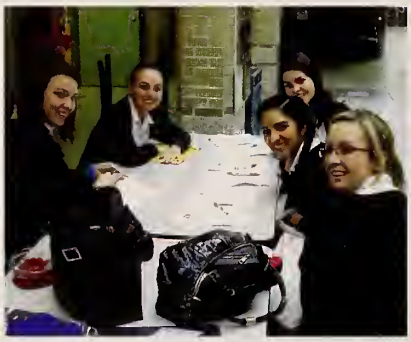
Ella Thomson, Ashley Buckle and Jadyn Flom will be competing in the International Independent Schools Public Speaking Championship in Vancouver in the fall

Morgan Rathwell, Kennedy Maidment, Jadyn Flom and Ella Thomson competed in the Asper Cup tournament held at Gray Academy

Public Relations / Grad Message

Public Relations / Grad Prefect
Adrianna Militano

It's crazy how fast time flies. It seems like just yesterday we were at opening assembly, and not far behind that was the start of grade 9. I have absolutely loved being your Public Relations and Grad Prefect this year, as well as being a part of executive council. To my fellow council members, I know we didn't always get along and absolutely drove each other crazy at times and if nothing else my emails drove all of you crazy, but you are all fantastic, each and every one of you. I can't think of a better team to have planned the 2010-2011 school year with. It would not have been the same without you. Now to the class of 2011, the best group of girls I have ever met. You all mean the world to me and my many years of BH would not have been the same without you. Good luck to everyone next year, and remember to make all your memories at BH count! XO Adrianna

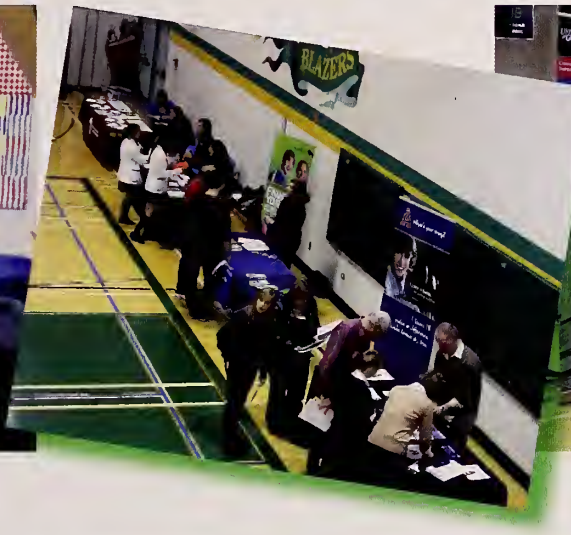


University Fair

A birds eye view of the University Fair, filled with students and parents visiting the featured universities and their booths

The university fair was held on November 4th in the Richardson Athletic Center at Balmoral Hall. Universities from across Canada came to share information with students. The different booths were filled with information about the exciting variety in programs that the different universities have to offer. Representatives from the different schools came prepared with information about admissions, costs, course selection and residence. In addition, many universities offered sessions to provide further information to potential students. This evening provided invaluable insight about the future to the many graduates that were in attendance, as well parents. Overall the university fair was a great learning experience for all of the grads and parents who attended!
By Adrianna Militano

Kirsten Nicholson and Kamal Dhillon both had the chance to learn more about University of Calgary's brand new Education program



Hannah Darrach-Cottick visited many of the universities that are known for their strong science faculties

Adrianna Militano took the opportunity to visit as many Ontario based university booths as possible

Katrina Leong and Dawn Tse were two of the many grade twelves who visited University of Waterloo's visitor booth

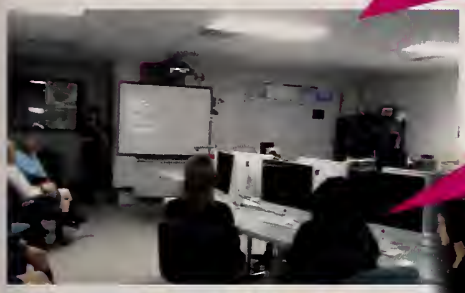
Elizabeth White had her sister, Julia in grade 9 accompany her on this informative evening to get a taste of the university experience

ALMANAC

Alumnae Message

Alumnae Prefect
Ashley Stedman

Being the Alumnae Prefect for the 2010-2011 school year has been an amazing experience! This year, many BH students were able to connect with numerous alumnae during flex period and at after school presentations, where their knowledge and expertise in their various career fields was showcased to eager students. I was proud to see the accomplishments of our very own alumnae, as they are truly inspiring to those of us who are looking forward to fulfilling our own career aspirations. I am so glad I was able to represent the graduating class of 2011 and I cannot wait to reunite and reconnect about our accomplishments in the future. My time at BH will always have a special place in my heart, and I will forever cherish the amazing experiences I was able to have as the Alumnae Prefect.



Home for the Holidays

Lisa Koss BH '04, Mrs. McDonald and Maria Schultz BH '04 talked about memories from Spanish class

Alana Miller BH '98, Mrs Friesen, Ashley Stedman BH '11, Ginny Lechman and Mrs. Greenhill were laughing about their fun times at BH

The graduated students shared memories from their old school days during Home for the Holidays

Attending this year's Home for the Holidays was undoubtedly a memorable experience. Held in Aikins House, this event featured a raffle prize and a wide range of appetizers. Alumnae of various years were in attendance, coming back to share life experiences or simply reunite with old friends. Watching the Alumnae embrace each other and past teachers helped provide perspective regarding the strength of relationships formed at Balmoral Hall. In fact, I was fortunate enough to make connections with an alumna that I can follow up on as we bonded over common interests. The atmosphere of this event reflected excitement and enthusiasm and I would encourage all of this year's graduates to attend next year.

By: Ashley Stedman (Alumnae Prefect 2010-2011)

Every Christmas I make a point of coming back to BH for Home for the Holidays. It is the one time of the year where I get to catch up with my former teachers and classmates that I don't otherwise get to see. Not only is it great to see everyone, but it is also really interesting to see how the school itself has changed - how our English classroom has been turned into a dance studio and that now there is a statue in the middle of the atrium. I am already looking forward to the next Home for the Holidays and the chance to reconnect and reminisce with the other alumnae about our time at Balmoral Hall. By Lisa Koss BH 2001

Mrs. McGill Horn took the opportunity to listen to the alumnae talk about their past BH experiences

Hillary Moir BH '02, Amanda Aldous BH '02, Cindy Hnatyshyn BH '00, and Ms Fulton reminisced about the changes and memories

Mr. Kerr, Kate Langrell BH '07, Airyn Lancaster BH '07, and Nora Fine BH '08 had a great time at Home for the Holidays

Alumnae Hockey Game

During shift breaks, the teams entertained the crowd by singing to the music

Coach Steve MacDonald gave the players their team instructions

Regan Boulton, Tatiana Rafter and Kristin Cockerill always the life of the party

As our new and improved "mature" selves progress through university and college hockey, it is sometimes tempting to want to revisit the way things used to be. Over the past holiday season we were given the opportunity to return to those good ol' Blazer days! December 21st saw the alumni, current and graduating hockey players aggregate at the MTS Iceplex for a friendly game of hockey. We all got divvied up into several small teams (with some very creative names) and played a mini-tournament. Some of the prizes given out afterwards were best goal celebration, winning team and rotten apple team. With Christmas music, pizza and of course, Mrs. Gariepy herself, the day was complete. It was fantastic to meet the current players and of course catch up with former teammates and teachers. The "Gariepy Cup" is a tradition that has been bringing the BH hockey family together over the holidays for four years now. Mrs. Gariepy was an integral part of the Balmoral Hall experience for myself and the other hockey girls. We spent many a lunch hour (and sometimes classes) in her office visiting. She was our official "school mom," and I'm sure she was glad to get to cheer for us old gals again. It was a warm and familiar way to spend a wintery December day and I look forward to seeing everyone at next year's event!
By Kristin Cockerill BH09

Kailey Oxenforth, Rachel Dyck, Cailey Hay and Tess Dusik

Megan Dufault and Taylor Vandenaaker came back to prove they "still got it"

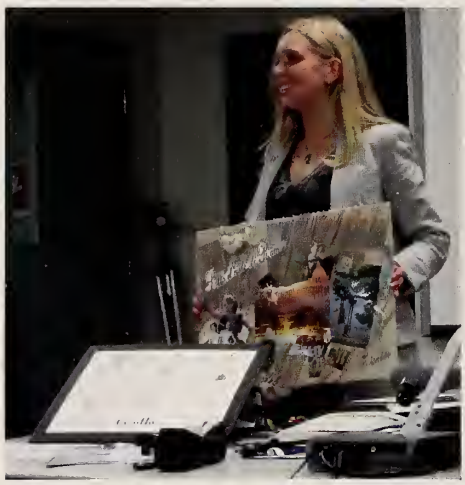
Player gone goalie, Kaitlin Sylvester held up to some tough shots

Talia Joundi, Erica Siddall and Talia Giodjo came back to support their friends from the stands just like the Good Ol' Days

Alumnae Give Back

Vanessa Heron pursued the Fashion Design and Communications program at Ryerson University in Toronto after graduating from Balmoral Hall in 2004. The education at Ryerson University as well as internships with designers such as Sunny Choi and David Dixon provided Vanessa with well rounded skills needed to successfully prepare for the intense, fast paced and exciting world of fashion. After graduating in 2008 with a Bachelors Degree in Fashion Design, Vanessa came home to Winnipeg where she was hired at Western Glove Works (the jean company) as a Product Developer. Six months later, the company which is most well known for their Silver Jeans Co. jeans, offered her a position in the design department assisting to design for the private label brand Boothee! Trading Co. by Sheryl Crow and 1921 Jeans. Today Vanessa is one of six designers working on some of the best jeans in the business.

Ashleigh Sprange shared the decision making process that she used in high school to decide her career path as well as her initial experience at university and her experience later when she returned to Medical School at The University of Manitoba. Ashleigh also spoke to the students about the athletic therapy program and careers involving it.



The UMSATS Business Team came to present on today's developments in space exploration, space research and to discuss the Canadian Satellite Design Challenge (CSDC): Promote education, excellence, research, development, and space capability in Canada; Inspire young students to pursue science and engineering educations and careers; Build space mission co-operation between universities and industry; Promote awareness and understanding of satellites, their applications, and their benefits to the Canadian public.

BH Alumnae Kristin Cockerill and Michelle Pawluk came to Balmoral Hall to speak to elite athletes regarding Participating in Athletics in University. Kristin and Michelle were key players on our prep hockey team while they attended BH. This presentation was a good chance for participants in any sport to get an idea of university life while playing on a team, traveling, taking courses and maintaining a social life. All the girls found their presentation extremely interesting and informative!

Vanessa Mancini is a graduate of Creative Communications at Red River College (2010) and the University of Winnipeg with a Bachelor of Arts degree in Theatre & Film (2008). She has worked as a radio announcer and producer, in marketing, promotions and as a freelance designer. She currently works as a Marketing and Promotions Coordinator for an independent publisher, Signature Editions, and as a promotions assistant, copywriter and producer at Bell Media Radio Winnipeg.

Kyla Caners, BH 2004, graduated from the University of Manitoba in 2007 with a Bachelor of Science with Distinction. She recently finished her final year of medical school at the University of Manitoba. In July, she started residency training, specializing in Emergency Medicine, at McMaster University. During medical school, Kyla became the Children's Hospital Representative and Academic Representative for her class. She was also chosen to serve on the Faculty of Medicine Professionalism Working Group. Kyla brought experience as an instructor for an MCAT preparatory course as well as experience in the medical school interview process to this presentation.

Alumnae Visits

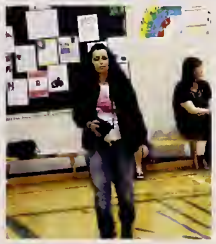
The Class of 2000 celebrated their 10 year reunion at the end of July with a slide show presentation in Aikins House, a tour of the school and a casual get together to share memories. It was a great opportunity to visit with former teachers as well.

In October, 2010, Chantal Kreviaziuk returned to speak to students about her philanthropic efforts and also performed a song with the senior choir.

Three fortunate BH students traveled to the University of Western Ontario in London, Ontario to participate in a Case Competition at the Ivey School of Business. I am a third year student at UWO planning to graduate from the School of Kinesiology. I was fortunate to sit down with the girls on campus and share my university experiences. Ultimately discussed the importance of being prepared. I was told in high school that I would have to stay on top of my studies and read ahead on my schoolwork because there is significantly more material to cover in University. I can honestly say, it didn't hit me until I was put in the difficult situation in first year balancing everything from living on my own, doing laundry, making meals, extra curricular activities and most importantly, school work. As high school students, we had heard it all before! It seemed overwhelming at first, but the independence and satisfaction of receiving an 'A' on your paper is more gratifying than anything else.

High school is still the stepping stone. Make sure to keep your options open with regard to high school course selection because you will change your mind a dozen times. Be mentally prepared for a few letdowns and disappointments; university is not easy, and does require you to work hard and give it your all. I think whoever said high school is the best time of your life is wrong. University has enabled me to mature into the young woman I am today. My Balmoral Hall education gave me the tools to Believe, Achieve and Succeed. So now, I am having the best time of my life! By Jenna Brown BH'08

Home for the Holidays is a great reunion for recent alumnae. Stephanie Webster BH'10, Shelby Szarko BH'10, and Victoria Taylor caught up with Mrs. Greenhill and Mrs. McGill Horn about how their first year at university went



Claudia Muller Moran came back often to help with Grandparents Day, Panel Interviews, the sponsorship committee for Yes, She Can and more!

GRAD

Valedictory Address

Thirteen years ago I stood up on this stage to receive my first promotional certificate into Kindergarten. It was my official induction into the BH family and I both excited and unsure of what I would face over my next thirteen years at Balmoral Hall. Today I once again stand on this stage thirteen years later, and probably not much taller, to receive my fourteenth and final promotional certificate from Balmoral Hall. My ticket to leave my BH family and start my journey into the real world again excited yet unsure of what to expect. Many people know me as the girl who has five sisters, well the truth is it feels like I have 45 sisters. We've laughed together, cried together, hopped fences together, and have even had some pretty sister like fights, but no matter what at the end of the day we know we are family and we know that no matter where our lives may take us we will always be there for each other. It is a scary thought to think that today is the last time we will all be together in the same room. And it's an even scarier thought to think that after today we officially start our new lives as high school graduates. Today like many situations we will be facing within our own families it is time for us to start our new lives, leave our BH family and say goodbye. However, we graduates cannot take all of the credit for our experience at BH.

Fellow students we commend you for putting up with our grade 12 chaos. For going an entire week without stapled or hole punched papers, for taking part in all of our activities, for laughing at us prefects even when we weren't funny. Without you our grade twelve year would not be as memorable. Over your next years try everything BH has to offer, and be proud you go to a school where you can try those things without being judged or labeled. Join Reach for the Top, perform in the musical, and enter in a debate competition; continue to break through. Thank you to the grade tens and elevens who spent hours making our beautiful dolls and for all of your efforts in making our doll assembly one of our most treasured memories at BH. Grade elevens please take our advice when we say that grade twelve goes by faster than any other year at BH, so embrace every day and try to get to know everyone in your grade. Treasure the friendships you have with your class mates because they are the ones that know you best and will always be there for you.

Thank you to the teachers, you have all been more than educators; you have been role models, and friends; you have shaped us into the successful and independent girls we are today. You have truly gone above and beyond your duties as teachers. Not only did you sacrifice countless early mornings, preps, lunch hours, and even after school time to make sure we understood the curriculum but you also sacrificed many early mornings, preps, lunch hours, and even after school time to let us vent to you what happening in our lives, and constantly interrogate you about what's happening in yours. You have taught us everything from how to read binary code, how not to wear sunglasses outside all day in the summer, showed us the Ms. Akerstream shoulder dance, gave us the courage to read Shakespeare out loud in class, and even taught us how to cope with some of the most difficult times in our lives. You, more than anyone, have seen us fail, have seen us go off track, but you have helped us get back up and have helped us succeed in ways we never thought possible. It's a difficult task to make students excited to wake up and go to class every day, but it's something that you as teachers have accomplished. You have all made such big impressions on our lives and we will never forget the efforts that you put in to ensure our success. As Erma Bombeck once said, "Graduation day is tough for adults. They go to the ceremony as parents. They come home as contemporaries. After eighteen years of child-raising, they are unemployed." Parents without you none of this would be possible. We would not have had the privilege to be taught by such amazing teachers, and we would not have had the opportunity to meet all of the wonderful people that make up the BH family. Thank you for driving us to school early in the morning for sports practice, and for picking us up late from our first dance. For risking your lives while we we're learning how to drive, and for sacrificing countless hours relearning math, baking for our bake sales, and helping us find the perfect grad dress. You have watched us grow from five year olds with dreams to one day be a princess, a teenager or in some cases a cat. You have raised us through our moody confusing middle school years, you guided us through our early high school years, even when we thought we didn't need it, and it is clear that all of your hard work has paid off and is present today as a group of forty six beautiful and independent girls that truly have endless opportunities to embrace. We can't thank you enough for supporting us throughout this journey and for bringing us all together through BH.

I think I speak for everyone when I recognize that we have a truly unique grade. All of us are so different from one another yet we have managed to become so close over the years. We will forever remember eating the honey suckles off of the forbidden bushes, the coloured ice crystals that we fought over in the winter, playing Harry Potter at recess, ski trip dance parties, the excitement of perogy day, the girl who brought up the gum policy at a full school assembly, emotional nuggets, the thrill of coming to school on our grade 12 only mufti day, and the embarrassment when we all had our uniforms at school to change into immediately after we were told to change. Of course there was that time Katie fell fourteen feet off the roof. I could not feel more privileged to be a part of such an amazing graduating class. I am not sure if the rest of you are all aware of this, but you are sitting amidst the greatest future politicians, Olympic athletes, movie directors, pop stars, doctors, teachers, gaming designers, journalists, engineers, CEOs, lawyers and if any of those careers fail to materialize we know that each of us has a bright future in hijacking staplers and hole punchers or valet parking.

I would like to leave the graduating class with an Irish Blessing that we recited at our grade five graduation that has stayed with me over my many years at BH.

May the road rise up to meet you
May the wind always be at your back.
May the sun shine warm upon your face,
and rains fall soft upon your fields.
And until we meet again, May God hold you in the palm of His hand.

Congratulations class of 2011 ~ Farewell

Head Girl, Madison Maidment

Rebecca Alexander

Rebecca, these past couple of years have been amazing, and filled with so many incredible memories. You are absolutely the sweetest girl we've ever met and you make everyday fun and hilarious. From your sailboat t-shirt to your insane road rage, love for dubstep, bright blue eyes, talent for yoga, messy car, and your perfectly written Chemistry study notes, we love everything about you, and we're gonna miss you next year when you're away being all smart and stuff. Come visit us so we can drive around the perimeter, get booster juice, drink wine, rap to Chris Brown, and stay starry eyed forever. Please never forget us and the amazing memories we've made, we are so lucky to be able to call you our friend.
Love, Cara, Amanda, Cella, Carleigh, Marikka, and Lauren

Carleigh Balciunas

Carleigh, Carl, Ray Carls. Well we did it and look how far you've come. You started off the smallest kid on the playground, to the self-proclaimed awkward preteen, to the beautiful woman you are today. When we look back at our time, our best memories are with you including our weekly trips to ESP to hang out and of course your massive truck that we cruised in all the time blasting music. You're an amazing person and a true friend to us all. You are always there if we need you to provide us with love, support or a good laugh usually with one of your stellar creepy faces that we all have thousands of on our computers. Basically, we love you and you are "something like a pimp, nothin' like them other fellas".
Good luck in the future, you're going to be something amazing.
Love, The Wolfpack (Rebecca, Cara, Cella, Amanda & Lauren)

Jessica (Jess) Carswell

We've been friends for about two years now. I am so glad that we had the opportunity to become as close as we have. You are such an amazing person, you're incredibly intelligent, funny and a superstar on the ice. We have made so many amazing memories in high school. I am so excited to go to the University of Manitoba with you next year, hopefully we are in some of the same classes. I am so proud of you for making the Bisons, you are really going to bring something special to that team. High school is now over, and it's time for you to begin the rest of your life! You are going to go so far in life! Shoot for the moon because even if you miss, you will land among the stars.
I love you! Goodluck in the rest of your life! Love Kailey!

Paige Chadsey

Paige, We are so lucky that you ended up in Winnipeg for our high school years. The memories we have shared with you are unforgettable. From weekends up at VB, shopping trips, sleepovers, late night karaoke pouring all of our emotions out to one another, laughing hysterically at 3 am and taking hideous pictures that we knew would end up on facebook, we wouldn't have it any other way!
No matter how far away any of us may be, we will always find a way to get together and share many more memories. We will love you forever!
"When it hurts to look back and we're scared to look ahead,
we can look beside us and our best friends will be there"
Love, Chloe, Colleen, Megan

Chun-Jung (CJ) Chen

CJ! We made it to the end! Thank you for your delicious food and the support that you give me! I am going to miss you so much, mostly the food (just kidding). I'll remember every memory that we have gone through. No matter what I'll always support you and be your listener, or else. Thank you for being such a good friend and listener for me. I miss you so much and I love you so much too! Wo Ai Ni! I'll see you in Taiwan/Hong Kong! Keep in touch! Love, Dawn

CJ! I still remember how we study until 11 or 12, the noodles that you cook for Dawn and me. It was the best noodles in the world. I will never forget your music in the morning and sometimes in the afternoon. You should not forget how our room toilet used to have so many problems. Sound of water dropping, loud shower sounds. Thanks for being such an amazing roommate and classmate, and friend. I will never going to forget you. Good luck in Waterloo, and wish you the best. Love roommate, Sonja

Megan Clarke

Dear Megan, Whenever we are with you it's a guaranteed good time. From whizzing down mountains on ski trip, listening to your awesome tunes in the car, going to Kings with you to pick out snowboards and backpacks and getting Amp at all hours in the night, we've truly made some great memories with you. We love your laid back attitude and know you will go far because of your passion and drive for everything you do. We wish you all the best and we know that wherever you are we will always be the best of friends. We can't wait till you are a famous snowboarder so we can say we knew you in high school and also have front row seats at the olympics! Megan, we know you love traveling and we'll meet up with you along your journey, but don't forget you're a Manitoba girl at heart.

Love, Chloe, Colleen and Paige

Natasha Cobb

Natasha (Tata), You are the best friend a girl could ask for. You are the best when I just need to have some girl talk...or some boy talk! I can trust you with anything and can always trust that you will be there for me when I need you to be. You've seen me in the craziest situations...Republic...and I couldn't be happier that you've been with me partying hard all through high school. I also won't ever forget those nights we decided to stay in and just chat or when we don't end up leaving until midnight and miss the pregame because we can't stop our conversation. You're a sexy Brazilian babe with a lot of fire that I know will go far in life and be very successful. Hopefully we'll travel to Brazil together and you'll show me everything that I've been missing out on here in Winnipeg, including a real Brazilian wax! Love you to pieces! Ibiza here we come! Layla xoxo

Samantha (Sam) Dame

Hey. What's up? What are you doing tonight? Want some pics? Babe. Sam Dame (Khlo) you truly are my best friend. It all started at the Manitoba Winter Games on our deflated air mattress. You wore the same outfit the whole week but I thought that was cool. I was so "pumped and passionate" to become friends with you. You are so funny, and always cheer me up when I'm feeling poopy. We have had so many great memories. I am going to miss skipping assemblies to go to Starbucks, our Booster Juice runs, our worm slaps and log plunges, our kin ball lunch hours, me translating your mumbling for everyone, our ft's, our skypes, bus rides and hotel rooms, when you ran on the treadmill at full speed, your "I wanna go home for a run", and of course "I should probably call someone". Man there are so many more. You're so smart and I know you're going to be very successful at whatever you do (even if it's marine biology). I don't know what I am going to do without you next year. Love you babe <3. Tess

Hana Darrach-Cottick

Hana, I still remember my first day at BH like it was yesterday. You were the very first person to come up to me and say hi, and boy was I scared - a blonde giant was talking to ME! Throughout the two years that I've known you, you've always made me laugh and we've basically become twins, you can barely tell us apart. You have expanded my vocabulary, taught me about the Beatles, and you are the cause of my adoration for Paul McCartney. We have bonded over hummus, "workouts", your attempt to make me greener, and visits to the Thrift store. I know you'll do so well in university and you are going to make a great veterinarian! Let's just hope that you don't have to deal with dogs that have been sprayed in the face by a skunk. I wish you all the best in the years to come and I will miss you so much! Love, Yoko

Gurkamal (Kamal) Dhillon

Kamal is an extremely intelligent, outgoing, caring, fun, determined, and ambitious person. She is a true inspiration to those around her, always striving to do better in everything she does. From her passionate love of eating chocolate cake for every meal, to her crazy obsession with The Backstreet Boys and The Big Bang Theory, you can always count on Kamal to make the best of any situation. She is truly the best friend anyone could ask for, through the good and bad, you can always rely on her to lend you her shoulder to cry on. It is hard to imagine what life is going to be like next year without our fellow triplet, not seeing each other all the time. As quoted by Nick, AJ, Howie, Brian and sometimes Kevin, "Without you all [we're] going to be is incomplete".

Love you, Ash and Kirsten

Camille (Cam) Dixon

Cam, you're like a beautiful mermaid. You swim like a dolphin and are the bestest friend we could ask for. You're a showstopper in the water and a partyrocker on the pooldeck. You've been there for us every time we've needed you, and you know all of our secrets (the good and the very bad). We have so many good memories we can't keep track of them, but we do know that we manage to laugh every day we spend together. You can make us smile just like that. We love you with all our heart, and will have to visit you in Pittsburgh (potentially go to a Penguins game), so Juliana can meet Sidney Crosby. All the best next year, we'll be best friends forever! Xoxo Palmer and Juliana

Bacall Dubison-Dodge

Bacall, It was great to get to know you better this year especially on the Orphanage Outreach Trip. We all loved the entertainment you provided us by telling us about the "triple life" you lead and your McDonalds experiences. Though you sometimes come off as very quiet, we learned that you are quite the opposite especially during our SLOW walks in the Dominican. Your sense of humor is great but very unique and we are happy that we got to learn so much about you. You are one of a kind and we're going to miss you around next year. Have a great year next year whether it is here in Winnipeg or in Montreal and good luck with your future. So Bacall, "Get away from me...but...stay gold!" -

Carmen, Tess, Abby and Carleigh

Cara Doeris

It's funny- you're probably one of the most encouraging, special and overall unique people we know, but it took so long to find you. Basically, what we're saying is that you're a perfect friend and an incredible person. Cara Lauren Doeris, it's like you've been with us from day one, and you're the backbone of our group of friends. You literally have a perfect personality, and that's bloody awesome.
You're face is like sunshine. Keep on rockin' that little green comb and the 'meep' noises. Please, never change.
Love, Us (Cella, Amanda, Marikka, Carleigh, Rebecca, Lauren)

Kathleen (Katie) Eva

Katie! Of all the things we did together, AP courses, same schedule, allergy sorority, you'll never get me to go running with you! I could drive beside you though and congrats on getting your license before graduating! I think that university will probably be good for you and everyone else around you...because you'll mostly wear pants. You're a genius that will end up becoming a brain surgeon...but I would never let you operate on me -they allow blm-ing during surgery, so that might turn out to be a problem. I'm glad that old Katie didn't want to go away for university because now we can chill at university and possibly take naps in the courses that we take. Keep your facebook password a secret. - Allison
Dear Kathleen, Yes we intentionally left out the silent "e"... Your love for riding lamas, coke bottles, and your woodsy friends have never ceased to entertain us. Seriously, you have always been there for us when we needed it. You're one of a kind. In the past 8 years we've made many unforgettable memories. As long as you promise to never spit chocolate milk on us, squirt us with ketchup or stick raisins in our ears we'll always be friends. We know we will have many more good times together. We wuv you!!! Kewsh and Wiz

Breanne Fredette

Breanne! Or should we say Bear, although we're not really convinced that anyone actually calls you that...Thanks for being the awesome friend that you are. We've had a lot of fun over the years. I will never forget all the schemes we had (but mostly you) and the crazy things you've said like about cats having nine lives, which is more than one. You will always be known for the white sunglasses on top of your head, the 'air bullet', and the numerous occasions you brought golf equipment into class (and threatened to use as a weapon). You've made us laugh on a daily basis, especially in AP physics. At the dances, you were always surrounded by males...you have yet to teach us your ways.
As you go on to the rest of your life, don't forget, what I always tell you: it's never as bad as it seems.
Allison and Katie

Layla Freig

Layla, DUUPUMP is the best way to describe this child. Her swagger down the halls of Balmoral Hall, and her ability to keep any sort of conversation going on forever is what makes Layla the center of attention. Your personal temperature control problems, your neon orange backpack and constant need to chew on beverages are so random but so you. You definitely know how to get loose, part-ayyy and have a good time, when you're in the right mood of course! Layla, you've been there for me through the ups and downs, and I couldn't thank you enough for being such a good friend to me and to all the other girls. Your presence brightens the room, and lightens the mood wherever you go, which shows just how beautiful you are inside and out. You're confident, ambitious and you have a very bright future ahead of you. I know you'll make a difference, so go change the world!
Love you , Natasha

Colleen Furlan

Colleen, Collectively, we have known you for the past twenty-two years. We feel very comfortable saying that we know you pretty darn well. From attending your performances, to getting ice cream and walking in the park, the late night dance parties and the crazy video creations are just the beginning of the many memories we have shared with you. Even though you dissect your pizza pops and Subway sandwiches, we still love you. We've only started making memories to last us a lifetime and we know that they will continue throughout the years to come, no matter the distance.
"Don't take life too seriously, no one gets out alive anyways" - We love you and wish you the best in life.
From your besties - Chloe, Megan & Paige xo

Rachel Goldman

Rachel, so I know anything cliché and cheesy is not really your style so I'm going to try and keep it simple and sweet. From grade 6 camp Arnes, to grade 7 math class, random pool parties and rambling starbucks conversations and everything in between! It has been anything short of boring! You have always been there to listen to me ramble on about absolutely nothing, offer a ride home, or perhaps most important teach me how to use a microwave. Your sense of humor always makes me laugh no matter how random. I know that you are going to do great things and go far! So best of luck and always remember I'm just a phone call away no matter how far! XOXO Adrianna

Cailey Hay

Dear Cailey
What great years we've had together! We are so happy we all got to go to school together and play for the Blaza's together! Wayta represent the party prefects on student council! We've grown so close over the past few years and have made many memories that we will never forget! We will always remember your many funny voices (you british one our fav). We are going to miss you dearly next year!
Good luck in BC! Love Ab and Al

Alexandra (Alex) Holowka

Dear Alexandra Lauren,
Where to begin... I guess I will start with how unbelievably happy I am that you came to BH back in gr 11 and that our friendship has flourished with all of our awesome memories that we've made! I will miss our car rides in Nalah dearly. I will end with saying, Alex, you are one of the funniest, kindest, trustworthy people I know and I am so fortunate to be best friends with someone as great as you!
Love your friend no matter how close or far from each other, Ab <3

Tess Houston

Tess, Hey. What's Up? What are you doing tonight? Want some pics? Babe. The times that have passed words CANNOT describe. Tessie you are a very strong willed individual that I am honored to have bonded with you in March of 2010. Memories, memories, memories. Kinball lunch hours, starbucks assemblies, standing outside talking during homeroom, throwing pretzels and spring rolls at formal, cage rage, walking the dogs, washroom meet ups, workout room spares, study skype sessions, parallel parking the jeep, panic zone panic zone, Kardashians, log plunge, worm slap, and most importantly just US! You are a great hockey player and are going great places. It's going to be hard leaving you considering the fact that we are literally together every second. I guess we will have to sleep with skype on. LOVE YOU AND MISS YOU BABE.
We came as friends but left as more. Sam Dame

Cody Anne Keith

Cody, I can't believe that we're actually graduating! We've survived it all and have come so far fromwhen we were in Kindergarten and I have to say that BH would not have been the same without you being my best friend. From the time we were absolutely covered in mud at a corn maze, to ditching everything to go snow drift sliding on the farm, to knowing what each other is thinking to just being there for each other, our friendship is one with so many memories that will last forever! You're an amazing person who is smart, caring and is always there for me and everyone else. I'm going to miss you so much when you go away to university, but I know you'll have the time of your life. I know the distance won't stop us and we will always be friends no matter what a nd I wish you the best of luck next year. As we go into the next stage of our lives let's remember that, "true friendship isn't being inseparable, it's being separated and nothing changes". Love,
Marikka <3

Allison Kowalchuk

Allison, thank you for being the best all AP buddy I could have asked for. Thanks for every time that you accompanied me to the library and Osborne village, and for listening to me rant about pretty much anything that was on my mind (usually something science related). We will be Aphyletes forever. OMG Facts! was one of the best ways that we spent our many spares...although Wikipedia was also equally entertaining to read. I have this feeling you are still skeptical about my grandmother being Anastasia...your thorough research has even made me believe otherwise. You truly are a really good friend to me, and although you didn't remain at BH during our many spares near the end, I forgive you, and I hope that maybe we will have some courses together next year...maybe? It wouldn't feel natural having you in none of my classes. Maybe we can go get some ice cream sometime this summer... ;) Katie

Kelsey Lacombe

Kewshy. We thought we would highlight some things on here that you have proven yourself to be exceptional at over the years...starting with driving (both cars and your wheels), telling jokes, chemistry, and understanding complex humor. Farfalla is jealous of your new friends, and your relationship with Italian meats and French pastries. We are currently laughing about your unique music tastes, and how you love any song if it is remade on an episode of GLEE...even if you can't dance to it? You are a boudyful dancer, but really, we all admire the passion and commitment that you have, even if it includes missing out on hanging out with us awesome people. Although emotionally you're not yet fully developed...(I relate-katie)...(I don't-liz)...you've always been a weely gwate fwend to us. Always. One day our kids will date. Not gonna lie...we will probably stay friends stinkybutt. Gerth has spoken.
Katie, Liz and Maddie

Marikka Lee

Marikka, the times we've spent at school have been great. They were filled with cruis ing, tons of movies and late night "McDick" runs. My time at BH really wouldn' have been the same without you. You've been there through thick and thin, and I'm lucky that I get to call such a great person my friend. Thanks for everything and havi fun at U of M!! I know that you'll succeed in everything you do; whether it be schoo careers or sports. You're destined for greatness.

Love Cody <3

Katrina Leong

Katrina, I can't believe the time has passed so quickly. It was already two years ago that you first came to BH and we bonded over Physics 30S with Duck. Since then we have seen some fabulous times. We've experienced everything from the disappoint- ment of never playing any physics based games, to the joy of the unforgettable cupcake pyramid at your 18th, to the endless laughter that accompanied the time when the tipsy John Lennon impersonator referred to you Yoko and pleaded to take a photo with you Well Yoko, I want to thank you for the unforgettable and hilarious memories that I' shared with you at BH. It has been a pleasure to spend lunch hours working out, frequenting the charisma all you- eat-buffet (two actions which logically cancel each other out) and on occasion visiting the Salvation Army store on the corner. I wish you all the best for next year. Your intelligence and work ethic combined with your incomprehensib passion for chemistry will take you wherever you want to go (likely somewhere with lots of stoich and titration). Good luck in Ottawa and I'll miss you immensely. Love, Hana

Sin (Sonja) Yan Li

Sonja, I can't believe that we are high school graduates now! Thank you for being such a great friend for me, thank you for always supporting me no matter what. I will never forget you and I'm going to miss your laughter, your craziness, your can dies, your cokes and your temper. I'll always love you and support you! Keep in touch and remember our beloved Addams Family! Ngo Ai Nei!

Love, Dawn

Sonja,Thank you for everything that you have done for me and it's a pleasure to be your roommate. I'm so glad we have become closer this year. All the time that I spent with you was fun and memorable. Wish you all the be in your future and don't forget me! Take care & Keep in touch! - Love, C.J. Chen

Chantal Lischynski

Chantal- First of all PRUNE, I can't believe three years has gone by so fast! I'm going to miss you more than words can express! You've not only become a best friend of mine but a sister that I can trust with all of my secrets, thoughts memories and emotions. We've laughed cried and pruned together and I'll be lost without you next year. Remember that time we went and got spray tans together, I mean went t Mexico and came back so brown with a few white lines on our foreheads and our han oranger than ever, or that time you sent me a photo of you and your hubby.... was that too far... I think not! I'm going to miss racing with you in your car, waxing our legs together, having our munch out sessions, pruning, you teaching me chem, laughing our heads off at everything and anything, doing our random drive bys, singing Shani Twain until we had no voices left, but most of all I'm going to miss you! Good luck next year I know you'll do amazing love always your cousin (somehow) Tori

Juliana Loewen

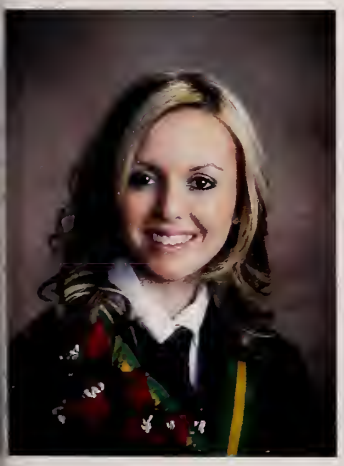
Juliana, my love. You are full of life. You are the best friend to many. You without a doubt can make people laugh with your vibrant sense of humour. Your style is gorgeous, and are a trendsetter. Above all, you have a life filled with love, friendship and joy. Some would say we are like an old married couple; we've shared the wildest memories, the craziest laughs, and I wouldn't change a thing. Our past has been beautiful, but our future is what we have to look forward to, I know you will have success and will always stay true to yourself. Be everything and anything you've ever wanted to be (a fashionista doctor married to Sidney Crosby). love you, all the best, xoxo. Palmer

Madison (Maddie) Maidment

Maddie. We just want you to know, that although Gerth isn't here with us right now, this is his message too, and we know it comes from his heart, his little heart. Your open-mouthed smile lights up a room, (more like it catches flies-kelsey), and your sweet party accommodations (boathouse and brownie bed) have always ensured a good time. Jake will always be our number one man, even when Liz is married to Ivan, and Kelsey is living alone in a house full of cats. We never understood the game football... or why you liked it so much, but we still remember the superbowl party where all the guys were dropping down into the splits...woo grade 8! You have always been there for us, no matter how many stupid things we did.
We will miss you next year... please remember your peg citaaay girls.
Kelsey, Liz and Katie

Adrianna Militano

Adrianna, You know the theme song I'm thinking about right now! It's crazy to think that we've been going to school since Montessori together but I think that it only shows how we were destined to be friends. From the days of us insisting to dress the same way and having people asking us if we're sisters, to now us partying it up together, we have always been great friends. Due to our similar curly hair we pretty much are sisters. I can trust you so much and I love talking to you. You are an amazing person and you have done so much this year. I am so proud of everything you have accomplished and I know that world has to get ready for Adrianna Militano because you are going to do great things.
I'll miss you so much next year but I know we'll keep in touch! Love, Layla xoxo



Kirsten Nicholson

Kirsten is perhaps the kindest, most genuine and loving person we know. She is always looking out for her friends – whether it is cleaning up the spilled nail polish off of the carpet or taking part in daily hour long phone calls. We have enjoyed laughing with her about boys – from the bachelor, to the TJR boys at St. Paul's, to our match making endeavors. We have had so much fun going out this year, from the Snow Night, "girl, you cannot do makeup!" to our late night hot tub parties. She is always the first one to say, "yeah for sure" to a good time and not being able to carpool every day next year will be, "such a downer. And we'll miss her every time we're not around her.
Cause she is the one we can't live without."
Live, laugh and love, Ash & Kamal

Palmer Nowak

The way this is going to work is I'm going to say a word for every amazing memory I've had with you throughout high school. Yacht Club Dance. Cray fish. Turs. Falling down stairs. Boating in rain. Energy drinks. Stoykewych. Hiding in the bush. Accents. I love 'em girls and I love 'em steak. Summer Love. Vacation Love. Fake Swords. Coffee addiction. People watching. Starbucks. Ben & Jerrys. DQ Blizzards. Tubing. Crazy driving. Back bends. Late night voice notes. How many licks... We have done all of our firsts together, helped each other through every good and bad moment. Although our paths are splitting and we are going different directions, we will have our skype dates and phone calls to help each other out through the next firsts, like university, living poor but in fashion. I love you forever. I love you for always. As long as your living, my best friend you'll be. JL

Kailey Oxenforth

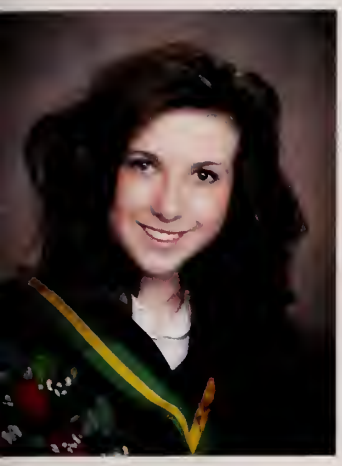
Oxyy Foxyy! You are such a caring person and great friend! I can't believe we only met two years ago because it feels like I've known you forever. These past two year I've been amazed with how well you organize your time; you maintain INCREDIBLE grades, play prep hockey, have a serious boyfriend and still make time for family and friends! I know you will do so well next year at the University of Manitoba, and I'm positive your dreams will come true and you will get into Med School. You seem so confident about everything you want in the future, and I can't wait to hear about all your success in the future. Next year I will miss your typical airplane freak outs (haha!), but I can't wait to hear your contagious laugh around the UofM. Cya next year Oxy!
Love yah girl! - Jess Carswell

Lauren Peake

Lauren, remember that time you sifted the water through your hat? Or the time you had 'dartayyyy cough'. We've all had some pretty great memories together.
You drive your standard like a boss and you'd make even Weezy himself proud with you ability to rap every one of his songs as if it's the easiest thing ever. You're amicable, genuine, and altruistic and don't ever change that, Lauren. (We used your name so we're being serious haha). If you're ever a famous rapper one day please name your album, 'she was naked... in YO BED??'.
Love Carleigh, Amanda Cara, Cella, Marikka and Rebecca

Carmen Provinciano

Carmen- who knew I would make such an amazing friend who doesn't play hockey! But I must admit your ultimate skills are out of this world! Our vacation to Mexico was so much fun we should make it an annual event, because we both loved those ear tickler nights! I'm going to miss you so much next year but you're an amazing person and I know your going to go far best of luck and Skype dates at least twice a week-
love you, Tori
Carmen we definitely need to go back to the Dominican really soon (for a vacation). Maybe we can bring bry bry if he really wants to go. Dominican was so awesome. I'm going to miss getting into everyone of bry bry's pictures, eating skittles and gross diet coke, eating eggs every day, and our ultimate on the beach.
Too bad we weren't going to school in the same province, but we'll definitely hang out when I get back!
Stay golden! - love you, Tess



Cella Lao Rousseau

Cella, you're such an amazing, beautiful and inspiring person. There's so much you've accomplished, and there's so much more that you will accomplish through your creativity, intuition and courage. But aside from your admirable go-get-em' attitude, you're equally hilarious. We all know we wouldn't have as many laughs without you around, even though you managed to trick us all for years that your real name was Cella Lao Buscemi Santina Hermes Rousseau. While some of us have only known you for a couple years, we all feel absolutely grateful to have you as a friend. You are as unique as they come, from your massive amount of curly hair, your quirky eyebrow, and probably the most interest in serial killers we've ever known. Keep doin' what you do, we dig it.
Love Amanda, Cara, Carleigh, Lauren, Marikka, and Rebecca

Abigail (Abby) Ryplanski

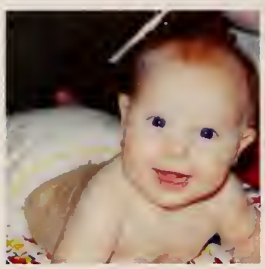
Abby, I can't believe these two years have gone by so fast. It is so saddening to know we are parting next year. I'm going to miss our endless fun times and laughs, insane McDole workouts and of course our crazy car ride talks. We have grown incredibly close and have flourished so wonderfully together and you will always be in my heart! Your friendship is worth more than words and I do not know how I'm going to cope without your companionship everyday.
You will do fabulous things Abs! Love you forever and always Alex

Adriana Sly

Adriana! I can't believe we are finally graduating! We've definitely had some interesting times over the past couple of years. I will never forget the time that we spent all day making cupcakes of controversial historical figures like the Pringles man and everyone's favourite musician/magician. Oh, and the time we drove to Minneapolis and played the Gummy Bear Song for pretty much the entire eight hours or our trips to Palm Springs with low class Harvey (you will never live that one down)! Thank you so much for all of the amazing memories. Good luck next year and keep in touch!

Ashley Stedman

Strong, responsible, mature and motivated - these are the qualities that Ashley embodies. She is the most loving and caring person that we know, with a strong work ethic and dedication to pursue her life's ambitions. Over the years that we have known her, we have shared amazing memories. We've visited her at her second home, The Bay and we've supported her undying love for Justin Bieber. We seriously, seriously, seriously will miss her when she goes away to Carleton in the fall, and will be there to cry with her mom when we miss her. Youth Parliament and our lunch dates to Nikko's will never be the same! Ash, you know we love you, you know we care, just shout whenever, and we'll be there, you are our love, you are our heart, and we will never, ever, ever be apart.
Anyway, we have to go. Love, Kamal & Kirsten



Amanda Stegmaier

Amanda, you are a strong, beautiful and compassionate person. The past years have been amazing filled with memories that will last a lifetime. We are all so lucky that you are a part of our lives, and appreciate everything you have done for us. From the support you have provided us when we have had to deal with a problem, or your ability to make us laugh at any scenario. We are all grateful and appreciative that you are a part of our lives, and could never imagine anything without you. Although some of us are leaving to go to school at different universities, we will still keep the strong bond we have with you. You're likeable, funny and caring personality allows you to be the star in the room. We all love you and know that you will make a difference with whatever path your future will lead you.

Love Lauren, Cella, Carleigh, Cara, Rebecca, and Marikka

Hei Tung (Dawn) Tse

Hey Dawn. I can not believe two years files by soooo fast! Thanks for being such as good friend of mine, thanks for supporting me while I was down. Our memories in Sun Fortunate, 2077, 500 P.A will stay in our heart forever. I never expect there is a hongkongese in this school, you and your sister surprises me! I'm also really glad to be friends with her too. Good luck in Purdue University. I will never forget. And May God bless you in the future and God will be with you forever.

Love you loads. 5201314 Xoxo, Sonja

Dawn, Thank you for everything that you have done for me and thank you for helping me on academics. Forgive me if I did bothering you a lot. However, I'm so glad that I met you here, BH, and become a friend of yours. I won't forget all the wonderful time we had spent together so you better not! Haha Wish you all the best and take care! Keep in touch! - Love, C.J. Chen

Chloe Vickar

"If there ever comes a day when we can't be together,
keep me in your heart, I'll stay there forever".

Chloe, you have been there for us through it all and showed us the love and support that a friend could always use. To traveling to Florida with you and seeing you with a speckled tan, driving to and from school with you, blasting tunes in the backseat, cruising around the town sipping on slurpees with you in Elvis and our skype dance parties, we will never forget all the fun times we have shared together. No matter where we all end up in life, our friendship will always remain the same and the memories will continue to grow!

Best of luck in all of your journeys! We love you! xoxo Colleen,Megan&Paige.

Elizabeth (Liz) White

Wiz. From the moment you peed yourself at the tender age of 12, we decided it was okay for us to become friends, looking past the years of horrendous bullying we were forced to endure (Kelsey and Maddie). Even though I, Katheleen Eva, was blamed for the thermos accident that occurred in September of 05', it is time for the world to know that it was you, Elizabeth White, who opened the thermos that caused half the school to evacuate that day. You are the responsible mother of our group of friends... you're always there for us when we need you to be. You are truly an amazing friend, and we will be forever grateful for the support and loyalty you gave us over the years. We can't wait to watch Jaws 1, 2 and 3, Deep Blue Sea, Open Water, and Finding Nemo with you this summer.

P.S, you give the best high fives. Kelsey, Katie and Maddie

Victoria (Tori) Williams

Victoria (VIKKI, Tori) Dawn Williams, these past 3 years have been filled with amazing memories and unreal hockey road trips! From crackin' jokes in English class in grade 10 to me explaining chemistry in "Tori terms", in class, gossip is just the beginning to our wild adventure. From the moment I got to know you, I was so amazed to how alike we are. I am going to miss telling you stories (in person because we're obviously going to Skype every night), and just being around you because you make me laugh every second I'm around you. UND is very lucky to have your skill in hockey and your ability to make anyone laugh. Tori, never settle for anything in your life. You are an amazing person and you deserve the best. You will have so much fun at UND and I will miss you like crazy.

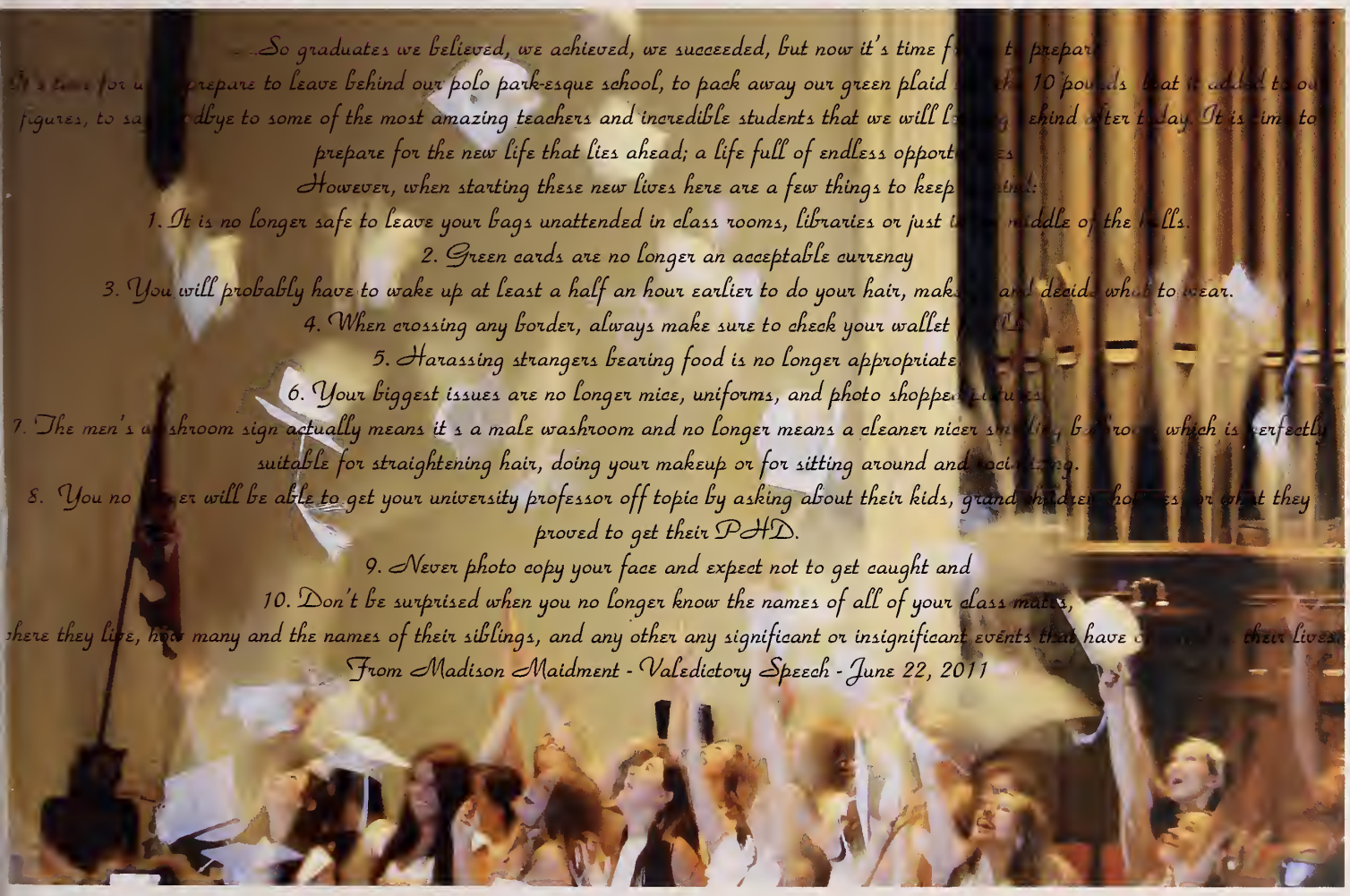
Love, Chantal XOXO -Gossip Girl

Mengyao (Lauren) Zheng

Lauren, You are the Father.

You are so talented artistically and definitely make the best cheese cakes. You kept everyone entertained and impressed with your daily drawings. Your zombie scores are out of this world. You are so generous all the time whether it's through your Chinese holiday gifts or with your presence alone. We will never forget the time you taught us the cold turkey, the dolphin, and of course the awkward turtle. You have made everyone at BH see just how awesome China is and we will miss you dearly!

Love Always, Kelsey & Maddie



So graduates we believed, we achieved, we succeeded, but now it's time f[illegible] t[illegible] prepar[illegible]

It's time for u[illegible] prepare to leave behind our polo park-esque school, to pack away our green plaid [illegible] 10 pounds that it added to ou[illegible] figures, to sa[illegible]dbye to some of the most amazing teachers and incredible students that we will l[illegible] behind after today. It is [illegible]im[illegible] to prepare for the new life that lies ahead; a life full of endless opport[illegible]es

However, when starting these new lives here are a few things to keep [illegible]nd:

1. It is no longer safe to leave your bags unattended in class rooms, libraries or just [illegible] middle of the [illegible]lls.
2. Green cards are no longer an acceptable currency
3. You will probably have to wake up at least a half an hour earlier to do your hair, maks[illegible] and decide what to wear.
4. When crossing any border, always make sure to check your wallet [illegible]
5. Harassing strangers bearing food is no longer appropriate [illegible]
6. Your biggest issues are no longer mice, uniforms, and photo shoppe[illegible]
7. The men's [illegible]shroom sign actually means it s a male washroom and no longer means a cleaner nicer [illegible] which is perfectly suitable for straightening hair, doing your makeup or for sitting around and [illegible]ing.
8. You no [illegible]er will be able to get your university professor off topic by asking about their kids, grand[illegible] [illegible] or what they [illegible] proved to get their PHD.
9. Never photo copy your face and expect not to get caught and
10. Don't be surprised when you no longer know the names of all of your class mat[illegible],

[illegible]here they live, how many and the names of their siblings, and any other any significant or insignificant events that have [illegible] their lives.

From Madison Maidment - Valedictory Speech - June 22, 2011

Lifers

Rebecca Alexander
Carleigh Balciunas
Megan Clarke
Hana Darrach-Cottick
Camille Dixon
Breanne Fredette
Layla Freig
Colleen Furlan
Cody Keith
Allison Kowalchuk
Kelsey Lacombe
Marikka Lee
Madison Maidment
Adrianna Militano
Lauren Peake
Carmen Provinciano
Cella Rousseau
Adriana Sly
Amanda Stegmaier
Elizabeth White

Colleen and Megan

Amanda and Megan

Lauren, Carleigh and Rebecca

Hannah and Rebecca

Breanne, Cella, Rebecca and Carleigh

Elizabeth, Layla, Kelsey and Madison

Megan, Cella, Adrianna and Kelsey

Elizabeth and Carmen

Cody, Megan and Camike

Colleen, Kelsey and Layla

Doll Assembly

Graduates sang "Best Friends" one more time together

Ashley Stedman presented a history of the tradition of wearing white dresses to grad

Celia Rousseau Cara Dveris, Marikka Lee and Amanda Stegmaier

Madison Maidment, Liz White, Katie Eva, Natasha Cobb, Kelsey Lacombe and Layla Freig

The grade 11 class sang a medley of songs to the grads

The girls inspected every detail of their dolls to see the uniqueness of themselves

The Fredette family gathered with Kady Evanyshyn to share the excitement with Breanne

Haley Koehn returned to BH to share the doll assembly with Megan Clarke and friends

Prep hockey players got together for one more "team picture

Carmen Provinciano and Stephanie Enns

Maddie Lischka and Lauren Zheng

Breaking Through to leave a mark

Carleigh Balciunas and Lauren Peake

The first to dive into the cement

Liz White

Kamal Dhillon, Kirsten Nicholson and Ashley Stedman

Amanda Stegmaier and Cella Lao Rousseau

Paige Chadsey

Everyone staked out their spot

Tess Houston and Sam Dame

Alex Holowka and Natasha Cobb

Chantal Lischynski, Abby Ryplanski and Cody Keith

Garden Party

After convocation, the garden party was a celebration for family and friends

Megan Clarke and her sister

Breanne and Ashley Fredette

Juliana Loewen, Paige Chadsey and Cam Dixon toasted their completion of high school

Cara Dveris celebrated with her mom

Miss Hedley, Tess Houston and Mrs. Garlepy

GAP students congratulated Chantal Lischynski

Cody Keith's family joined her for the party

Convocation

Cella Rousseau will be well remembered for her photography

Madison Maidment and Mr. Kerr steadied their nerves before the ceremony

Juliana, Alex, Cam, Palmer and Tess

Katie, Kelsey and Natasha

Dawn and CJ

Ashley Stedman - Member of Parliament Canadian Student Award, to whom demonstrates a keen intereset in community and or world affairs

Katrina Leong - Pacific Award, to a senior who has shown potential as a leader and a scholar and the Clare McCulloch Memorial Award, for excellence in grade 12 French

Adrianna Miltano - Elizabeth Patton Memorial Shield, for qualities of leadership, dependability, friendliness, courtesy, and conscientiousness, taking part in games and rendering service to the School in all activities

CJ Chen - A.J. Casson Award for excellence in Art

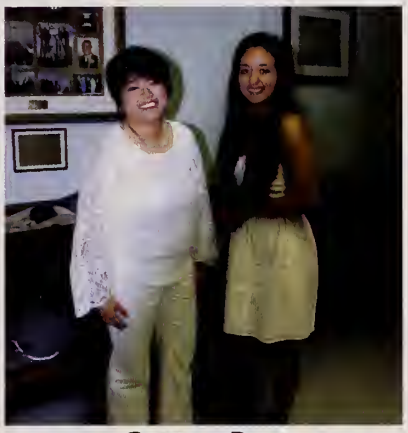
Cody Keith

Megan Clarke

Carmen Provinciano

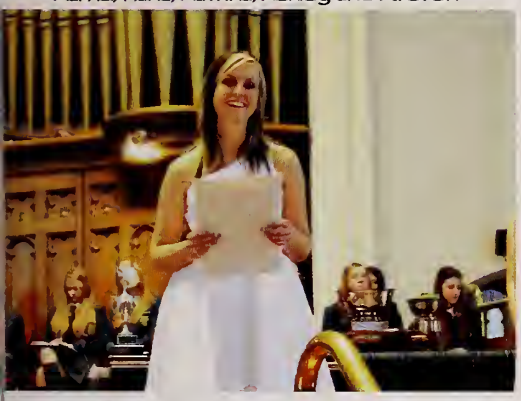
Sonja Li

Kamal, Hana, Katrina, Ashley and Kirsten



Sonia and Bacall

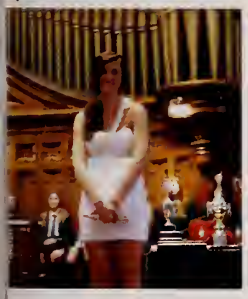
Rebecca, Amanda, Cara, Marikka and Celia



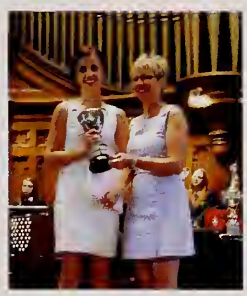
Rosemary Gordon Condo Memorial Award, for qualities of kindness and consideration for others

Layla Freig ~ N. Thomas Russell Award, for leadership by example

Senior Quartet
"Time to Say Goodbye"



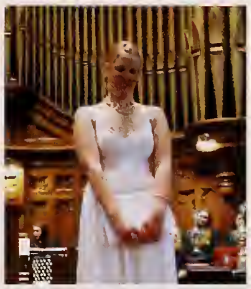
Colleen Furlan
Robert M. Shaw Memori-
al Award to the student
with strong musical skills
and leadership



Chloe Vickar
Riverbend School
Sports Trophy, for or-
ganization and partici-
pation in interhouse

Tori Williams
Jacqueline Anderson
Award, for outstand-
ing sportsmanship and
leadership in sports

Lauren Zheng
Jas. A. Dowler Award for
overall excellence in
Grade 9 ~ 12
Mathematics



Hana Darrach-Cottick
M. Cole Davis Deport-
ment Award, revealing a
high degree of respon-
sibility and dependability

Moulin Rouge

Mrs. Smith, Ms. Wilkes, Ms. Akerstream

Ashley Stedman and Karnal Dhillon

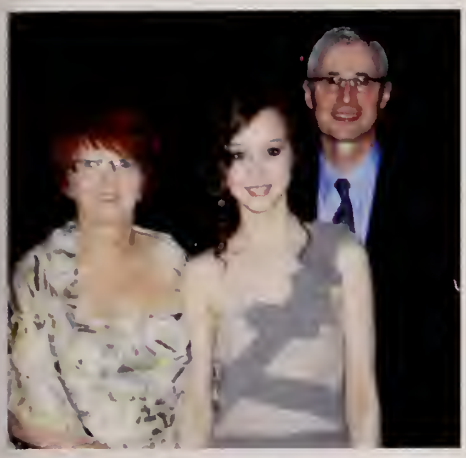
Jessica Carswell

Palmer Nowak

Adrianna Militano, Kelsey Lacombe, Madison Maidment

Chun-Jung Chen | Cailey Hay | Carleigh Balciunas | Kathleen Eva | Adrianna Militano

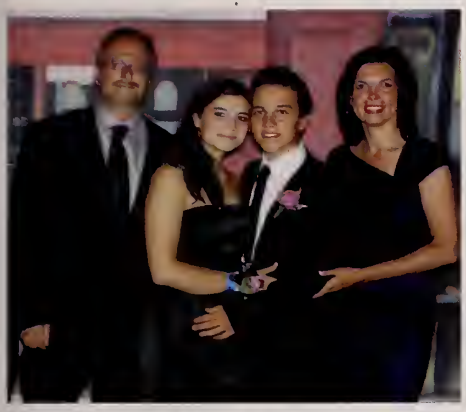
Grad Dinner



Allison Kowalchuk

Lauren Zheng

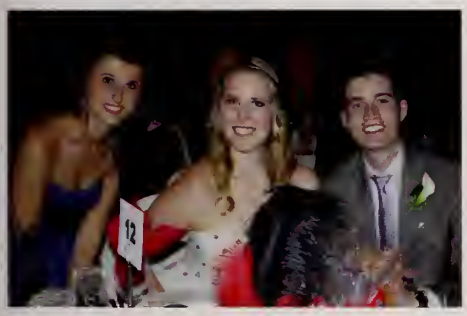
Vivian Chen, Chun-Jung Chen, Teresa Huang, Dawn Tse and Morn Tse



Kailey Oxenforth

Natasha Cobb

Rebecca Alexander, Amanda Stegmaier, Cella Rousseau



Kathleen Eva, Hannah Darrach-Cottick

Chloe Vickar

Bacall Dubison-Dodge

Orphans Outreach
TEACH CORPS

Break Through!
Kick off your summer with Summer Fun Day!

Sun glasses, Sun Chips
Bubbles and Swings

Mrs. Hill, Bailey Horn and Lexy Muller Moran
enjoyed the watermelon treat

"So You Think You Can Dance" Competition

Mr. Zimmerman handed out cake to grade 9s

2011 Prefects created a great event!

Rav and Brittany
geared up to throw
water balloons

Grade 6 girls bundled
up in beach towels
to warm up

Noelle Verry held the hose for Shailyn Jensen

"Honestly, this isn't all for me!"

Mr. Kerr served up the hotdogs!

Have a great summer and best of luck next year!

Friesens
The Year

11/08/2010 08

Bahrami Hall School
26,871

RYERSON UNIVERSITY
TORONTO CANADA

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